

# annual report



# Report from the Board Chair

This past year has been a year of great accomplishments for FEED NOVA SCOTIA as we continued to advance our mission to feed hungry people, eliminate chronic hunger and alleviate poverty in this province. However, many challenges still confront us. The demands on the organization often outstrip our resources and occasionally try to outpace our dedicated staff and volunteers.

It was not long ago that we embarked on an ambitious plan to rebrand the Metro Food Bank Society Nova Scotia as FEED NOVA SCOTIA with an eyecatching new blue logo. As with any change, it took time to build acceptance and recognition in the communities we serve. But it was an important first step in profiling the organization as a province-wide organization, one that serves Nova Scotians from east to west and north to south. This profiling is a critical step in enabling FEED NOVA SCOTIA to move toward a provincial support base.

Our rebranding efforts have really taken hold. One telling indicator of this took place at a recent event. A reporter asked a FEED NOVA SCOTIA supporter what the former name of the organization had been, and neither person could recall.

Fundraising is another matter. We have enjoyed some real successes but have experienced challenges in other areas. Critical to finishing the year on a positive note have been the efforts of staff to keep costs in line and to relentlessly monitor our finances. Planning for next year is well under way, and we look forward to even stronger results in 2007-2008.

For those of you who have not yet seen it, I urge you to view the short video "A Day in the Life of FEED NOVA SCOTIA." It's available on the website at www.feednovascotia.ca. Be sure to check it out. If a picture is worth a thousand words this short video would fill several volumes.

Once again I can't say enough about the hard work and dedication of the staff and the volunteers of FEED NOVA SCOTIA. As I depart as Chair of the organization at the end of this fiscal year, I would like to express a special personal thank you to Dianne Swinemar for all of the hard work and dedication she brings to her job. Her efforts directly touch the lives of thousands of Nova Scotians each month. She has made my job all the easier.

Frank Jadyon

D. Fraser MacFadyen, Board Chair Partner, Stewart McKelvey

# 2006-2007 Board of Directors

food



D. Fraser MacFadyen Board Chair Stewart McKelvey

Sheila Blair-Reid Metro Guide Publishing

Lisa Driscoll TD Canada Trust

**John Drish** Nova Scotia Community College

Jeremy Jackson Killam Properties

Melodie Joy Master Merchants Systems

**Ronald L'Esperance** CFN Consultants (Atlantic) Inc.

Steve Lewin Purolator Courier Ltd.

**Doreen Malone** Neptune Theatre

Boris Mirtchev Hamachi House

David Miller Honorary Member PricewaterhouseCoopers LLP



In July 2006, I started out the fiscal year traveling the province with "The Men of the Deeps," Canada's only coal miners' choir. It was a whirlwind tour of our province, from beautiful downtown Yarmouth to the quiet little town of Dominion. As these Cape Breton coal miners shared their heart-wrenching stories and songs, I could clearly see why The Men of the Deeps decided to devote their 40th anniversary project to FEED NOVA SCOTIA. Well acquainted with adversity, miners care deeply about the value of community and what it means to look after one another in times of need.



These are the values that have made us strong not only in Nova Scotia mining communities, but right across this province. These are values that, in turn, make us strong as FEED NOVA SCOTIA.

I see these values modelled day after day as I talk to our member agencies, our friends and our donors. These dedicated and caring individuals give generously of their time and money to help their neighbours in need. I see this in the outpouring of gifts we receive from the Nova Scotia business community: gifts of time, skills, equipment, services and financial support.

These values are also modelled by our Board of Directors, who work tirelessly to enable us to keep doing more with less. Our distribution levels have increased by 83 percent in the past five years. Our resource base hasn't always kept pace, but the expert guidance and advice of our board has been crucial to us in becoming more efficient as an organization. Their ability to network and raise support on behalf of FEED NOVA SCOTIA has been instrumental, too.

These values are played out daily here at FEED NOVA SCOTIA, where an army of volunteers helps us do the work of feeding more than 40,000 Nova Scotians each month. Their volunteer hours were equivalent to approximately 22 full-time staff positions during the past fiscal year. What we do simply would not happen were it not for the daily impact of these volunteers.

Finally, I see these values modelled in my staff team, who consistently go above and beyond the call of duty. The huge amount of time they devote outside of their working hours; the positive energy they exude; their ability to smile, roll up their sleeves and get the job done; their willingness to help out in any role, whether job-related or not; their enthusiasm and sense of humour; their devotion to the cause: these are qualities that continue to inspire and motivate me to keep working toward our shared mission.

It takes all of us – member agencies, staff, volunteers, board, donors, friends and partners – to make our mission happen every hour, every day, every month of the year. Thank you for making it happen all over again in 2006-2007. It's a whirlwind tour we're on, and it's not over yet.

**Executive Director** 

# Canadian Association of Food Banks

# News from CAFB

Beginning in 2006, a brand new Board of Directors, working in a policy governance framework, embarked on a journey of determining the course for the next three years for the Canadian Association Food Banks (CAFB) and its member organizations. Through a series of meetings and facilitated workshops, an Accountability Framework System was developed.

*Our Vision: The Voice of Hunger and Food Security in Canada* To achieve our vision, the CAFB has identified five areas of focus for the next three years. They include profile and communication, service and support to its members, research and advocacy, fund & food raising, and organization and culture. The CAFB has also identified the organizational values as teamwork, transparency and integrity.

Of note this past year was the CAFB's involvement with the Global Foodbanking Network (GFN). Founded in 2006, this is an international association of food banks and national food bank organizations working in 14 countries. GFN's mission is to alleviate world hunger by developing national food bank networks in countries where none previously existed and by strengthening food banking around the world.

# The Year in Review

In September 2006, the Kraft Hunger Challenge raised \$530,000 for food banks across Canada. FEED NOVA SCOTIA was able to leverage \$15,000 in matching support for food banks that are a part of our network.

In February 2007, Charles Seiden, former executive director of the CAFB; Wayne Hellquest, CAFB board chair and executive director of The Regina & District Food Bank; and Dianne Swinemar were invited to make a two-hour presentation to the Senate of Canada's Committee on Rural Poverty.

A few months later in May, Dianne Swinemar again represented the CAFB to another Senate Committee, this time one on Social Affairs/Science/ technology regarding poverty in large urban areas. Shawn Pegg, CAFB's director of public policy and research, participated in this presentation.

