

2013

ANNUAL REPORT



feed
nova scotia



We envision a province where no one goes hungry.
With your support it's possible.

We help Nova Scotians meet one of the most immediate, basic needs by distributing food to our network of meal programs and food banks across the province. Together, we're making sure no one goes hungry today.

We also provide individuals with the opportunities to build a future that's free from hunger and poverty—a chance for a brighter tomorrow.



FEED NOVA SCOTIA has always grown and evolved each year to better meet the needs of the people we serve; I think that's why being part of the Board of Directors is such a rewarding way to contribute to our community. Looking back, I'm incredibly proud to be part of the change that has resulted from this year's strategic planning sessions.

We developed and put into place a new mission that now states: FEED NOVA SCOTIA exists to alleviate the effects of poverty in Nova Scotia. Noticeably absent is the notion of food, but only in words. Food distribution will continue to be the core business of our operation, but we've widened the scope to highlight our multi-pronged approach to serving Nova Scotians in need, and to reflect the new strategic goals.

To work toward our mission, we created four new strategic goals this past fiscal year. In the future, it is our hope that:

- Everyone can access sufficient food for themselves and/or their family to be healthy, leading to future independence;
- A coordinated effort exists, uniting all levels of government, non-government organizations and other community groups, and for-profit companies, to alleviate poverty in Nova Scotia;
- FEED NOVA SCOTIA is the leader, expert, and educator in food security and its societal impacts; and
- Nova Scotians no longer need food banks or other related entities.

Achieving these goals will undoubtedly be challenging, but they can be achieved, with the support of the community.

Over the past year, I have enjoyed coming together with 12 dedicated and committed individuals. I would like to thank each one of you for helping to shape the future of the organization—especially Dianne Swinemar, whose passion for the cause has only strengthened in her years as Executive Director. I would also like to extend a warm welcome to Paul Kidston, our incoming Board Chair. I look forward to watching FEED NOVA SCOTIA continue to grow and evolve, and I know Dianne will capably and confidently lead her dedicated staff team in her final year with the organization.

Board of Directors 2012-13

Nelson Angel

Heather Hogg

Gloria Hubley
Member Council representative

Cindy Jeffrey

Paul Kidston
Vice Chair

Thomas Kozloski

Robert Logan
Secretary

David McKnight
Member Council representative

David Miller
Treasurer

Shani Pearson

Rebecca Saturley
Chairperson

Kevin Trainor

Dianne Swinemar
Executive Director & Designated Agent



During the 2012 calendar year more than 37,000 Nova Scotians turned to their local food banks for assistance. The challenges that led them there may have been different, but they all shared one thing in common—they sought and found support. Together with our member agencies, we have been a source of comfort and assistance for almost three decades, for those in our province who struggle with hunger, and we continuously push ourselves to meet their diverse needs in an innovative, effective way.

We made significant strides in the 2012-13 fiscal year. Our food distribution was up (particularly perishable foods, which increased a sizeable 25%). Our volunteer services program surpassed expectations with an incredible 31%

more individual volunteers contributing to our work. We created a new Member Services Manager position—a positive step in our continual effort to strengthen the provincial network. And through a generous grant from The Windsor Foundation we were able to create a new, more efficient Membership Support Data System. I would like to thank our staff team for their hard work in making these and so many other accomplishments possible.

Reflecting on the past fiscal year, I would be remiss to not mention a very significant personal decision that I made as well. In April, I announced that I will be retiring in June 2014, after 28 years with the organization. Having said that, there is still much that lies ahead and I am excited for the organization to take tangible steps toward reaching our four new strategic goals in 2013-14.

One exciting change will be enhancing our food distribution program so we can better meet the varied dietary needs and food preferences of the clients we support. Realizing this new objective will require significant effort, but the result will be meaningful because we'll be contributing to improved health outcomes.

Many of our member agency food banks and meal programs provide support beyond food assistance. We want to encourage this by developing more client support programs that can be easily implemented at agencies so staff and volunteers working with limited resources

can provide a service without building it from the ground up.

Our experiences operating our Learning Kitchen and working with the students who have participated have given us insight we want to share to help inform the development of similar programs.

We want to further engage political leaders in our cause, particularly those in Nova Scotia's municipalities, so that hunger and poverty will be on their agenda and stay there. We want politicians and community members to not only come to FEED NOVA SCOTIA for statistics about food bank use, but to also see us as an authoritative voice on the issues surrounding low income and poverty. Along these same lines, we will establish our formal position on what a livable income should look like for citizens of our province.

These are just a few examples of the ways we will set our sights on the new strategic goals in our work tasks, and I have no doubt we will meet them. I say this with confidence because FEED NOVA SCOTIA has always been and will continue to be backed by the passion and dedication of our Board of Directors, donors, volunteers, staff team, member agencies, and community members. I would like to extend a heartfelt thank you to all of these groups. You give us the strength and motivation to keep going, and to reach a time when Nova Scotians are no longer burdened by the impacts of hunger.

Through the generous support of the community, we distributed 2,145,037 kilograms of donated food to our member agencies in 2012-13 — an increase of almost 6% compared to the previous fiscal year.

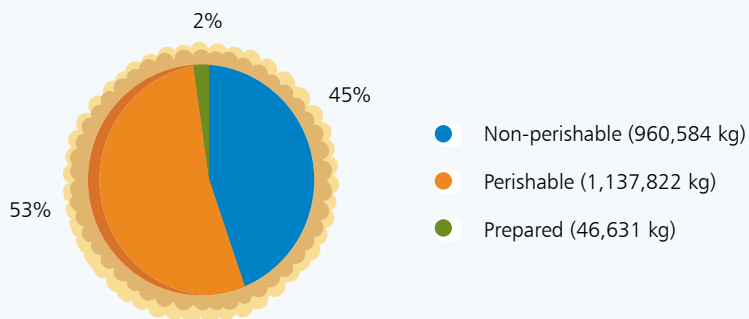


We are especially pleased to report a 25% increase in the amount of perishable foods we distributed. This significant growth means that families in need across the province received more fresh foods such as fruits, vegetables and dairy products.

Everyone has the right to access nutritious food, and we're proud to help make that happen.



FOOD CATEGORIES DISTRIBUTED





We received 3,739 kg of frozen ground beef from the NS Dept of Agriculture.

Getting a fair share. As always, we distributed the food donations we received last year using a fair share system that is based on the number of people supported by each of our member food banks. For example, if two percent of the province's hunger population accessed food support from a particular food bank, then that food bank received approximately two percent of the total food donations we received.

Sorting and salvaging. We received via reclamation companies 777,496 kilograms of food deemed unmarketable by retail. Adhering strictly to food safety guidelines, we were able to salvage 489,604 kilograms for distribution to our member agencies.

Ensuring safety. We took Food Banks Canada's Safe Food Handling Program on the road again this year to ensure our network of agencies is working according to strict food safety standards. Across the province, 81 member agency representatives from 31 agencies completed the training.



Staff member Laurie Nash (right) made regular stops at Shelter Nova Scotia (Metro Turning Point) during his Food Recovery run.

All in a day's work. Each morning, we have one staff member in Halifax and one in Dartmouth picking up surplus prepared food donations from restaurants, hospitals, and retailers and distributing it to drop-in centres, shelters, and meal programs in the same day. We are fortunate to have 33 donors who regularly contribute to our Food Recovery Program, and 52 agencies that benefit from their generosity.

A proven recipe for success. For individuals who face barriers to employment, it's not just about having a skill set—it's also about having the confidence and support to transform their lives. When our Learning Kitchen students complete the 16-week training program, they are equipped with the culinary and life skills needed to succeed in the work force.

This year, 29 students completed our Learning Kitchen training program, working under our Red Seal chef. As part of the curriculum, students had the chance to give back to their community and hone their newfound abilities by preparing meals for local soup kitchens and shelters—90,480 meals in 2012-13 to be exact. And this practice paid off. Upon completion of the program, 19 of the students had already secured employment or had gone on to obtain further education.



Learning Kitchen students start the 16-week program in the classroom learning things like communication skills, building self-confidence, preparing for a job interview, and how to cope with success.



Eric Dooley used skim milk powder in the kitchen, a donation we received from the Dairy Farmers of Nova Scotia.



Devon Sparks is one of 29 participants who graduated in 2012-13.

24 hours a day, seven days a week. When Nova Scotians call our Helpline, no matter what they are struggling with, our trained staff and volunteers provide a supportive, listening ear, and help callers work through whatever challenges they are facing.

Helpline received 20,183 calls this year from all over the province and, as always, volunteers made all the difference.

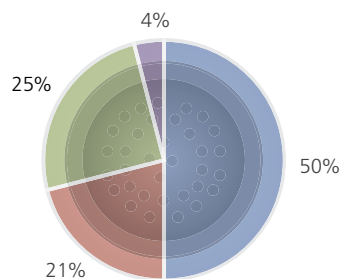
Of particular note this year, we were pleased to provide our volunteers and staff with specialized training, over and above the regular 38-hour training and

ongoing support that is typically provided. Given the prevalence of cyberbullying and the number of calls we receive from parents, we invited an expert to speak with us about how to support parents when their child is struggling with stressful situations and mental health issues. This was just one of the topics we

covered so we can provide the support individuals need.