Nearing the end of our fiscal year, June 5 marked the second annual National Hunger Awareness Day for the CAFB and its members. Food banks across Canada created "Walls of Hunger" (see the photo on page 13) to share the stories of some of the 800,000 men, women and children who rely on local food banks in Canada each month. We received significant national, provincial and local media coverage for this event.



# CAFB BOARD

Ed Borkowski, Chair Director, Public Relations Technology Solutions Group, Hewlett-Packard

Diana MacKay, Vice-Chair Associate Director, Education and Learning The Conference Board of Canada

Brian Meagher, Treasurer Senior Vice-President, Sales & Marketing Purolator Courier Ltd.

Riki Turofsky, Secretary Opera singer and President, Alumni Association Faculty of Music, University of Toronto

Michael Bay Barrister, Consultant and Educator

Robin Garrett President and CEO Ontario Tourism Marketing Partnership Corporation

Wayne Hellquist, Member Council Member CEO, Regina & District Food Bank

Ray Leach President Alternative Processing Systems Inc.

Michel LeBel Chairman & President EBITD Financial Advisory Corporation

Ron L'Esperance President CFN Consultants (Atlantic) Inc.

Aaron Margolis Assistant Vice-President, Product Management & Marketing Investors Group Financial Services

Suzanne McLeod-Chartrand Team Leader Métis Child, Family and Community Services

Dianne Swinemar Member Council Member Executive Director, FEED NOVA SCOTIA

Frances Harley Urtasun, MD Professor Emeritus (Pediatric Nephrology) University of Alberta

Cathy Webster Vice-President, Human Resources Kraft Canada Inc.



FEED NOVA SCOTIA's immediate goal is to feed hungry people, and our Food Supply and Distribution department worked tirelessly this past year to make that happen. In 2006-2007, FEED NOVA SCOTIA distributed 2.2 million kilograms of food, valued at \$16,613,603, to our network of 150 member agencies province-wide.

Throughout the past year, our fleet of delivery vehicles was on the road, distributing crucial supplies of food to local food banks, soup kitchens, shelters, school programs and other food programs throughout Nova Scotia. From Yarmouth to Sydney, from Amherst to the Halifax Regional Municipality, FEED NOVA SCOTIA helped ensure the shelves of local food banks were well stocked with a balanced variety of nutritious food in keeping with Canada's Food Guide. In fact, last year our trucks travelled 341,864 kilometres, which is nearly the distance from earth to the moon!





2002-2003

2006-2007

Over the past five years, total food distributed has increased by 83% as a result of our expanded provincial role.





# Food Supply & Distribution



Rank	Donor	Donation in Kilograms
1	Sobeys Stores (NS)	402,234
2	Atlantic Superstores (NS)	234,077
3	High Liner Foods Inc.	96,153
4	Nova Agri Associates Limited	69,472
5	Sawler Gardens	64,009
6	Sysco Food Services	51,822
7	Seaway Distributors	39,624
8	Ben's Thrift Store	33,085
9	M & S Food Service a GFS Company	y 28,981
10	Pepsi QTC Canada	27,437
11	Lewis Potato Packers Ltd.	24,750
12	Campbell Company of Canada Lim	nited 23,351
13	Stone Hearth Bakery	21,680
14	Lighthouse Sales & Distributors Lto	d. 19,551
15	Saputo Milk Division	17,666
16	Eyking Brothers Farms Ltd.	16,390
17	Hustle Farms Ltd.	15,307
18	Creightons Limited	14,184
19	Wilmar Acres Ltd/Dominion Produce	ce Ltd. 13,474
20	Farmers Dairy	11,978





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Advocacy & Client Services

In 2006-2007, FEED NOVA SCOTIA's Advocacy and Client Services continued to work long-term with our member agencies and directly with those in need to address and find lasting solutions for factors that contribute to hunger in our province.

# Advocacy

As part of our efforts to eliminate chronic hunger, FEED NOVA SCOTIA continued to work with other community-based organizations to raise awareness of key issues that contributed to hunger in Nova Scotia in 2006-2007. In February, our executive director, Dianne Swinemar, addressed the Senate of Canada's Committee on Rural Poverty. In May, she was invited to speak to the Senate's Committee on Social Affairs/Science/Technology regarding poverty in large urban areas.

# **National Partnership**

As members of the Canadian Association of Food Banks (CAFB), we continued to play a national role in advocacy and policy development around hunger issues. Priority issues included advocating for a minimum wage that will pay enough to live and eat, facilitating affordable housing and increasing employment training opportunities.

# HungerCount

As a member of the CAFB, FEED NOVA SCOTIA once again provided provincial leadership for the annual HungerCount. A national survey of food bank use in Canada, the HungerCount is

a unique measure of assessing hunger in our province. The 2006 HungerCount revealed that, although food bank use was down slightly in Nova Scotia, the number of working Canadians using food banks increased last year. In addition, the number of children using food banks remained alarmingly high. In fact, one in three of those using food banks in Nova Scotia this past year was a child.

# **Central Registry**

Throughout 2006-2007, FEED NOVA SCOTIA's central database enabled us and our member agencies to better identify and respond to needs in the community, ensuring that people received the most appropriate support in the most timely manner.

# Phone Helpline

It is always that case that individuals with food needs face other related challenges. This was definitely true in 2006-2007. Those affected by hunger were also dealing with issues such as unemployment, disability, homelessness and mental health. For this reason, FEED NOVA SCOTIA's phone helpline continued to provide one-on-one telephone support and referral for callers seeking food and other kinds of assistance. Through this phone service, FEED NOVA SCOTIA staff and volunteers helped 14,540 callers in 2006-2007, offering practical assistance and life-changing support. They also offered a listening ear and lay counselling to those experiencing crisis situation and/or mental health challenges.



# Why were people hungry in Nova Scotia?\*

Most food bank users simply lacked the level of income they needed to cover all of their living expenses such as food, heat and rent. Of those who used food banks in Nova Scotia in 2006 ...

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- 62.9% relied on social assistance
- 10.8% received disability support
- 7.3% represented the working poor
- 6.5% received employment insurance
- 7.2% relied on pension income
- 2.1% received student loan/misc. income
- **3.2%** had no source of income \*based on the 2006 HungerCount

Sharing the Joy of Christmas

In December, 16,844 individuals enjoyed Christmas support made possible by FEED NOVA SCOTIA. Through FEED NOVA SCOTIA's Christmas Registry Program, thousands of families contacted us to identify their needs in hopes of being matched with one of approximately sixty community organizations, churches and charities offering special help during the 2006 Christmas season.

More than 4,578 households enjoyed a festive meal thanks to FEED NOVA SCOTIA's hamper program. Our Christmas hampers were stocked with delicious and nutritious vegetables and fruits donated by our local growers, chocolates donated by Herseys, and turkeys purchased by FEED NOVA SCOTIA. Our Member Agencies that participated in the Christmas program then shared these with the families that had applied for Christmas support.



In addition, FEED NOVA SCOTIA's Adopt-a-Family program brought Christmas joy to 423 families last year thanks to the help of hundreds of donors, the support of Purolator, and the efforts of Margo Duncan, a FEED NOVA SCOTIA volunteer coordinator. Through Adopt-a-family, donors were matched with families who were experiencing hardship. Special thanks to the families and businesses that purchased groceries, clothing and toys for participating families. Christmas morning was a whole lot brighter for 778 children and their parents because of the generosity and caring of our donors.



# Mining for Hope

The Men of the Deeps, North America's only coal miners' choir, was "mining for hope" in the summer of 2006 with a 40th anniversary tour in support of FEED NOVA SCOTIA. The "Mining for Hope" concert tour stopped in Pictou, Yarmouth, Halifax, Springhill and Dominion. Pictured here, executive director Dianne Swinemar joined the choir onstage for a heartwarming rendition of "Rise Again."



Events

Canstruction Nova Scotia® raised more than \$34,000 and 22,113 kgs (56,000+ cans) of food to help feed hungry people province-wide. Special thanks to founding partner Global Maritimes – and all of our other sponsors – without whose generous support this event wouldn't have been possible. Structures were displayed at Mic Mac Mall, Sunnyside Mall, Halifax Shopping Centre and at St. Francis Xavier University from October 26-28, 2006.









# **ChronicleHerald**

Holiday Parade of Lights

An unusually mild evening brought out record crowds for The Chronicle Herald's Holiday Parade of Lights in Halifax last November, and the generosity of those watching the parade was record-breaking as well. FEED NOVA SCOTIA volunteers collected food donations and financial gifts along the parade route.

More than 3,800 kilograms of food and \$18,641.48 in financial support was provided by parade spectators.

"We were just in awe of the public's outpouring of support that was offered at the Parade of Lights last holiday season," said Dianne Swinemar, FEED NOVA SCOTIA's executive director. "This level of donations at the parade was unprecedented, and we were so grateful for people's kindness and generosity."

Special thanks to our Holiday of Lights parade float sponsor Q104.



# CBC Food Bank Day

CBC's 2006 Food Bank Day raised an amazing \$42,239 for FEED NOVA SCOTIA in addition to 3001 kilograms of food. The all-day event also generated significant public awareness of FEED NOVA SCOTIA through live broadcasts aired throughout the day. The event's outstanding results went a long way toward helping FEED NOVA SCOTIA provide crucial supplies of food to local food banks and food programs throughout Nova Scotia last winter.

"I am always so impressed by the dedication and commitment of CBC's staff and volunteer team," said Dianne Swinemar, executive director of FEED NOVA SCOTIA. "We appreciated the generous support of and faithful dedication that CBC demonstrated to Nova Scotia's hungry through their Food Bank Day and through various other activities held throughout the year."

In recognition of the outstanding support offered through this event, CBC was nominated by FEED NOVA SCOTIA, and received, an Association of Fundraising Professionals Award for "Outstanding Special Event" in 2007.



CBC Food Bank Day raised \$42,239 and generated 3001 kilograms of food for Nova Scotia's hungry.



Events

# **NSGEU**

In 2006-2007, FEED NOVA SCOTIA recognized the Nova Scotia Government & General Employees Union (NSGEU) for three consecutive years of outstanding financial support.



# The Oldie Wed Game

On February 14, 2007, The Oldie Wed Game was held at the Westin Nova Scotian Hotel in support of FEED NOVA SCOTIA.

This signature event, held each year on Valentine's Day, played on the themes of the popular 1970s TV show, The Newlywed Game. This event raised approximately \$25,000 for FEED NOVA SCOTIA and our network of member agencies.

The Oldie Wed Game is well on its way to becoming a Valentine's Day tradition in the Halifax region. A special thanks to our presenting sponsor, Hoyt's Moving and Storage.



# 7th Annual Chair-a-tea Raised More than \$82,000

Our 7th Annual Chair-a-tea Dinner & Auction was well-attended, with lively bidding after dinner, including the chance to take home a tour of B.C. hotels, donated by Delta Hotels.

TD Canada Trust has been the presenting sponsor every year since "Chair-a-tea" began. Between the event's inception in 2000 and 2006, TD Canada Trust has provided more than \$100,000 in sponsorship support. Thanks in large part to TD's role, "Chair-a-tea" has grown significantly in revenue since its initial year and has raised \$411,500 since 2001.

Our online auction, which took place in the month preceding the event, was more successful in 2007 than ever before, drawing an increased number of bidders and visitors than previous years.

All together, including proceeds from sponsorship, table and ticket sales and online, silent and live auctions, just under \$82,000 was raised to support our food distribution efforts province-wide.



The Learning Kitchen

2006-2007 was the second year for our Learning Kitchen, an innovative skills-training program tailored to the needs of adults facing employment barriers. During the past year, the Learning Kitchen conducted three 14-week sessions, serving 32 students over the course of the year.

Students who graduated from the program developed hands-on experience in the fundamentals of food preparation, food safety and sanitation, kitchen systems and nutrition. They received national certification, and were well prepared to launch careers in the foodservice industry or to further their education in the culinary arts.

Throughout the course of their studies, students put their new skills to good use, giving back to their community by preparing between 140-200 meals each day for a local soup kitchen and a meal program.

Upon graduating, one student said, "We are leaving here ready to take on the world!" Another added, "The Learning Kitchen gave me the knowledge and experience needed to be able to use in a job setting, showing me the courage and determination I need to succeed."

# Our Graduates Said ...

"Now I have something positive to put on my resume. Future employers will see that I have been doing positive things to better myself."

"Before this program I never set goals for myself. Now my goal is to be a Red Seal Chef and eventually buy a house."

"Thanks for a wonderful opportunity. My life has really now begun!"