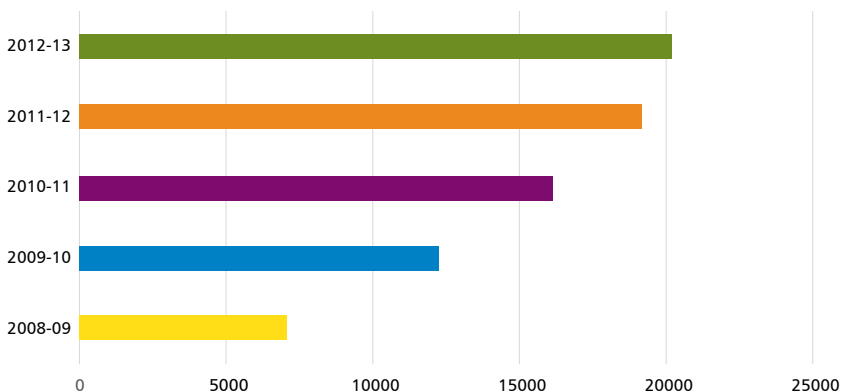
The number of Helpline calls our staff and volunteers received in the last five years has grown significantly, showing a continued need for this provincial service.

TYPES OF CALLS RECEIVED



- Emotional (e.g. sexuality, abuse, grief)
- Practical (e.g. food, shelter, transportation)
- Parental support
- Hang ups

NUMBER OF HELPLINE CALLS RECEIVED: A 5-YEAR COMPARISON



Behind every person receiving food in their time of need is a volunteer who helped make that support possible. In our case there are almost 1,000 of these dedicated individuals who pour their energy and passion into the fight against hunger.

And they're not just ensuring that everyone has dinner on the table; they're helping build the kind of communities we all want to live in. Each time a volunteer came through our doors this past year they were a clear reminder of the incredible characteristics that define being Nova Scotian—compassion, generosity and strong work ethic.



Students from Bedford Academy made good time sorting potatoes to be added to our regular food orders.



Kathy Schmidt and Dave Eddington contributed many hours building our float for the 2013 summer parade season.

994

Number of individual volunteers — up 31% from last year!

187

Number of groups who volunteered, contributing 11,627 hours of their time.

47,973

Hours contributed by our volunteers — an increase of almost 4,000 hours.

27

Number of information sessions held for new potential volunteers.



Best of Halifax. We were delighted to receive a bronze finish in the "Best Place to Volunteer" category of The Coast's Best of Halifax Readers' Choice Awards! This speaks not only to the calibre of our volunteer program, but also to the spirit of our incredible group of volunteers whose votes resulted in this special recognition.

Making the season bright. Providing additional support at Christmas time, over and above our regular year-long food distribution is a big job that simply couldn't be done without our volunteers! Through our Christmas Registry, we matched 6,612 households with food support and we distributed 5,292 turkeys and 5,316 produce hampers. As always, volunteers had a huge hand in every part of this process, from data entry and telephone calls to food sorting and distribution.



Showing our appreciation. Recognition is an important part of our volunteer services program, so we were thrilled when 250 individuals turned out for our annual Volunteer Appreciation Dinner. We celebrated with a dinner catered by our own Learning Kitchen, some light-hearted song and dance, and certificates for each of our guests of honour.



We are the proud provincial member of Food Banks Canada, the national charitable organization representing and supporting the food bank community across Canada.



Mayor Mike Savage (Halifax Regional Municipality), Robert Chisholm (MP, Dartmouth-Cole Harbour), Dianne Swinemar, and Lenore Zann (MLA, Truro-Bible Hill) attended the Leaders' Breakfast during Hunger Awareness Week.

The strength of our national network.

There's power in numbers, and when we work together, we're that much closer to achieving our goal. We're proud to be a member of Food Banks Canada and to work alongside them as Nova Scotia's provincial representative. The benefits of this relationship, both to our organization and the people we support, are many.

Food and funds. We distributed 172,239 kilograms of food received through Food Banks Canada donations. Funds raised through nationally-organized events such as Loblaw Extra Helping Campaign, Purolator Tackle Hunger, Farm Credit Canada Drive Away Hunger, and Give With Target also gave us a boost to help hungry Nova Scotians.

Raising awareness countrywide. Hunger Awareness Week is another national initiative organized by Food Banks Canada where our national membership comes together to engage the public in the issues around hunger and poverty. We reinforced the national theme, 'Give It Up for Hunger' in Nova Scotia, asking people to fast for 24 hours to get a small glimpse of what it's like to go hungry, and to recognize the incredibly challenging struggles faced by so many every day. Twenty one politicians in Nova Scotia participated and used social media to share their experiences, and 10 government proclamations were made across the province in honour of the event. To bring the week to a close, we organized a Leaders' Breakfast, which was hosted by Mayor Mike Savage at City Hall and attended by several elected officials and community stakeholders.

An invaluable tool. Food Banks Canada also administers a national survey on food bank use called HungerCount. We provide the data from Nova Scotia, and together with the statistics from the rest of the country, they create an in-depth look at who is turning to food banks and why. The report comes out in the fall, and is an invaluable awareness tool that plays a significant role in our advocacy efforts all year long.

National participation. As representatives on Food Banks Canada's Member Council, staff members Dianne Swinemar and Becky Mason participated on the following Food Banks Canada committees:

- Membership Conference Committee
- Food Banks Canada Donor Awards
- Excellence in Food Banking Award
- Hunger Awareness Week Advisory Group
- HungerCount Provincial Coordinators
- Government Relations Board Committee
- Organization Scan Working Group
- Client Intake Guidelines Advisory Group
- Client Intake Software Advisory Group
- Ethical Food Banking Code Advisory Group

1 kg = \$5.50. Following Food Banks Canada's lead, we introduced a new dollar value to represent every kilogram of donated food that we receive and distribute. At FEED NOVA SCOTIA, we had previously assigned a value of \$7.04 for every kilogram. The new national standard assigns a value of \$5.50 for every kilogram. This new figure is the result of considerable work by Member Council and is based on data provided by The Nielsen Company for a basket of food products (non-perishable, perishable including meats, fish, dairy and produce) and used in conjunction with the average inventory of these products throughout the food bank community.

Ethical Food Banking Code

As a member of Food Banks Canada, we believe that everyone in Canada has the right to physical and economic access, at all times, to sufficient, safe and nutritious food which meets their dietary needs and food preferences, and we are proud to uphold the following Ethical Food Banking Code, stating we will:

- Provide food and other assistance to those needing help regardless of race, national or ethnic origin, citizenship, colour, religion, sex, sexual orientation, income source, age or mental or physical ability.
- Treat all those who access services with the utmost dignity and respect.
- Implement best practices in the proper and safe storage and handling of food.
- Respect the privacy of those served, and will maintain the confidentiality of personal information.
- Not require payment of any kind for donated food or consumer products, at any time from those assisted by their respective programs.
- Acquire and share food in a spirit of cooperation with other food banks and food programs.
- Strive to make the public aware of the existence of hunger, and of the factors that contribute to it.
- Recognize that food banks are not a viable long-term response to hunger, and devote part of our activities to reducing the need for food assistance.
- Represent accurately, honestly and completely our respective mission and activities to the larger community.

At FEED NOVA SCOTIA, we also require that our member agencies agree to uphold the Ethical Food Banking Code as a prerequisite to membership with our organization.



Dianne Swinemar received the Ed Bloos Memorial Award in PEI at the Food Banks Canada conference.



Katharine Schmidt (Executive Director, Food Banks Canada), Lorna Gabriel & Kristin Hollery (St. Paul's Family Resources Institute), and Robin Garrett (Board Chair, Food Banks Canada) during the awards ceremony at the member conference in June.

Celebrating a leader. Our Executive Director Dianne Swinemar received two prestigious awards this year and we couldn't be more proud. In December, she accepted the Queen's Diamond Jubilee Medal for her significant impact in Canada's food bank community. And at the Food Banks Canada member conference in June she was honoured with the Ed Bloos Memorial Award, which celebrates demonstrated vision, leadership, and passion for improving the quality of life for all people through food banking on a national level.

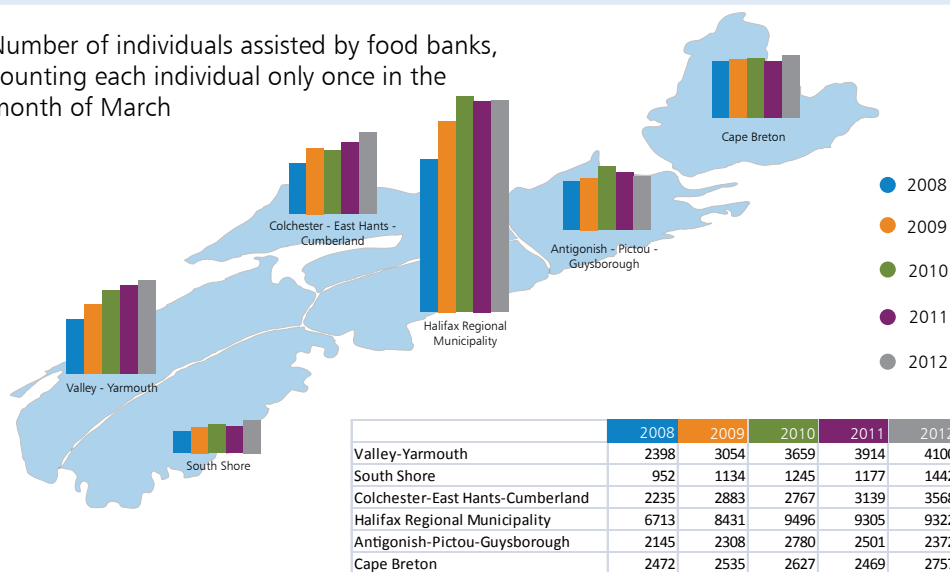
Recognizing excellence. We were so proud to see one of our member agencies, St. Paul's Family Resources Institute, receive an Excellence in Food Banking Award at the Food Banks Canada conference in June. The non-profit has been providing innovative support to residents of Spryfield for over 27 years through initiatives like their community garden, Collective Kitchen, a literacy lending program, and much more. This award was a reminder of the incredible and varied work that so many food banks are involved with beyond food assistance.

Taking HungerCount to Houston. Our Executive Director, Dianne Swinemar, shed light on data collection by introducing delegates to HungerCount at the Global Foodbanking Network conference in Houston, Texas. She presented on behalf of Food Banks Canada and said, "Being there in an international forum sharing what we do with HungerCount, from the national level right down to the individual communities, made me incredibly proud."

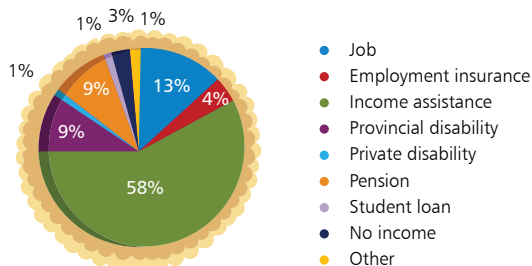
Celebrating Excellence

Each year HungerCount tells us who is turning to food banks for assistance and why. Food Banks Canada's comprehensive survey reports on data collected from food banks across the country during the month of March to provide a snapshot of a typical month of food bank use. FEED NOVA SCOTIA annually administers the survey in our province and the data becomes part of the collective picture of hunger in Canada. Results of the 2012 study were reported in October and showed 23,561 individuals were assisted by food banks in Nova Scotia in March 2012—an increase of five per cent compared to the previous March.

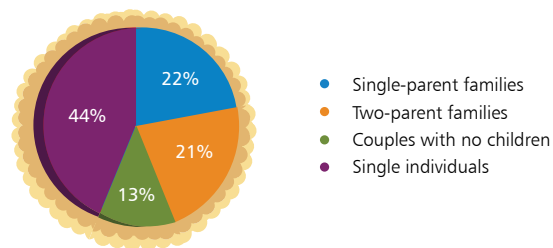
Number of individuals assisted by food banks, counting each individual only once in the month of March



PRIMARY SOURCE OF INCOME AMONG HOUSEHOLDS USING FOOD BANKS IN NOVA SCOTIA



FAMILY TYPE OF HOUSEHOLDS USING FOOD BANKS IN NOVA SCOTIA





Our Client Registry also informs our monthly distribution of food and allows us to target the distribution of age-specific products, like these school backpacks from Bell Aliant.

NUMBER OF VISITS FOR THE CALENDAR YEAR 2012

18,272

Number of distinct households assisted (counting each household only once no matter how many times they were assisted)

37,449

Number of distinct individuals assisted (counting each individual only once no matter how many times they were assisted)

10,693

Number of distinct children assisted (counting each child only once no matter how many times they were assisted)

92,172

Number of visits by households assisted (counting each visit separately)

196,552

Number of visits by individuals assisted (counting each visit separately)

There is a common myth out there that people who go to food banks do so on a regular and recurring basis. We now know that more than half of those who visit food banks do so six or less times per year. That's a powerful new piece of information to have.

Each month our member agencies report to us who accessed support through their services, and we record this information in our Client Registry. This augments what we learn through HungerCount, and gives us an in-depth picture of the number of Nova Scotians accessing food assistance throughout the year. This year, we went further with our analysis of our Client Registry data and we were surprised by the findings.

We always knew that HungerCount provided a one-month snapshot of food bank usage in March. We also knew that the number of people who received assistance that month was typical of any given month, but we didn't know how many of those people were the same people from one month to the next, and therefore, how many distinct individuals were assisted throughout the year. Now we do.

FREQUENCY OF FOOD BANK VISITS BY INDIVIDUALS FOR THE CALENDAR YEAR 2012

	1-3 times	4-6 times	7-9 times	10-12 times	more than 12 times
Valley-Yarmouth	30%	21%	12%	11%	26%
South Shore	31%	18%	11%	10%	30%
Colchester-East Hants-Cumberland	45%	19%	8%	7%	21%
HRM	36%	18%	10%	9%	27%
Antigonish-Pictou-Guysborough	53%	19%	7%	7%	14%
Cape Breton	37%	21%	12%	10%	20%
Province	36%	19%	11%	10%	24%

Source: FEED NOVA SCOTIA Client Registry

Virtual connections. We increased our efforts on social media this year, and it's been incredibly rewarding (and fun!) to engage with the community this way. Our supporters are proud of their affiliation with FEED NOVA SCOTIA, and it's something they were vocal about. It's great to see people talking about hunger and poverty and take part in this virtual conversation.

Speaking up for our communities. We helped arm our clients with the information and the confidence to speak out, vote, and make a difference in last fall's municipal election. Using our provincial distribution system, we sent bulletins and posters to our member agencies to post, along with words of encouragement to empower those we serve to be the change they wish to see in their communities.

A national food strategy. In the winter, the Conference Board of Canada invited feedback on the development of a national food strategy that covers industry prosperity, healthy food, food safety, consumer security, and environmental sustainability. Through our submission, we voiced our opinion that a successful food strategy would ideally be supported by other national strategies aimed at improving the conditions surrounding food insecurity, and that it must have buy-in from government stakeholders with the power and influence to reduce food insecurity through a multi-pronged approach.

Improving career services. When the government looked for input on a strategy to improve career service centres to better serve Nova Scotians, again we made sure the realities of low-income individuals were taken into account beforehand by submitting our suggestions. Pulling from our extensive experience working with clients and students in our Learning Kitchen, we explained the challenges many Nova Scotians face and outlined how they could be overcome with better career services support.

Members advocating. This year we provided different agencies with display boards, region-specific statistics, and other handouts to help with various events in their communities. This shows how food banks often do much more than provide food—they're also raising awareness of the important issues.

Affordable housing. Access to affordable housing is a significant issue affecting low-income individuals and families. That's why we felt compelled to submit a position paper through a provincial consultation process on the subject this past year.

Increased awareness. A market research survey conducted in May showed that 83% of Nova Scotians are aware of FEED NOVA SCOTIA as a charitable organization—an increase of 7% since 2011. Additionally, 68% of respondents indicated a strong level of agreement with the statement: "FEED NOVA SCOTIA helps people in need in my community." This is an increase of 12 percentage points compared with the 2012 survey, which suggests efforts to reinforce our connection with local member agencies are having a positive effect. Across our six operational regions, the rate of strong agreement on this question varied from a low of 48% (up from 35%) to a high of 80% (up from 67%).



Metro NP Housing @mnpousing

11 Jul

Busy morning at the Support Centre. Lots of coffee already served and awaiting some goodies from @FEEDNOVASCOTIA

Retweeted by FEED NOVA SCOTIA

Expand

It was great to see our member agencies and other members of the community engaged with our organization and the issues of hunger and poverty on Twitter.



(MICHAEL DE ADDER)

Captivating cartoon. As a non-profit, we are always trying to do the most with what we've got, but it's always challenging. Michael de Adder, an editorial cartoonist, captured this struggle perfectly. In a cartoon published in the Chronicle Herald in December entitled, "Between a rock and a hard place" he depicted our continuing struggle to support those in need amidst increasing food and gas prices.

C is for child poverty

By DEANNE SWINBERG

In the academic world, it's a passing grade, but when our country is given a C for child poverty it's not the case in the recent Conference Board of Canada report, it's a clear failure.

Mike Kruse, the House of Commons passed a unanimous vote in 1999 to end child poverty by the year 2000. Not long ago, we acknowledged the 20-year anniversary of that failed promise. Now, four years later, our country still doesn't seem to care about our children. And more than one in every seven are growing up in poverty.

In the mid-1980s, the child poverty rate was 12.6 per cent. Thousands and thousands of families were struggling to the detriment of their kids, despite parents' best effort to shield them from the devastating impacts of poverty.

In 1999, there was a glimmer of hope for the six-year-old girl growing up with this huge disadvantage. Not long passed, similar headway was made with child poverty rates, and that six-year-old girl is now 34 — and now has to wonder how her life has turned out. She might be an anomaly, but she has friends, but the unemployment adds poverty, but the statistics are high, but the numbers are high, but the numbers are high.

She probably grew up in an unsafe neighbourhood with higher than average crime rates.



Volunteers from Korea and their families sort through food donations at Food Nova Scotia in Burnside in December. (JERRY PATRICK) / JAM

Her parents likely struggled to provide adequate nutrition meals, in turn making it difficult for her to learn at school. This likely caused her academic performance to suffer. Maybe she managed to escape by attending university or university was out of the question. Maybe she was fortunate enough to find work, but two minimum wage jobs probably didn't cover the bills and she likely ended up at the door of a local food bank looking for help.

Local food banks are at least one step removed from the food bank that option. There is a good chance the new low-income student is probably devastated that she has even parents, but can't give them everything they need. And the cycle continues.

people falling into it. Organizations like ours see the hardships of those struggling with poverty every day. We know that of these relying on our services and we report anecdotal and statistical data to the public. Time and time again, we have offered our experiences and opinions to help create solutions.

But we can't solve the problem. We're stretched for the most money to keep that safety net a public option for people who are struggling.

Reporters have periodically and repeat the same bleak picture of child poverty. In a society, we see the grim numbers and percentages, and would sometimes for failing to live up to our expectations of a strong country with opportunity agency. But still our children go to bed hungry.