"I think this is an excellent program. I have gained more confidence and met people, learned to socialize, and I have gained self-esteem."

# Leaming Kitchen Students Give Back

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FEED NOVA SCOTIA's Learning Kitchen students prepared a delicious dinner to help honour our dedicated volunteers at our Annual Volunteer Dinner in April 2007.

Throughout the course of their studies, Learning Kitchen students gained cooking experience and gave back to the community, preparing between 140-200 meals each day to help those in need.

By creating opportunity for employment, the Learning Kitchen helped graduates escape the cycle of low incomes, poverty and hunger.



One of our Learning Kitchen Classes with our Learning Kitchen Chef and Project Manager.

# You have not lived until you have done something for someone who can never repay you." John Bungan

Our Volunteers

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# Our Volunteer Team in 2006-2007: Priceless

Someone once said, "Volunteers are not paid – not because they are worthless, but because they are priceless." It's true. Our volunteers are invaluable to FEED NOVA SCOTIA in our work. We couldn't begin to put a pricetag on what they accomplish for us. But we do know how many hours they served. In 2006-2007, our volunteers logged 43,280 hours, the equivalent of 22 full-time staff positions. That's nearly 4,000 hours more than the previous year. Thank you, volunteers!

Our volunteer team in 2006-2007 was diverse. It was made up of students and seniors, men and women, tradespeople and professionals. During the past year, our volunteers helped out with food collection and delivery on our fleet of vehicles, they sorted produce in the warehouse, they helped wrap gifts at the malls over the holidays and they marched in parades. They answered our phone helpline, impacting many lives for the better. They organized our "Adopt-afamily" program at Christmas, and they made events like Canstruction, Oldie-Weds and Chair-a-tea happen. Our 2006-2007 Volunteers Extraordinaire

PETER EGGENHEIZEN who logged the most volunteer hours overall in 2006-2007.

# MARGOT DUNCAN

who once again managed our Adopt-a-family program, helping 423 families during the holiday season.

# Hunger Awareness Day





food

FEED NOVA SCOTIA constructed this "Wall of Hunger" as part of our National Hunger Awareness Day activities on June 5, 2007. Each plate on the display told the story of a person or family affected by hunger in Nova Scotia, where more than 40,000 individuals rely on the support of a FEED NOVA SCOTIA member agency each month.



**100 Ways of Sharing!** Last February, Ainslee MacLeod's Primary Class celebrated the 100th day of the school year by bringing in a collection of 100 items from home to share with the class. Ainslee's idea went beyond sharing with the class. She collected 100 food items in her neighbourhood for FEED NOVA SCOTIA. "Other people don't have food and I love to help," said Ainslee. What a wonderful way to mark the 100th day! Ainslee is pictured here with her dad Tim MacLeod.



# Annapolis County

- •Annapolis Area Food Bank Society
- •Bridgetown & Area Food Bank
- Twelve Baskets Food Bank

# Antigonish County

•Antigonish Community Food Bank

# Cape Breton Regional Municipality

- •The AIDS Coalition of Cape Breton
- •C.A.W. Louisbourg Food Bank Society
- •Eskasoni Charity Society Food Bank
- Glace Bay & Area Food Bank Society
- •Loaves and Fishes Food Bank Society
- MicMac Benevolent Society (Sydney)
- Mount Carmel Parish SVDP Society
- •North Sydney Community Food Bank
- Salvation Army Family Services (Sydney)
- •St. Agnes SVDP Society
- •St. Stephen's Parish SVDP
- •St. Theresa's Food and Clothing Depot
- Sydney Mines Food Bank Society

# **Colchester County**

- •Colchester Food Bank Association
- MicMac Benevolent Society Truro

# **Cumberland County**

- •Amherst Food Assistance Network Association
- •Oxford & Area Food Bank Association
- Parrsboro & Area Food Bank
- Pugwash & Area Food Bank (Open Hamper)

# **Digby County**

- •Clare Food Bank
- Digby & Area Food Bank
- •Weymouth & Area Food Bank

# **Guysborough County**

- Canso & Area Food Bank Association
- Guysborough & Area Food Bank Society

# Halifax Regional Municipality

- •Adsum Centre for Women and Children
- •Adsum House
- Alcare Place
- •Alice Housing
- •A J Smeltzer Junior High School Breakfast program
- Ark Outreach
- Bayers Westwood Family Centre
- Bayers Westwood Resident's Association Food Bank
- •Beacon House Interfaith Society
- •Beechville, Lakeside, Timberlea Food Bank
- Bicentennial School Breakfast Program (until Oct/06)
- Boys & Girls Club of Dartmouth (until Oct/06)
- •Brunswick Street Mission Breakfast Program
- •Brunswick Street Mission Food Bank
- Caledonia Junior High School
- •Canadian Mental Health Assoc. (Caring & Sharing) Halifax Branch
- Canadian Mental Health Assoc. Dart. Branch (Among Friends)
- Caring & Sharing Angel Tree
- •Christ Church Food & Clothing Ministry
- •City Church Hope Ministries Food Bank
- •Clayton Park Junior High FLEC
- •Cole Harbour/Woodside United Church Food Bank
- Communities And Uniacke Square Engaging (CAUSE)
- Connections Clubhouse
- Coverdale Centre
- Cunard Learning Centre
- Dalhousie Student Union Food Bank
- Dartmouth First Baptist Food Bank
- Dartmouth Forsythe Centre FLEC
- Dartmouth Family Centre
- David's Place
- Duc d'Anville Elementary School Breakfast Program (until Oct/06)
- East Dartmouth Boys & Girls Club (until Oct/06)
- East Dartmouth Christian Food Bank

# Our Member Agencies

- Eastern Shore Volunteer Food Bank
- Elizabeth Fry Society
- •Emmanuel Anglican Church Food Bank
- Feeding Others of Dartmouth Margaret House
- •FLEC Bedford Highway
- FLEC Clayton Park Junior High (until Oct/06)
- Freedom Foundation of Nova Scotia
- Gateway Community Church
- Greystone Drive Tenant's Association
- Halifax Transition House Association Bryony House
- Harbourview School Breakfast Program (until Oct/06)
- •Helping Hands Food Bank Church of the Holy Spirit
- Highland Park Junior High School
- Hillside Park Elementary Breakfast Program (until Oct/06)
- •Impact Ministries Church Food Bank
- J.L.IIsley High School Teen Centre
- John Martin Junior High School Breakfast Program
- Joseph Howe School Breakfast Program (until Oct/06)
- •The Laing House Association
- •Lake Echo Community Food Bank