Our child left behind in a town, and since that grandiose promise in 1999, governments have left thousands of children fall through the safety net with little chance of ever getting back their feet.

The fact remains to do what we can to help and we are second to none for the support that allows us to exist, but it's time the government to learn by the time the budget get down to the end of what's required to the household poverty — because we simply aren't strong enough.

Deanne Swinberg is executive director, Feed Nova Scotia.

Families turn to food bank in Bay St. Lawrence



C for Child Poverty. When the Conference Board of Canada released a report that gave our country a C grade for child poverty, we had to respond. It can be frustrating to repeatedly voice concern for our most vulnerable citizens and see little change, but we won't stop speaking out on their behalf until we see the changes that are needed.

Working together, finding solutions. The Hantsport & Area Community Food Bank found itself without a home in December — the most critical time of the year. We stepped in to help support the volunteers through strategic planning, and to direct clients to another agency in the interim. It was amazing to watch the community come together and overcome the challenge. In the end, the food bank was able to stay in their location and even benefitted from some extensive renovations that would help the operation run more smoothly.

When times get tough. Many Nova Scotians find themselves on the doorsteps of a food bank due to a sudden change in their lives that's out of their control. We delivered more than 1,000 kilograms of food to the community of Bay St. Lawrence in November to help individuals who were cut off from receiving Employment Insurance. This showed just how important it is to be there in times of need and provide a little relief.

New hope for closing Hantsport food bank

Food bank evicted during peak season

CBC News - Posted Dec 13, 2012 7:59 AM AT | Last Updated Dec 13, 2012 7:59 AM AT | 0/0



Volunteers load Christmas hampers from the food bank, (CBC)

Third party events

We rely on the huge hearts of the community to help us raise food and funds, and Nova Scotians never disappoint. This year 368 events were held on our behalf, collectively raising 88,870 kilograms of food and \$423,654. The amount of passion and energy poured into each and every one of these events? It's immeasurable.

Wheel power. Members of the Nova Scotia Association of REALTORS® proved what you can do with a bicycle and a huge amount of compassion and generosity. Executive Officer Roger Boutilier cycled from one tip of Nova Scotia to the other, stopping in communities along the way for their REALTORS® Miles for Meals campaign. After the tour ended, they presented us with an incredible donation of \$16,169. We are so fortunate to receive their ongoing support as their charity of choice through their REALTORS® Care initiative.



A bird's eye view of the Riverbreeze corn maze.

Lining up to get lost. Thousands of Nova Scotians went through the Riverbreeze corn maze in Truro last fall and helped raise approximately \$5,000 for those in need. Not only did Riverbreeze generously donate a portion of their proceeds to us, they also created a pretty unique awareness piece by cutting part of their corn field in the shape of our logo!

Hail to the beef. No one is going to contest the huge success of the inaugural Halifax Burger Week in March. The idea to fire up the grills for charity sparked at The Coast, and for six days Haligonians flocked to 22 local restaurants, proving their fierce love of a good patty. After the flames died down, beef enthusiasts had enjoyed over 13,000 burgers and raised a whopping \$10,338.



Roger Boutilier cycled from Sydney to Yarmouth for families in need.

TOP TEN THIRD PARTY EVENTS

	Funds Collected \$	Food Collected (kg)	Value of Food	Total Combined Value
C100's Stuff-A-Bus presented by Metro Transit, Amalgamated Transit Union Local 508 & Scotiabank	\$2,841	23,506	\$129,283	\$132,124
CBC's FEED NOVA SCOTIA Day	\$80,993	4,777	\$26,274	\$107,267
CBC Sydney Light up a Life	\$63,862			\$63,862
Loblaws Extra Helping Campaign*	\$8,574	9,622	\$52,921	\$61,495
101.3 The Bounce Gives Back	\$7,079	7,361	\$40,486	\$47,565
Q104 Hunger Strike sponsored by AML Communications	\$21,049	4,212	\$23,166	\$44,215
Chronicle Herald Holiday Parade of Lights	\$14,483	2,781	\$15,296	\$29,779
Nova Scotia Association of REALTORS®	\$16,169			\$16,169
Toronto Raptors Exhibition Game	\$15,191	8	\$44	\$15,235
Mic Mac Mall & Sunnyside Mall Gift Wrap	\$13,812			\$13,812

* excludes food and funds donated directly to member agencies

Signature events

The 48-hour crunch. Hosting a food drive can be challenging enough, let alone when you've got only two days to do it, and you're going head to head with three other organizations to see who can rack up the most kilograms. That's the premise behind the **Great Canadian Food Fight**, and while it sounds intensely competitive, we do it all for the families who rely on us. This year we captured third place, collecting 44,834 kilograms of food. We consider that a big win.

Fabulous fun. Sixty two women took the work out of networking for a very special day, enjoying indulgent experiences, great value, and lots of laughs at the 2012 **Divas on the Green presented by Stewart McKelvey**. Our unique, non-golf event held at Glen Arbour Golf Course in July 2012, raised \$18,600 for the cause.

Fore! One of the biggest reasons golfers return each year for our charity tournament is because it's so much fun! In June 2013, participants played 18 holes to help families in need at **Swinging for Supper presented by ADP** and they had a great time doing it. After the club house doors were closed, the event had raised \$43,813.



Students from the Canadian College of Massage and Hydrotherapy gave participants the royal treatment at Divas on the Green.

Supporting our most vulnerable. One third of the clients we serve are under the age of 18, so this year **Chair-a-tea presented by TD**, our annual dinner and auction, focused on the support we provide for children and youth. The challenges faced by our most vulnerable Nova Scotians touched the hearts of participants in this November 2012 event, and together we raised \$78,188 to help make a difference.

Can-tastic. If you witnessed our **Construction® Nova Scotia** teams in action at Mic Mac Mall and Halifax Shopping Centre, you'll probably never look at a can the same way again. Fourteen teams took part in the annual design competition and collectively used 26,574 cans of food that made their way to Nova Scotians in need. Special thanks to our founding sponsor, Global Maritimes.



Concentration was key as ideas came to life at Construction®.

Nurturing our membership. In an effort to strengthen communication and service delivery amongst our provincial network, we were excited this year to introduce a new Member Services Manager position, and equally pleased to fill it with a long-time staff member.

Survey says. In any membership-based association, feedback from members is critical to evaluating organizational effectiveness. Through a member satisfaction survey conducted in February, 98% of our member agencies rated the value they receive for their membership with FEED NOVA SCOTIA as good or excellent, and 87% indicated they are satisfied or very satisfied with the amount of food they receive. The survey also helped identify areas we can improve on. For instance, 40% of agencies categorized our efforts to influence social policy as good—something we'd like to make great.



Norma Craib visited several agencies last year in her new role as Manager of Member Services.

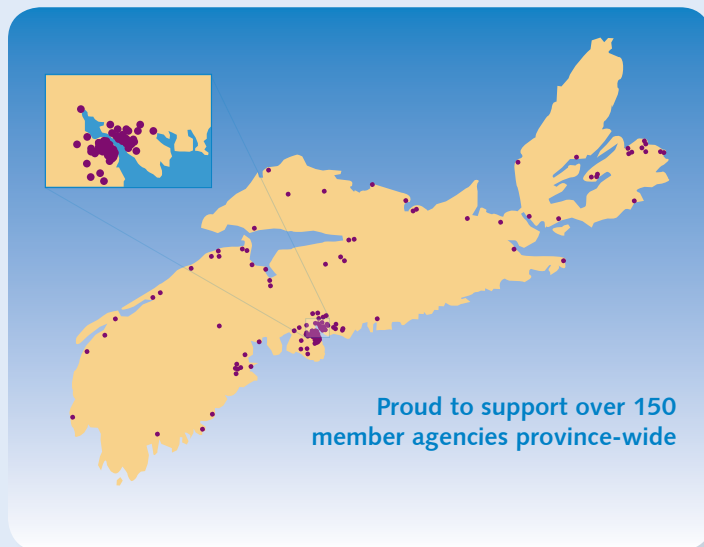
Member Council 2012-13

Member Agency Representatives

Gloria Hubley - Bridgewater Interchurch Food Bank
Joan Harris - Berwick Food Bank
Kristen Hollery - St. Paul's Family Resources Institute Inc.
Robert (Bud) Little - Fundy Interchurch Food Bank
Heather MacDonald - Oxford & Area Food Bank Association
David McKnight - Demetrious Lane Food Bank

FEED NOVA SCOTIA Representatives

Becky Mason - Director of Strategic Initiatives and Client Programs
Kirk McGrath - Director of Operations
Dianne Swinemar - Executive Director



Proud to support over 150 member agencies province-wide

Client Support Services

Through our client services team we speak with individuals who reach out for help every day, and this year was no exception. We direct people to their nearest food bank, we help them understand the process and what to expect if they're visiting for the first time, and we address any concerns they may have with the process. And if someone is looking for assistance with things outside of food support, such as shelter, we help put them in touch with our member agencies who provide these services.

Valley-Yarmouth

Annapolis Area Food Bank Society
Berwick Food Bank
Bridgetown & Area Food Bank
Canning Area Food Bank
Clare Food Bank
Digby & Area Food Bank
Fundy Interchurch Food Bank
Hantsport & Area Community Food Bank
Harvest House Community Outreach
NSCC Annapolis Valley Campus (Middleton)
Twelve Baskets Food Bank
Upper Room Food Bank Association
Weymouth Area Food Bank
Windsor & District Food Bank
Wolfville Area Food Bank
Yarmouth Food Bank Society

South Shore

Bridgewater Elementary School Breakfast Program
Bridgewater Interchurch Food Bank
Food For Thought Breakfast Program
Lighthouse Food Bank Society
Lunenburg Interchurch Food Bank
Mahone Bay Area Food Bank Association
New Germany Area Food Bank
Queens County Food Bank
Shelburne Loyalist Food Bank
South Shore Family Resource Association

Colchester-East Hants-Cumberland

Amherst Food Assistance Network Association
Colchester Food Bank Association
Hants North Community Food Bank
Indian Brook Food Bank
*Neighbours Helping Neighbours
Oxford & Area Food Bank Association
Parrsboro & Area Food Bank Society
Pugwash & Area Food Bank (Open Hamper)
Salvation Army Family Services (Truro)

Salvation Army Springhill Community Church
Shumilacke Food Bank Society

Halifax Regional Municipality

A.J. Smeltzer Junior High School
Adsum Centre for Women and Children
Adsum Court
Adsum House
Alcare Place
Alice Housing
Ark Outreach
Bayers Westwood Family Centre
Bayers Westwood Residents' Association Food Bank
Beacon House Interfaith Society
Brunswick Street Mission Breakfast Program
Brunswick Street Mission Food Bank
Canadian Mental Health Association (Dartmouth Among Friends)
Canadian Mental Health Association (Halifax Caring & Sharing)
Cole Harbour/Woodside United Church Food Bank
Community YMCA
Connections Clubhouse
Corp. of Christ Church
Cunard Learning Centre
Dalhousie University Student Union Food Bank
Dartmouth Family Centre
Dartmouth First Baptist Food Bank
David's Place
Demetrious Lane Food Bank
East Dartmouth Christian Food Bank Association
Eastern Shore Volunteer Food Bank
Elizabeth Fry Society
Emmanuel Anglican Church Food Bank
Family SOS (Services of Support)
Feeding Others of Dartmouth Margaret House
FLEC - Bedford Highway
FLEC - Dartmouth Forsythe Centre
FLEC - Quinpool Education Centre
Freedom Foundation of Nova Scotia
Gateway Community Church
Greystone Community Centre Association



Halifax Transition House Association - Bryony House
Halifax West Ecumenical Food Bank
Helping Hands Food Bank (Church of the Holy Spirit)
Highland Park Junior High School
Jesus House Halifax
John Martin Junior High School Breakfast Program
Lake Echo Community Food Bank
Lockview High School Food Bank
Mainline Needle Exchange
Manna For Health
Marine Communities Food Bank Society
Metro Non-Profit Housing Association Dartmouth
Metro Non-Profit Housing Association Halifax
Mic Mac Native Friendship Society
Mount Saint Vincent University Students' Union Food Bank
Mulgrave Park Tenants Association
New Beginnings Clubhouse
North Dartmouth Outreach Resource Centre Society
Out of the Cold Shelter
Phoenix Youth Programs - Coburg Road
Phoenix Youth Programs - Hunter Street
Phoenix Youth Programs - Tower Road
Prince Andrew High School Youth Health Centre
Prince Arthur Junior High Breakfast Program
Rainbow Food Bank
Salvation Army Dartmouth Community Church
Salvation Army Family Services (Halifax)
Salvation Army Halifax Centre of Hope
Shelter Nova Scotia (Barry House)
Shelter Nova Scotia (Metro Turning Point)
Shelter Nova Scotia (Nehiley House)
Shelter Nova Scotia (Sir Sandford Flemming House)
SHYM - Supportive Housing for Young Mothers
St. Agnes Junior High School Breakfast Program
St. Andrew's Church Supper Program
St. Clement's SVDP
St. George's Soup Kitchen
St. George's YouthNet
St. James United Church Food Bank
St. Margaret's Bay Food Bank

St. Mark's Food Bank
St. Matthew's United Church Breakfast Program
St. Paul's Family Resources Institute Inc.
St. Paul's SVDP
SUNSCAD (Student Union of NS College of Art & Design)
The Laing House Association
The Marguerite Centre
The Stepping Stone Association
The Youth Project
Victoria Road Baptist Church Food Bank

Antigonish-Pictou-Guysborough

Antigonish Community Food Bank
Canso & Area Food Bank Association
Guysborough & Area Food Bank Society
Pictou County (East) Food Bank
Pictou West Food Bank
Salvation Army Westville Corps.
St. Francis Xavier University Student Food Resource Centre

Cape Breton

Barra Food Bank Society
CAW Louisbourg Food Bank Society
Eskasoni High School Breakfast Program
Glace Bay Food Bank Society
Helping Hands South of Smokey
Inner City Churches - Loaves and Fishes Society
*Isle Madame Food Bank
Ma's Meals & Shelter (ceased operations September 2012)
North Sydney Community Food Bank
Port Hawkesbury Food Bank Society
Port Hood Food Bank
Salvation Army Sydney Community Church
St. Louis Community Services Committee
St. Theresa's Food and Clothing Depot
SVDP Society St. Leonards
Sydney Mines Food Bank Society
The AIDS Coalition of Cape Breton
Unama'Ki Training & Education Centre

*new agency in 2012-13
Current listing at year end (June 30, 2013)

With heartfelt thanks, we are both pleased and honoured to recognize the following contributors who have reached significant milestones in their cumulative giving to FEED NOVA SCOTIA since January 2000.

Financial and In-kind Donors

Cumulative giving totals \$100,000 or greater (excluding event sponsorship)

AML Communications
Anonymous individual donor
Anonymous donation through Stewart McKelvey
Canadian Tire Foundation for Families
Edmonds Landscape & Construction Ltd
ExxonMobil Resources Limited
Grocery Foundation of Atlantic Canada
Nova Scotia Power
Nova Scotia Government Employees Union
RBC Foundation
Scotiabank
Sobeys Inc
TD Canada Trust

Food Donors

Cumulative giving totals 100,000 kg or greater

Ben's Thrift Store
Campbell Company of Canada Limited
Costco Wholesalers

den Haan Enterprises Ltd
Eyking Brothers Farms Limited
Farmers Co-Operative Dairy Ltd
GFS - Gordon Food Service
High Liner Foods Incorporated
J.W. Mason & Sons Limited
Kraft Canada / Mondelez Canada
Lawtons Drug Stores Limited
Lewis Brothers Inc
Lighthouse Sales and Distributors Ltd
Nova Agri Inc
Sable Warehousing & Distribution Ltd
Saputo Foods
Sawler Gardens
Seaway Distributors Ltd
Stone Hearth Bakery
Sysco Food Services
TRA Maritimes
Vermeulen Farms Ltd
Wilmar Acres Ltd / Dominion Produce Ltd

One Million Kilogram Club

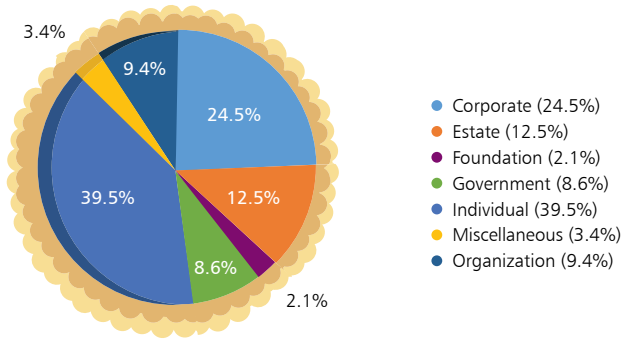
Cumulative giving totals 1 million kg or greater

Atlantic Superstore
Sobeys Inc

We are also pleased to recognize the following bequests received this fiscal year:

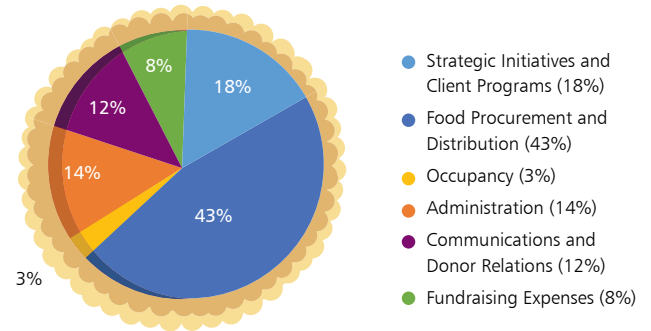
The Estate of Barry Doyle
The Estate of Corinne Mabel Hopgood
The Estate of Ethel Margaret Ryan
The Estate of Lorna Carolyn Pearce

SOURCE OF REVENUE BY DONOR TYPE



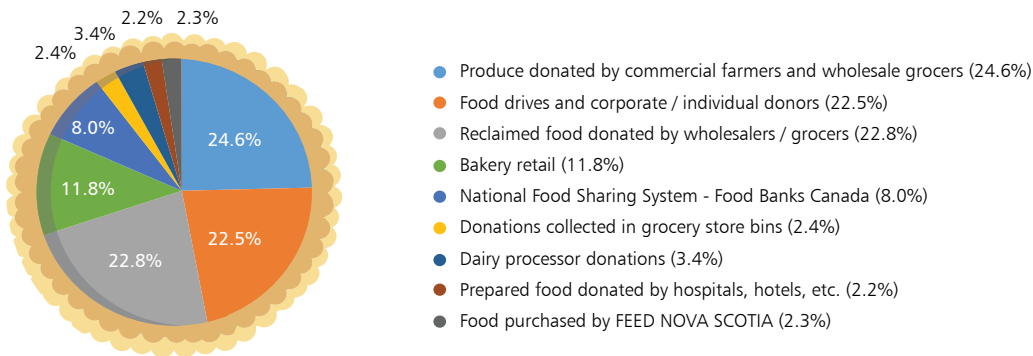
Note: The category "Government" includes both government grants that support our Learning Kitchen and Helpline programs, as well as funds raised by employees within government departments, police, military, and fire departments.