# LGB Youth Project

- •Lockview High School Breakfast Program
- •Mainline Needle Exchange
- Manna for Health
- •The Marguerite Centre
- Marine Communities Food Bank Society
- •Metro Non-Profit Housing Assoc. Dartmouth
- Metro Turning Point
- MicMac Friendship Society
- Mount Saint Vincent University Student's Union Food Bank
- Mulgrave Park Tenants Association
- •New Life Christian Church Breakfast Program
- •North Dartmouth Outreach Resource Society
- Parent Resource Centre (Dartmouth)
- Pendleton Place Emergency Shelter
- Phoenix Youth Programs (3) Shelter, Drop-in Centre and Residence
- Prince Andrew High School Youth Health Centre Food for Thought Breakfast Program
- Prince Arthur Junior High Breakfast Program
- Rainbow Food Bank
- Salvation Army Booth Centre



# feed Our Member Agencies

# Halifax Regional Municipality (cont.)

- Salvation Army Family Services (2) - Halifax /Dartmouth
- Salvation Army Emergency Bus
- Shannon Park School Breakfast Program (until Oct/06)
- •St. Agnes Junior High School Breakfast Program
- •St. Andrew's Church Supper Program
- •St. George's YouthNet
- •St. James United Church Food Bank
- •St. John's Westphal Food Bank
- •St. Leonard's Society Barry House
- St. Margaret's Bay Food Bank
- •St. Mark's Food Bank
- •St. Matthew's United Church Breakfast Program
- •St. Patrick's High School Breakfast Program
- St. Patrick's High School Youth Pathways & Transitions
- •St. Pat's-Alexandra School Breakfast Program
- •St. Pat's-Alexandra School FLEC
- •St. Paul's Family Resources Institute Inc.
- •St. Vincent de Paul, St. Paul's Windmill Road
- •St. Vincent de Paul, St. Clement's Gaston Road
- •The Stepping Stone Association
- Student Union of Nova Scotia College of Art & Design
- •Victoria Road Baptist Church Food Bank
- •YMCA Community Youth Program

# Hants County

- Hants North Community Food Bank
- •Indian Brook Food Bank
- Shumilacke Food Bank Society
- •Windsor & District Food Bank

# **Inverness County**

- Port Hawkesbury Food Bank Society
- Port Hood Food Bank SVDP

# **Kings** County

- •Berwick Interfaith Food Bank
- •Canning Area Food Bank
- Fundy Interchurch Food Bank
- •Hantsport & Area Community Food Bank
- Upper Room Food Bank Association
- •Wolfville Area Interchurch Council Food Bank

# Lunenburg County

- •Bridgewater Interchurch Food Bank
- Bridgewater Elementary School Breakfast Program
- •Lunenburg Interchurch Food Bank
- Lighthouse Food Bank Society
- •New Germany & Area Food Bank
- South Shore Family Resource Association
- Food for Thought Breakfast Program Bridgewater

# Pictou County

- Pictou West Food Bank
- Pictou County (East) Food Bank

# **Queens County**

- MicMac Benevolent Society Liverpool
- •Queen's County Food Bank

# **Richmond County**

•St. Louis Community Services Committee SVDP

# Shelburne County

• Shelburne Loyalist Food Bank

# Victoria County

- Barra Food Bank Society
- •Helping Hands South of Smokey Society -Baddeck
- •Eskasoni Charity Society Food Bank

# Yarmouth County

• Yarmouth Food Bank Society

# 2006-2007 Members Council

Edward (Ted) Cogan, Antigonish Community Food Bank • Emile Fournier, Twelve Baskets Food Bank • Alma Furneaux, Beacon House Interfaith Society • Jan Keats, Salvation Army Family Services - Halifax • Marcel Miron, C.A.W. Louisbourg Food Bank Society

> Joseph Sullivan, Guysborough & Area Food Bank Society

# LYLE TILLEY DAVIDSON

Chartered Accountants



# AUDITOR'S REPORT

# To the board of directors of Metro Food Bank Society - Nova Scotia (operating as FEED NOVA SCOTIA)

We have audited the statement of financial position of **Metro Food Bank Society - Nova Scotia** (operating as FEED NOVA SCOTIA) as at June 30, 2007 and the statements of revenue and expenditures, changes in net assets and cash flow for the year then ended. These financial statements are the responsibility of the society's management. Our responsibility is to express an opinion on these financial statements based on our audit.

Except as explained in the following paragraph, we conducted our audit in accordance with Canadian generally accepted auditing standards. Those standards require that we plan and perform an audit to obtain reasonable assurance whether the financial statements are free of material misstatement. An audit includes examining, on a test basis, evidence supporting the amounts and disclosures in the financial statements. An audit also includes assessing the accounting principles used and significant estimates made by management, as well as evaluating the overall financial statement presentation.

In common with many charitable organizations, the Society derives revenue from the general public in the form of donations, the completeness of which is not susceptible to satisfactory audit verification. Accordingly, our verification of these revenues was limited to amounts recorded in the books of the Society, and we were not able to determine whether any adjustments might be necessary to revenues, excess of revenues over expenditures, assets and fund balances. In addition, the Society receives donated goods and services, as disclosed in Notes 11 and 12 to the financial statements, which are not susceptible to satisfactory audit verification and, consequently, have not been recorded in the books of the Society.

In our opinion, except for the effect of adjustments, if any, which we might have determined necessary had we been able to satisfy ourselves concerning the completeness of the donation revenue received from the general public and for the effect of adjustments for donated goods and services, referred to in the preceding paragraph, these financial statements present fairly, in all material respects, the financial position of the society as at June 30, 2007 and the results of its operations and cash flow for the year then ended in accordance with Canadian generally accepted accounting principles.