HOW WE SPEND YOUR DONATIONS



Spending your donations responsibly. Donors have a right to know how their financial contributions are put to use. While the financial statements at the back of this report detail all revenue and expenses, the chart above provides a brief summary.

SOURCE OF FOOD BY DONOR TYPE based on food distribution



METRO FOOD BANK SOCIETY - NOVA SCOTIA
(operating as FEED NOVA SCOTIA)

FINANCIAL STATEMENTS
for the year ended June 30, 2013

LYLE TILLEY DAVIDSON

Chartered Accountants



INDEPENDENT AUDITOR'S REPORT

To the board of directors of **Metro Food Bank Society - Nova Scotia (operating as FEED NOVA SCOTIA)**

We have audited the accompanying financial statements of **Metro Food Bank Society - Nova Scotia**, which comprise the statement of financial position as at June 30, 2013 and the statements of revenue and expenditures and changes in fund balances and cash flow for the year then ended, and a summary of significant accounting policies and other explanatory information.

Management's Responsibility for the Financial Statements

Management is responsible for the preparation and fair presentation of these financial statements in accordance with Canadian generally accepted accounting principles, and for such internal controls as management determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

Auditor's Responsibility

Our responsibility is to express an opinion on these financial statements based on our audit. We conducted our audit in accordance with Canadian auditing standards. Those standards require that we comply with ethical requirements and plan and perform the audit to obtain reasonable assurance about whether the financial statements are free from material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial statements. The procedures selected depend on the auditor's judgement, including the assessment of the risks of material misstatement of the financial statements, whether due to fraud or error. In making those risk assessments, the auditor considers internal controls relevant to the entity's preparation and fair presentation of the financial statements in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the entity's internal controls. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of accounting estimates made by management, as well as evaluating the overall presentation of the financial statements.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our qualified audit opinion.

Basis for Qualified Opinion

In common with many charitable organizations, the Society derives revenue from the general public in the form of donations and donated food, the completeness and valuation of which is not susceptible to satisfactory audit verification. Accordingly, our verification of these revenues was limited to amounts reported in the books of the Society, and we were not able to determine whether any adjustments might be necessary to revenues, excess if revenues over expenditures, assets and fund balances.

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A MEMBER OF NEXIA INTERNATIONAL

LYLE TILLEY DAVIDSON

Chartered Accountants



Qualified Opinion

In our opinion, except for the effect of adjustments, if any, which we might have determined necessary had we been able to satisfy ourselves concerning the completeness of the donation revenue and completeness and valuation of donated food received from the general public, the financial statements present fairly, in all material respects, the financial position of **Metro Food Bank Society - Nova Scotia** as at June 30, 2013 and the results of its operations and cash flow for the year then ended in accordance with Canadian accounting standards for not-for-profit organizations.

Comparative Information

Without modifying our opinion, we draw attention to Note 3 to the financial statements which describes that FEED Nova Scotia adopted Canadian accounting standards for not-for-profit organizations on July 1, 2012 with a transition date of July 1, 2011. These standards were applied retrospectively by management to the comparative information in these financial statements, including the statement of financial position as at June 30, 2012 and July 1, 2011 and the statements of revenues and expenditures, changes in net assets and cash flows for the year ended June 30, 2012 and related disclosures. We were not engaged to report on the restated comparative information, and as such, it is unaudited.

A handwritten signature in black ink that reads "Lyle Tilley Davidson". The signature is written in a cursive style.

CHARTERED ACCOUNTANTS

Halifax, Nova Scotia

September 5, 2013

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A MEMBER OF NEXIA INTERNATIONAL

METRO FOOD BANK SOCIETY - NOVA SCOTIA
(operating as FEED NOVA SCOTIA)
 STATEMENT OF FINANCIAL POSITION
as at June 30, 2013

	June 30, 2013	June 30, 2012	July 1, 2011
ASSETS (note 8)			
GENERAL FUND			
Cash and short-term investments (note 6)	\$ 292,511	\$ 371,269	\$ 674,509
Accounts receivable	107,545	39,980	44,566
HST recoverable	33,862	35,917	31,424
Prepaid expenses	36,529	34,229	47,891
	470,447	481,395	798,390
CAPITAL FUND			
Capital assets (note 7 and 8)	634,851	692,289	611,179
BEQUEST FUND (note 4(c) and 6)			
	10,000	10,000	10,000
OPERATIONAL RESERVE FUND			
Cash (note 4(d) and 6)	152,864	190,370	188,517
Due from general fund	64,920	-	-
	217,784	190,370	188,517
	\$ 1,333,082	\$ 1,374,054	\$ 1,608,086
LIABILITIES			
GENERAL FUND			
Accounts payable and accrued liabilities	\$ 104,312	\$ 98,209	\$ 113,626
Legacy project (note 9)	1,132	2,262	2,194
Deferred revenue	199,062	316,932	208,537
Due to operational reserve fund	64,920	-	-
	369,426	417,403	324,357
CAPITAL FUND			
Deferred contributions - capital campaign (note 10)	140,382	171,556	202,730
Deferred revenue			
Property acquisition (note 11)	60,555	63,078	65,706
Deferred revenue (note 11)	22,639	28,850	37,722
Long-term debt (notes 8 and 12)	21,199	39,206	54,992
	244,775	302,690	361,150
FUND BALANCES			
GENERAL FUND	101,019	63,992	474,033
CAPITAL FUND	390,078	389,599	250,029
BEQUEST FUND	10,000	10,000	10,000
OPERATIONAL RESERVE FUND	217,784	190,370	188,517
	718,881	653,961	922,579
	\$ 1,333,082	\$ 1,374,054	\$ 1,608,086

COMMITMENTS (note 14)

 Director
  Director

METRO FOOD BANK SOCIETY - NOVA SCOTIA
(operating as FEED NOVA SCOTIA)
STATEMENT OF REVENUE AND EXPENDITURES
for the year ended June 30, 2013

	2013	2012
DONATED FOOD (note 13(a))	\$12,342,542	\$14,690,137
DISTRIBUTION OF FOOD TO MEMBERS (note 13(a))	<u>12,342,542</u>	<u>14,690,137</u>
	-	-
REVENUE (Schedule 1)	<u>3,434,704</u>	<u>2,900,512</u>
EXPENDITURES		
Food solicitation and distribution-		
Amortization of motor vehicles	53,574	47,285
External warehouse and trucking	121,341	105,147
Food purchases	243,640	159,929
Garbage collection	91,531	89,189
Salary and benefits	843,512	797,043
Supplies	14,996	16,967
Telephone	2,197	5,352
Training and development	5,327	6,689
Motor vehicle	<u>334,155</u>	<u>290,128</u>
	<u>1,710,273</u>	<u>1,517,729</u>
Advocacy and client services/membership support-		
Client support and outreach	5,352	4,466
Learning kitchen	194,141	203,394
Membership meeting expenses	298	433
Office and printing	7,340	5,797
Research and program development	35,059	27,271
Salary and benefits	336,619	343,972
Staff training and development	1,284	2,956
Telephone	<u>1,764</u>	<u>4,316</u>
	<u>581,857</u>	<u>592,605</u>
ADMINISTRATIVE (Schedule 2)	657,079	612,920
OCCUPANCY (Schedule 2)	100,160	91,476
RESOURCE DEVELOPMENT AND COMMUNICATIONS (Schedule 2)	228,036	298,351
REDIRECTED DONATIONS	<u>92,379</u>	<u>57,904</u>
	<u>3,369,784</u>	<u>3,170,985</u>
REVENUE OVER EXPENDITURES (EXPENSES OVER REVENUE) FOR THE YEAR	<u>\$ 64,920</u>	<u>\$ (270,473)</u>

METRO FOOD BANK SOCIETY - NOVA SCOTIA
(operating as FEED NOVA SCOTIA)
STATEMENT OF CHANGES IN FUND BALANCES
for the year ended June 30, 2013

					2013	2012
	Operational Reserve Fund	Capital Fund	General Fund	Bequest Fund	Total	Total
FUND BALANCES - BEGINNING OF YEAR	\$ 190,370	\$ 389,599	\$ 63,992	\$ 10,000	\$ 653,961	\$ 924,434
Excess of revenue over expenditures (expenditures over revenue) for the year	64,920	(77,008)	77,008	-	64,920	(270,473)
Redemption of GIC	(190,816)	-	190,816	-	-	-
Issuance of GIC	152,575	-	(152,575)	-	-	-
Interest	735	-	(735)	-	-	-
Transfers from general fund -						
Capital asset purchases, net of disposals	-	59,480	(59,480)	-	-	-
Repayment of long-term debt	-	18,007	(18,007)	-	-	-
FUND BALANCES - END OF YEAR	\$ 217,784	\$ 390,078	\$ 101,019	\$ 10,000	\$ 718,881	\$ 653,961

METRO FOOD BANK SOCIETY - NOVA SCOTIA
(operating as FEED NOVA SCOTIA)
 STATEMENT OF CASH FLOW
for the year ended June 30, 2013

	2013	2012
CASH FLOW FROM OPERATING ACTIVITIES		
Excess of revenue over expenditures for the year	\$ 64,920	\$ (270,473)
Adjustments for:		
Amortization	116,916	80,833
Loss on disposal of capital assets	-	(415)
Amortization of deferred revenue	(39,908)	(42,674)
	141,928	(232,729)
Changes in non-cash working capital:		
Accounts receivable	(67,565)	4,588
HST recoverable	2,055	(4,493)
Prepaid expenses	(2,300)	13,662
Accounts payable and accrued liabilities	6,105	(15,421)
Deferred revenue - legacy project	(1,130)	68
Deferred revenue - other	(117,870)	108,395
	(38,777)	(125,930)
CASH FLOW TO FINANCING ACTIVITIES		
Repayment of long-term debt	(18,007)	(15,786)
CASH FLOW TO INVESTING ACTIVITIES		
Purchase of capital assets	(59,480)	(164,524)
Proceeds from sale of capital assets	-	3,000
Operational reserve fund interest	-	1,853
	(59,480)	(159,671)
DECREASE IN CASH DURING THE YEAR	(116,264)	(301,387)
CASH AND SHORT-TERM INVESTMENTS - BEGINNING OF YEAR	561,639	863,026
CASH AND SHORT-TERM INVESTMENTS - END OF YEAR	\$ 445,375	\$ 561,639
Cash and short-term investments consists of:		
Cash and in kind gift certificates	\$ 241,753	\$ 321,096
Short-term investments	50,758	50,173
	292,511	371,269
Operational fund reserve	152,864	190,370
	\$ 445,375	\$ 561,639

METRO FOOD BANK SOCIETY - NOVA SCOTIA
(operating as FEED NOVA SCOTIA)
NOTES TO FINANCIAL STATEMENTS
for the year ended June 30, 2013

1. DESCRIPTION OF ORGANIZATION

Metro Food Bank Society - Nova Scotia is a charitable organization which accepts, collects and distributes food and food related products to member agencies for distribution to needy families, and provides support services for self-help initiatives. It commits itself to work in partnership with the community to enhance human dignity, by eliminating chronic hunger and alleviating poverty in the Province of Nova Scotia. The main fundraising activities of the Society occur in December each year and the cash raised is mainly utilized to fund operations throughout the year.

On February 28, 2005 the Society registered FEED NOVA SCOTIA as its operating name.

The Society is a registered charity for income tax purposes and is, therefore, not required to pay tax under the Income Tax Act.

Subsequent to the year ended June 30, 2013, the Society has changed their fiscal year end to March 31st.

2. BASIS OF PRESENTATION

The financial statements were prepared in accordance with Canadian accounting standards for not-for-profit organizations. Accounting standards for not-for-profit organizations is part of Canadian GAAP.

3. FIRST TIME ADOPTION OF ACCOUNTING STANDARDS FOR NOT-FOR-PROFIT ORGANIZATIONS

During the year the society adopted accounting standards for not-for-profit organizations (ASNPO). These financial statements are the first prepared in accordance with these standards. The changes have been applied retrospectively. The accounting policies set out in the significant accounting policies note have been applied in preparing the financial statements for the year ended June 30, 2013, the comparative information for the year ended June 30, 2012 and in the preparation of the opening ASNPO balance sheet as at July 1, 2011 (the society's date of transition).

The society issued financial statements for the year ended June 30, 2012 using generally accepted accounting principles prescribed by CICA Handbook - Accounting XFI. The adoption of ASNPO had no impact on the previously reported assets, liabilities and net assets of the society, and accordingly; no adjustments have been recorded in the comparative statement of financial position, operations, net assets and the cash flow statement. Certain of the society's disclosures included in these financial statements reflect the new disclosure requirements of ASNPO.

The society has elected to use the following elective exemptions permissible under Section 1500, First Time Adoption.

To apply Section 3856, Financial Instruments, in its opening statement of financial position presented in the financial statements for the year of adoption to the new accounting standards. Under this election, any difference between the recognition and measurement at that date and the prior year's closing statement of financial position is to be recorded as an adjustment to net assets at the date of transition. No such adjustments were required in these financial statements. Upon transition, the society has not made the irrevocable designation to subsequently measure any financial asset or liability at fair value.

METRO FOOD BANK SOCIETY - NOVA SCOTIA
(operating as FEED NOVA SCOTIA)
NOTES TO FINANCIAL STATEMENTS
for the year ended June 30, 2013

4. ACCOUNTING POLICIES

Revenue recognition

Fundraising, unrestricted grants, donations, and other revenues are recognized when received by the Society. Donated food revenue is recognized at the time the food is distributed to the Society's members.

Donated food

Donated food and its subsequent distribution to members is valued based on managements best estimate determined using an average cost per kilogram for donated food.

Donated goods and services

Donated goods and services are not recorded unless management can reasonably determine the fair value of the donated goods or services.

Capital assets

Capital assets are recorded at cost, and are amortized using the declining balance method at the annual rate of 4% for building, 8% for pavement, 20% for equipment and uniforms and 30% for motor vehicles and computers. Computer software will be amortized at a rate of 100% once it becomes available for use.

Amortization is calculated at one-half of the normal annual rate in the year of acquisition; no amortization is recorded in the year of disposal.

Use of estimates

The preparation of financial statements in conformity with Canadian generally accepted accounting principles requires management to make estimates and assumptions that affect the reported amounts of assets and liabilities at the date of the financial statements, and the reported amounts of revenues and expenses during the reporting period. Actual results could differ from management's best estimates as additional information becomes available in the future. The most significant accounting estimates in these financial statements include allowance for doubtful accounts, the estimated useful lives of capital assets and deferred revenue.

Financial instruments policy

Financial instruments are recorded at fair value when acquired or issued. In subsequent periods, financial assets with actively traded markets are reported at fair value, with any unrealized gains and losses reported in income. All other financial instruments are reported at amortized cost, and tested for impairment at each reporting date. Transaction costs on the acquisition, sale, or issue of financial instruments are expensed when incurred.

Impairment of long lived assets

The Society tests for impairment whenever events or changes in circumstances indicate that the carrying amount of the assets may not be recoverable. Recoverability is assessed by comparing the carrying amount to the projected future net cash flows the long-lived assets are expected to generate through their direct use and eventual disposition. When a test for impairment indicates that the carrying amount of an asset is not recoverable, an impairment loss is recognized to the extent the carrying value exceeds its fair value.

METRO FOOD BANK SOCIETY - NOVA SCOTIA
(operating as FEED NOVA SCOTIA)
NOTES TO FINANCIAL STATEMENTS
for the year ended June 30, 2013

4. ACCOUNTING POLICIES (continued)

Government assistance

Government assistance and other capital assistance for the purchase of capital assets is deferred and amortized to earnings on the same basis as the related asset.

Fund accounting

The Society uses the fund accounting method of presenting its assets, liabilities and results of operations. This method recognizes the limitations and restrictions placed on the use of the resources available to the Society by classifying all transactions according to their nature. The funds utilized by the Society include:

(a) General Fund

The General Fund is used to account for the primary operations of the Society, including costs related to programs, administration and operation of the premises.

(b) Capital Fund

The Capital Fund is used to account for capital assets, including their acquisition, financing, amortization and disposal. Operating costs of capital assets are accounted for in the Operating Fund.

(c) Bequest Fund

The annual income from the Bequest Fund may be used for operations but the capital, in the amount of \$10,000, can be used only upon the specific direction of the Board of Directors. As at June 30, 2013, the restricted cash is held in the form of Guaranteed Investment Certificates with an interest rate of 0.9%.

(d) Operational Reserve Fund

The Operational Reserve Fund was established by the Board to ensure the sustainability of the Society. Each year up to 5% of revenues, excluding donated goods and services, are to be transferred to the fund until an amount equal to 3 months operating costs have been accumulated. The amount transferred each year cannot exceed revenues over expenditures in the year. Interest earned in the fund is recorded as revenue in the fund.

During the year \$38,241 was transferred to operations to assist with the funding of capital asset purchases. At the end of the year the net profit of \$64,920 was allocated to the Operational Reserve Fund and will be transferred after the end of the year.

5. FINANCIAL INSTRUMENTS

The Society is exposed to various risks through its financial instruments and has a comprehensive risk management framework to monitor, evaluate and manage these risks. The following analysis provides information about the Society's risk exposure and concentration as of June 30, 2013.

Market risk

Market risk is the risk that the fair value or future cash flows of a financial instrument will fluctuate because of changes in market prices. Market risk comprises three types of risk: currency risk, interest rate risk and other price risk. The Society is mainly exposed to interest rate risk.

METRO FOOD BANK SOCIETY - NOVA SCOTIA
(operating as FEED NOVA SCOTIA)
NOTES TO FINANCIAL STATEMENTS
for the year ended June 30, 2013

5. FINANCIAL INSTRUMENTS (continued)

Interest rate risk

Interest rate risk is the risk that the value of a financial instrument might be adversely affected by a change in the interest rates. In seeking to minimize the risks from interest rate fluctuations, the Society manages exposure through its normal operating and financing activities. The Society is exposed to interest rate risk primarily through its investments in Guaranteed Investment Certificates and its long-term debt.