Jage Silly Derdin

# CHARTERED ACCOUNTANTS

Halifax, Nova Scotia

August 8, 2007

101 Ilsley Avenue, Unit 7 Dartmouth, Nova Scotia B3B 1S8 Tel: 902.468.2688 Fax: 902.468.5966

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# METRO FOOD BANK SOCIETY - NOVA SCOTIA (operating as FEED NOVA SCOTIA) STATEMENT OF FINANCIAL POSITION

as at June 30, 2007

	2007	2006
ASSETS (note 6)		
GENERAL FUND		
Cash and short-term investments (note 3)	\$ 317,466	\$ 80,786
Accounts receivable	28,892	78,076
HST recoverable	21,183	20,175
Prepaid expenses	27,217	17,457
	394,758	196,494
CAPITAL FUND		
Capital assets (note 5 and 6)	760,625	835,879
BEQUEST FUND (note 4)	10,000	10,000
	\$ 1,165,383	\$ 1,042,373
	φ 1,100,000	φ 1,012,010
LIABILITIES		
GENERAL FUND		<b>A</b>
Bank indebtedness (note 6)	\$ 145,933	\$ -
Accounts payable and accrued liabilities	184,647	149,454
Legacy project (note 7)	26,152	18,956
Deferred revenue Major gift campaign	37,224	18,932 22,200
	393,956	209,542
	<u> </u>	·
CAPITAL FUND Deferred contributions - capital campaign (note 8) Deferred revenue	327,424	358,600
Property acquisition (note 9)	76,613	79,805
Department of Community Services capital grant (note 9)	131,324	184,112
Long-term debt (notes 6 and 10)	110,741	128,372
	646,102	750,889
NET ASSETS		
	444 500	04.000
	114,523	84,990
BEQUEST FUND GENERAL FUND	10,000 802	10,000 (13,048)
	· · · · · · · · · · · · · · · · · · ·	
	125,325	81,942

Director Tanie MAL Director

# METRO FOOD BANK SOCIETY - NOVA SCOTIA (operating as FEED NOVA SCOTIA) STATEMENT OF REVENUE AND EXPENDITURES

for the year ended June 30, 2007

	2007	2006
DONATED FOOD (note 11)	\$16,613,603	\$14,749,248
DISTRIBUTION OF FOOD TO MEMBERS (note 11)	16,613,603	14,749,248
REVENUE (schedule 1)	2,023,992	2,072,355
EXPENDITURES		
Food solicitation and distribution- Amortization of motor vehicles Food purchases Garbage collection Salary and benefits Supplies Telephone Training and development Motor vehicle	65,657 105,069 61,169 484,231 25,457 7,894 2,331 192,399	69,051 99,354 36,986 428,450 20,697 8,427 83 161,378
Advocacy and client services/membership support- Membership meeting expenses Office and printing Salary and benefits Telephone Client support and outreach Research and program development	944,207 1,239 1,616 225,138 331 9,116 -	- 1,022 227,646 691 11,778 29,637
Learning kitchen	<u>119,657</u> 357,097	<u> </u>
ADMINISTRATIVE (Schedule 2)	432,433	355,845
OCCUPANCY (Schedule 2)	82,899	69,493
RESOURCE DEVELOPMENT AND COMMUNICATIONS (Schedule 2)	129,963	98,365
REDIRECTED DONATIONS	34,010	46,946
	1,980,609	1,771,676
NET EARNINGS FOR THE YEAR	\$ 43,383	\$ 300,679

# METRO FOOD BANK SOCIETY - NOVA SCOTIA (operating as FEED NOVA SCOTIA) STATEMENT OF CHANGES IN NET ASSETS for the year ended June 30, 2007

						 2007		2006
	 Capital Fund	(	General Fund	E	Bequest Fund	Total		Total
NET ASSETS - BEGINNING OF YEAR	\$ 84,990	\$	(13,048)	\$	10,000	\$ 81,942	\$ (	218,737)
Excess (deficiency) of revenue over expenditures for the year Transfers from general fund -	(13,165)		56,548		-	43,383		300,679
Capital asset purchases Repayment of long-term debt	 25,067 17,631		(25,067) (17,631)		-	-		-
UND BALANCES - END OF YEAR	\$ 114,523	\$	802	\$	10,000	\$ 125,325	\$	81,942

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# METRO FOOD BANK SOCIETY - NOVA SCOTIA (operating as FEED NOVA SCOTIA)

STATEMENT OF CASH FLOW

for the year ended June 30, 2007

		2007		2006
CASH FLOW FROM OPERATING ACTIVITIES				
Revenue over expenditures for the year Adjustments for:	\$	43,383	\$.	300,679
Amortization		100,321		104,769
Amortization of deferred revenue	·	(87,156)	_	(88,689)
		56,548		316,759
Changes in non-cash working capital: Accounts receivable		49,184		(67,486)
HST recoverable		(1,008)		11,557
Prepaid expenses		(9,760)		(2,438)
Accounts payable and accrued liabilities		35,193		30,076
Deferred revenue - legacy project		7,196		(4,825)
Deferred revenue - other		18,292		18,932
Deferred revenue - Major gift campaign		(22,200)		22,200
		133,445		324,775
CASH FLOW FROM FINANCING ACTIVITIES				
Term deposit - capital fund		_		99,049
Bank indebtedness advances (repayment)		145,933		(208,876)
Repayment of long-term debt		(17,631)		(16,877)
		128,302		(126,704)
CASH FLOW FROM INVESTING ACTIVITIES	·			
Purchase of capital assets		(25,067)		(117,285)
INCREASE IN CASH DURING THE YEAR		236,680		80,786
CASH AND SHORT-TERM INVESTMENTS - BEGINNING OF YEAR		80,786		_
CASH AND SHORT-TERM INVESTMENTS - END OF YEAR	\$	317,466	\$	80,786
Interest paid on long-term debt	\$	6,598	\$	8,671
Cash and short-term investments consists of:				
Cash	\$	26,034	\$	52,664
Short-term investments	Ψ	291,432	Ψ	28,122
	\$	317,466		80,786

# **1. DESCRIPTION OF ORGANIZATION**

Metro Food Bank Society - Nova Scotia is a charitable organization which accepts, collects and distributes food and food related products to member agencies for distribution to needy families, and provides support services for self-help initiatives. It commits itself to work in partnership with the community to enhance human dignity, by eliminating chronic hunger and alleviating poverty in the Province of Nova Scotia. The main fundraising activities of the Society occur in December each year and the cash raised is mainly utilized to fund operations throughout the year.

On February 28, 2005 the Society registered FEED NOVA SCOTIA as its operating name.

The Society is a registered charity for income tax purposes and is, therefore, not required to pay tax under the Income Tax Act.