6. CASH AND SHORT-TERM INVESTMENTS

Cash and short-term investments consist of the following:

	2013	2012
Cash	\$ 123,440	\$ 89,933
Short-term investments	50,758	50,173
In kind gift certificates	118,313	231,163
	\$ 292,511	\$ 371,269

The short-term investments consist of four guaranteed investment certificates. The certificates, including accrued interest, are valued as follows:

	2013	2012
Guaranteed Investment Certificates		
Rate		
1.000%	April 2014	\$ 152,864
1.350%	February 2014	\$ 23,406
1.350%	February 2014	23,157
0.9000%	August 2013	23,410
	10,982	10,878
	210,662	247,583
Investment Trust Fund		
500 units	2,960	2,960
	\$ 213,622	\$ 250,543

The investments are allocated to the funds as follows:

	2013	2012
General Fund	\$ 50,758	\$ 50,173
Bequest Fund	10,000	10,000
Operational Reserve Fund	152,864	190,370
	\$ 213,622	\$ 250,543

METRO FOOD BANK SOCIETY - NOVA SCOTIA
(operating as FEED NOVA SCOTIA)
NOTES TO FINANCIAL STATEMENTS
for the year ended June 30, 2013

7. CAPITAL ASSETS

	2013		2012	
	Cost	Accumulated amortization	Net	Net
Land	\$ 120,640	\$ -	\$ 120,640	\$ 120,640
Building	548,123	237,407	310,716	323,662
Motor vehicles	603,455	478,448	125,007	178,581
Uniforms	30,410	28,125	2,285	6,897
Computer software	54,287	32,250	22,037	10,213
Computers	53,143	42,400	10,743	9,014
Equipment	246,155	212,885	33,270	32,246
Paving	30,019	19,866	10,153	11,036
	\$ 1,686,232	\$ 1,051,381	\$ 634,851	\$ 692,289

8. SECURITY FOR INDEBTEDNESS

(a) Bank indebtedness

FEED NOVA SCOTIA has access to an operating credit line of \$175,000 which has interest calculated at the banks prime lending rate from time to time and is secured by a general security agreement with a specific charge over motorized serial numbered assets with replacement cost, insurance coverage, loss, if any, repayable to the bank. The balance outstanding at year end was nil.

(b) Long-term debt

The Halifax Regional Municipality loan is secured by a first charge over the land and building, subject to conditions in note 12, having a net book value of \$431,356.

9. LEGACY PROJECT

In 2003, FEED NOVA SCOTIA partnered with the Halifax Regional Municipality (HRM) and the Victoria Park Legacy Project to restore Victoria Park in Halifax, Nova Scotia. Revenues are derived from the individual purchases of bricks which will be used in the restoration of the park. Minimal expenses have been incurred. Revenue will be deferred until such time that the culmination of the earnings process has taken place. An amount of \$200,000 is to be paid to HRM for related construction costs incurred from revenues generated by the project. A total of \$139,436 has been paid to the HRM leaving an outstanding balance of \$60,564 which is payable as future revenues are generated. Of the revenues received to date there is \$1,132 payable to HRM.

METRO FOOD BANK SOCIETY - NOVA SCOTIA
(operating as FEED NOVA SCOTIA)
NOTES TO FINANCIAL STATEMENTS
for the year ended June 30, 2013

10. DEFERRED CONTRIBUTIONS - CAPITAL CAMPAIGN

Deferred contributions - capital campaign represents the amount of donations received for the purchase of capital assets less capital campaign expenses and the amortization of net capital campaign contributions to date. Details of the deferred contributions - capital campaign balance are as follows:

	2013	2012
Capital campaign contributions	\$ 653,922	\$ 653,922
Less: Capital campaign expenditures	(138,897)	(138,897)
Amortization	(374,643)	(343,469)
	\$ 140,382	\$ 171,556

11. DEFERRED REVENUE - CAPITAL FUND

Property acquisition

In 1998, the Halifax Regional Municipality approved the sale of 213-217 Bedford Highway to the Society. The property was recorded as a capital asset of the Society at the appraised value of \$290,000. Deferred revenue of \$108,750 was the portion of the purchase price which will be forgiven by the Halifax Regional Municipality. The Society is amortizing the deferred revenue to income on the same basis as the amortization of the property. During the year \$2,523 of amortization was recorded. The Municipality holds a loan over the property for the remaining amount outstanding. Title of the property will be conveyed to the Society when the loan is extinguished.

The Province of Nova Scotia has also granted an amount of \$108,750 that will be payable to the Society over a 15 year period to assist the Society in paying for the property. Interest at the Municipality's cost of borrowing will also be granted to the Society by the Province of Nova Scotia over a 15 year period.

Department of Community Services capital grant

In 2005 FEED NOVA SCOTIA received a one time grant of \$275,000 from the Department of Community services which was used for the immediate capital equipment needs of the Society. The Society is amortizing the deferred revenue to income on the same basis as the amortization of the related equipment. During the year \$6,211 of amortization was recorded.

12. LONG-TERM DEBT

	2013	2012
Halifax Regional Municipality loan, bearing interest at 6.75% repayable in blended monthly installments of \$1,594, until September 2014.	\$ 21,199	\$ 39,206

The aggregate amount of principal payments required in each of the next two years to meet retirement provisions are as follows:

Year ending June 30, 2014	\$ 18,193
2015	3,006

METRO FOOD BANK SOCIETY - NOVA SCOTIA
(operating as FEED NOVA SCOTIA)
 NOTES TO FINANCIAL STATEMENTS
for the year ended June 30, 2013

13. IN KIND DONATIONS

(a) Donated food

Donated food revenue is calculated as follows:

	2013	2012
Estimated fair value of food donated during the year	\$12,140,441	\$14,505,069
Estimated food inventory-beginning of year	782,819	967,887
Estimated food inventory-end of year	(580,718)	(782,819)
	\$12,342,542	\$14,690,137

Since the food is donated to members, the inventory has no net realizable value. Therefore, in accordance with accounting standards for not-for-profit organizations, inventory has not been recorded as an asset in the statements of the Society.

The amount of food distributed during the year has increased by 6%, however, the dollar value of the donated food has decreased as a result of adopting the Food Banks Canada national valuation standard of \$5.50 per kilogram.

(b) Donated goods

In kind donations in the form of goods are recorded in the financial statements when management can reasonably determine the fair value of the donations. The in kind donations recorded in these financial statements for the year ended June 30, 2013 are \$91,704 (2012 - \$125,863).

(c) Donated services

Volunteer hours representing fundraising, special events, administrative and warehouse activity for the year ended June 30, 2013 were 47,973 (2012 - 44,132). The value of these services are not reflected in these financial statements.

14. COMMITMENTS

The aggregate annual payment under long-term equipment and premises leases expiring between December 2016 and December 2017 are as follows:

Year ending June 30, 2014	\$	67,541
2015		67,541
2016		30,386
2017		8,379
2018		472

METRO FOOD BANK SOCIETY - NOVA SCOTIA
(operating as FEED NOVA SCOTIA)
NOTES TO FINANCIAL STATEMENTS
for the year ended June 30, 2013

15. COMPARATIVE FIGURES

Certain of the comparative figures have been reclassified to conform with the current year's financial statement presentation.

Schedule 1

METRO FOOD BANK SOCIETY - NOVA SCOTIA
(operating as FEED NOVA SCOTIA)
 SCHEDULE OF REVENUE
for the year ended June 30, 2013

	2013	2012
FUNDRAISING EVENTS	<u>\$ 1,629,891</u>	<u>\$ 1,652,983</u>
EXPENDITURES RELATED TO FUNDRAISING		
Advertising and special events	220,155	243,404
Postage	32,373	33,878
Printing	39,851	37,109
Salaries and benefits	240,623	202,639
Training and development	472	1,021
	<u>533,474</u>	<u>518,051</u>
NET FUNDRAISING REVENUE	1,096,417	1,134,932
DONATIONS	1,828,243	1,230,197
GRANTS	481,100	503,867
OTHER	<u>28,944</u>	<u>31,516</u>
	<u>\$ 3,434,704</u>	<u>\$ 2,900,512</u>

METRO FOOD BANK SOCIETY - NOVA SCOTIA
(operating as FEED NOVA SCOTIA)
 SCHEDULE OF EXPENDITURES
for the year ended June 30, 2013

	2013	2012
ADMINISTRATIVE		
Staff recruitment	\$ -	\$ 706
Amortization of office equipment	43,016	11,677
Bad debts	1,801	811
Directors' liability insurance	3,017	2,810
Equipment leases	10,565	4,856
Information technology	6,292	5,871
Interest and bank charges	31,461	21,793
Memberships	3,201	6,076
National and local meetings	8,116	5,887
Office and stationery	14,579	28,189
Postage	17,863	15,985
Printing	2,563	103
Professional fees	5,913	6,343
Salary and benefits	471,995	463,665
Telephone	15,390	16,466
Training and development	6,546	5,217
Volunteer program	14,761	16,465
	<u>\$ 657,079</u>	<u>\$ 612,920</u>
OCCUPANCY		
Amortization, net of amortization of deferred capital campaign contributions	\$ (17,345)	\$ (16,727)
Building repairs and maintenance	15,400	7,982
Building services	17,199	18,576
Heat	35,565	28,584
Insurance	8,658	8,352
Mortgage interest	2,723	3,348
Utilities	28,822	33,296
Safety	843	735
Snow removal	8,295	7,330
	<u>\$ 100,160</u>	<u>\$ 91,476</u>
RESOURCE DEVELOPMENT AND COMMUNICATIONS		
Promotion and merchandising	\$ 4,970	\$ 7,750
Donor recognition	2,660	1,336
Events	4,156	2,280
Publications	6,303	11,136
Salaries and benefits	209,822	273,097
Training and dues	125	2,752
	<u>\$ 228,036</u>	<u>\$ 298,351</u>



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