### 2. ACCOUNTING POLICIES

#### Revenue recognition

Fundraising, unrestricted grants, donations, and other revenues are recognized when received by the Society. Restricted contributions are deferred and amortized to income over the period of time to which they relate. Donated food revenue is recognized at the time the food is distributed to the Society's members.

#### Donated food

Donated food and its subsequent distribution to members is valued based on managements best estimate determined using an average cost per kilogram for donated food.

#### Cash

Cash (bank indebtedness) is represented by amounts held on deposit, or overdraft positions, with financial institutions.

#### Capital assets

Capital assets are recorded at cost, and are amortized using the declining balance method at the annual rate of 4% for buildings, 8% for pavement, 20% for equipment and 30% for vehicles and computers.

Amortization is calculated at one-half of the normal annual rate in the year of acquisition; no amortization is recorded in the year of disposal.

# Use of estimates

The preparation of financial statements in conformity with Canadian generally accepted accounting principles requires the society's management to make estimates and assumptions that affect the amounts reported in the financial statements and related notes to the financial statements. Actual results may differ from these estimates.

#### **Financial instruments**

Unless otherwise indicated, it is management's opinion that the society is not exposed to significant interest, currency or credit risks arising from their various financial instruments. The fair value of these financial instruments approximates their carrying value, unless otherwise noted.

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# 2. ACCOUNTING POLICIES (continued)

#### Government and other capital assistance

Government assistance and other capital assistance to capital assets is deferred and amortized to earnings on the same basis as the related asset.

# **3. SHORT-TERM INVESTMENTS**

The short-term investments consist of three guaranteed invesment certificates in the amounts of \$51,478, \$215,545 and \$24,410 with interest rates of 3.25%, 3.75% and 2.85%. The certificates mature at various times between August and December 2007.

### 4. BEQUEST FUND

The annual income from the bequest fund may be used for operations but the capital, in the amount of \$10,000, can be used only upon the specific direction of the Board of Directors. As at June 30, 2007, the restricted cash is held in the form of Guaranteed Investment Certificates with an interest rate of 3.45%.

# 5. CAPITAL ASSETS

	<b></b>	2007		2006
	Cost	Accumulated amortization	Net	Net
Land Buildings	\$ 120,640 548,123	\$- 151,174	\$ 120,640 396,949	\$ 120,640 413,489
Motor vehicles	406,692	253,490	153,202	218,859
Computers	28,244	11,796	16,448	4,361
Equipment	229,833	173,193	56,640	60,328
Paving	30,019	13,273	16,746	18,202
	\$ <u>1,363,551</u>	\$ 602,926	\$ 760,625	\$ 835,879

#### 6. SECURITY FOR INDEBTEDNESS

#### (a) Bank indebtedness

FEED NOVA SCOTIA has access to an operating credit line of \$175,000 which has interest calculated at the banks prime lending rate from time to time and is secured by a general security agreement with a specific charge over motorized serial numbered assets with replacement cost, insurance coverage, loss, if any, repayable to the bank. The balance outstanding at year end was \$145,933.

#### (b) Long-term debt

The Halifax Regional Municipality loan is secured by a first charge over the land and building, subject to conditions in note 9, having a net book value of \$517,589

The GMAC vehicle loan is secured by a vehicle having a net book value of \$6,474.

# 7. LEGACY PROJECT

In 2003, FEED NOVA SCOTIA partnered with the Halifax Regional Municipality (HRM) and the Victoria Park Legacy Project to restore Victoria Park in Halifax, Nova Scotia. Revenues are derived from the individual purchases of bricks which will be used in the restoration of the park. Minimal expenses have been incurred. Revenue will be deferred until such time that the culmination of the earnings process has taken place. An amount of \$200,000 is to be paid to HRM for related construction costs incurred from revenues generated by the project. A total of \$93,000 has been paid to the HRM leaving an outstanding balance of \$107,000.

# 8. DEFERRED CONTRIBUTIONS - CAPITAL CAMPAIGN

Deferred contributions - capital campaign represents the amount of donations received for the purchase of capital assets less capital campaign expenses and the amortization of net capital campaign contributions to date. Details of the deferred contributions - capital campaign balance are as follows:

	2007	2006
Capital campaign contributions Less: Capital campaign expenditures Amortization	\$ 653,922 (138,897) (187,601)	\$  653,922 (138,897) (156,425)
	<u>\$ 327,424</u>	\$ 358,600

# 9. DEFERRED REVENUE

#### **Property acquisition**

In 1998, the Halifax Regional Municipality approved the sale of 213-217 Bedford Highway to the Society. The property was recorded as a capital asset of the Society at the appraised value of \$290,000. Deferred revenue of \$108,750 was the portion of the purchase price which will be forgiven by the Halifax Regional Municipality. The Society is amortizing the deferred revenue to income on the same basis as the amortization of the property. The Municipality holds a loan over the property for the remaining amount outstanding. Title of the property will be conveyed to the Society when the loan is extinguished.

The Province of Nova Scotia has also granted an amount of \$108,750 that will be payable to the Society over a 15 year period to assist the Society in paying for the property. Interest at the Municipality's cost of borrowing will also be granted to the Society by the Province of Nova Scotia over a 15 year period.

#### Department of Community Services capital grant

In 2005 FEED NOVA SCOTIA received a one time grant of \$275,000 from the Department of Community services which is to be used for the immediate capital equipment needs of the society. During the year \$52,790 of amortization was recorded.

# **METRO FOOD BANK SOCIETY - NOVA SCOTIA** (operating as FEED NOVA SCOTIA) NOTES TO FINANCIAL STATEMENTS

for the year ended June 30, 2007

10. LONG-TERM DEBT		2007	2006
Halifax Regional Municipality loan, bearing interest at 6.75% repayable in blended monthly installments of \$1,594, until August 2014.	•	\$ 108,734	\$ 121,546
GMAC vehicle loan, non-interest bearing, repayable in monthly principal installments of \$401, until November 2007.	ŕ.,	2,007	6,826
		<u>\$ 110,741</u>	\$ 128,372

The aggregate amount of principal payments required in each of the next five years to meet retirement provisions are as follows:

Year ending June 30, 2008	\$	14,388
2009		13,216
2010		14,108
2011		15,060
2012		16,077

# **11, FOOD DONATIONS**

Donated food revenue is calculated as follows:

	2007	2006	
Estimated value of food donated during the year Estimated food inventory-beginning of year Estimated food inventory-end of year	\$17,020,652 880,383 (1,287,432)	\$14,627,724 1,001,907 (880,383)	
	\$16 613 603	\$14 749 248	

Since the food is donated to members, the inventory has no net realizable value. Therefore, in accordance with generally accepted accounting principles, inventory has not been recorded as an asset in the statements of the Society.

### **12. DONATED SERVICES**

Volunteer hours representing fundraising, special events, administrative and warehouse activity for the year ended June 30, 2007 were 43,280 (2006 - 39,375). The value of these services are not reflected in these financial statements.

# **13. COMMITMENTS**

The aggregate annual payments under long-term equipment leases expiring at various times until 2012 are as follows:

Year ending June 30, 2008	\$ 10,233
2009	9,783
2010	6,080
2011	5,988
2012	5,988

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# **14. COMPARATIVE FIGURES**

Certain of the comparative figures have been reclassified to conform with the current year's financial statement presentation.

# METRO FOOD BANK SOCIETY - NOVA SCOTIA (operating as FEED NOVA SCOTIA) SCHEDULE OF REVENUE for the year ended June 30, 2007

	2007	2006
FUNDRAISING EVENTS	<u>\$ 821,379</u>	\$ 832,353
EXPENDITURES RELATED TO FUNDRAISING		
Advertising and special events Postage Printing Salaries and benefits Training and development	82,197 24,881 37,449 117,119	87,454 21,105 36,521 117,565 431
	261,646	263,076
NET FUNDRAISING REVENUE	559,733	569,277
DONATIONS	917,826	815,450
UNRESTRICTED BEQUESTS	215,750	37,066
GRANTS	255,596	555,127
OTHER	75,087	95,435
	\$ 2,023,992	\$ 2,072,355

Schedule 2

# METRO FOOD BANK SOCIETY - NOVA SCOTIA (operating as FEED NOVA SCOTIA) SCHEDULE OF EXPENDITURES for the year ended June 30, 2007

		2007	 2006
DMINISTRATIVE			
Advertising	\$	750	\$ 1,078
Amortization of office equipment		16,668	16,905
Directors' liability insurance		1,653	1,402
Equipment leases		7,555	5,550
Information technology		2,533	3,82
Interest and bank charges		14,474	14,84
National and local meetings		3,202	 4,28
Memberships		2,032	1,55
Office and stationery		16,750	9,95
Postage		9,503	8,70
Printing		1,300	60
Professional fees		4,816	9,80
Salary and benefits		328,042	257,93
Telephone		15,334	15,99
Training and development		2,127	97
Volunteer program	. <u></u>	5,694	 2,44
	\$	432,433	\$ 355,84
compolar contributions	¢	(13 178)	\$ (12.36)
campaign contributions Building repairs and maintenance Building services Heat Insurance Mortgage interest Power Safety Snow removal	\$	(13,178) 13,943 15,746 23,292 5,777 6,598 22,090 654 7,977	\$ (12,36 11,75 11,30 18,53 6,25 8,67 19,63 - - 5,70
Building repairs and maintenance Building services Heat Insurance Mortgage interest Power Safety	\$\$	13,943 15,746 23,292 5,777 6,598 22,090 654	\$ 11,75 11,30 18,53 6,25 8,67 19,63 - 5,70
Building repairs and maintenance Building services Heat Insurance Mortgage interest Power Safety Snow removal	· · ·	13,943 15,746 23,292 5,777 6,598 22,090 654 7,977	11,75 11,30 18,53 6,25 8,67 19,63 - 5,70
Building repairs and maintenance Building services Heat Insurance Mortgage interest Power Safety Snow removal	\$	13,943 15,746 23,292 5,777 6,598 22,090 654 7,977 82,899	\$ 11,75 11,30 18,53 6,25 8,67 19,63 - 5,70 69,49
Building repairs and maintenance Building services Heat Insurance Mortgage interest Power Safety Snow removal ESOURCE DEVELOPMENT AND COMMUNICATIONS Advertising and promotion	· · ·	13,943 15,746 23,292 5,777 6,598 22,090 654 7,977 82,899	11,75 11,30 18,53 6,25 8,67 19,63 - 5,70 69,49
Building repairs and maintenance Building services Heat Insurance Mortgage interest Power Safety Snow removal SOURCE DEVELOPMENT AND COMMUNICATIONS Advertising and promotion Donor recognition	\$	13,943 15,746 23,292 5,777 6,598 22,090 654 7,977 82,899 4,004 173	\$ 11,75 11,30 18,53 6,25 8,67 19,63 - 5,70 69,49 5,40 31
Building repairs and maintenance Building services Heat Insurance Mortgage interest Power Safety Snow removal SOURCE DEVELOPMENT AND COMMUNICATIONS Advertising and promotion Donor recognition Events	\$	13,943 15,746 23,292 5,777 6,598 22,090 654 7,977 82,899 4,004 173 983	\$ 11,75 11,30 18,53 6,25 8,67 19,63 - 5,70 69,49 5,40 31 1,22
Building repairs and maintenance Building services Heat Insurance Mortgage interest Power Safety Snow removal SOURCE DEVELOPMENT AND COMMUNICATIONS Advertising and promotion Donor recognition Events Publications	\$	13,943 15,746 23,292 5,777 6,598 22,090 654 7,977 82,899 4,004 173 983 1,715	\$ 11,75 11,30 18,53 6,25 8,67 19,63 - 5,70 69,49 5,40 31 1,22 3,14
Building repairs and maintenance Building services Heat Insurance Mortgage interest Power Safety Snow removal Source Development AND communications Advertising and promotion Donor recognition Events Publications Salaries and benefits	\$	13,943 15,746 23,292 5,777 6,598 22,090 654 7,977 82,899 4,004 173 983 1,715 122,654	\$ 11,75 11,30 18,53 6,25 8,67 19,63 - 5,70 69,49 5,40 31 1,22 3,14 88,33
Building repairs and maintenance Building services Heat Insurance Mortgage interest Power Safety Snow removal SOURCE DEVELOPMENT AND COMMUNICATIONS Advertising and promotion Donor recognition Events Publications	\$	13,943 15,746 23,292 5,777 6,598 22,090 654 7,977 82,899 4,004 173 983 1,715	\$ 11,75 11,30 18,53 6,25 8,67 19,63 - 5,70 69,49 5,40 31 1,22 3,14