

*A year in action*

**Annual Report**

07/08



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## Board of Directors

07/08

John Drish, Board Chairperson  
Nova Scotia Community College

Sheila Blair-Reid  
Metro Guide Publishing

Jeremy Jackson  
Killam Properties Inc.

Ronald L'Esperance, Vice Chairperson  
CFN Consultants (Atlantic) Inc.

Steve Lewin  
Purolator Courier Ltd.

Fraser MacFadyen, Past Chairperson  
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Boris Mirtchev, Secretary  
Hamachi House Fine Japanese Cuisine

Blake Patterson, Treasurer  
Blake Patterson Inc.

David Miller, Honorary Member  
PriceWaterhouseCooper LLP

Debbie Smith, Member Agency Representative  
South Shore Family Resource Association

Alma Furneaux, Member Agency Representative  
Beacon House Interfaith Society

Dianne Swinemar, Designated agent of society  
Executive Director, FEED NOVA SCOTIA



John Drish, Board Chair  
Dianne Swinemar, Executive Director

## Report from the Board Chairperson

As we end our fiscal year, it is once again time to reflect on our organization, our mission, and how we have met the challenges of our immediate goal to feed hungry people.

FEED NOVA SCOTIA had a very productive year this past fiscal year. We distributed almost 2,000,000 kilograms of food worth in excess of \$14,000,000 throughout our region. With the support of our 150 Member Agencies, we delivered food to over 40,000 people each month.

Despite dramatic increases in the cost of living, our donors continue to support FEED NOVA SCOTIA. Although our overall revenue through fundraising was down from last year, our top 30 donors increased their contributions in excess of 425,000 kilograms of food over the previous year. A special thank you to all of our donors; it is important that, as a community, we continue this positive momentum.

There are still tens of thousands of Nova Scotia families who rely on the generosity of our community and the work of our Member Agency food banks, shelters, soup kitchens and lunch programs. It is hard to believe that one in every third person benefiting from those programs is a child.

Our 36 staff members deserve special thanks as they generously volunteer time over and above their required duties each month. We also have over 600 volunteers from the community without whom we could not function as effectively as we do. Thank you also to our board members who give so generously of their time and knowledge to help FEED NOVA SCOTIA in it's work.

Clients, Member Agencies, the board of directors, fundraising, promotion; at the centre of all this is Executive Director Dianne Swinemar. Throughout the years Dianne has provided the leadership and vision necessary for the success of, and the vision necessary for the future of, FEED NOVA SCOTIA. Dianne understands the needs of our clients and she works tirelessly on their behalf. FEED NOVA SCOTIA is not her job, it's her calling. We are truly blessed as an organization, and as a community at large, to have Dianne Swinemar as our driving force. Thank you Dianne.

The ultimate goal of FEED NOVA SCOTIA is to eliminate chronic hunger and alleviate poverty. We will continue to move forward to advocate for systemic change that will help this come to pass. In concert with our Member Agencies we work to feed hungry people. All of us together, the community, our Member Agencies, staff and volunteers must keep moving forward to help our fellow neighbours rise above poverty.

We look forward to being able to do more in 2008-2009. With your continued support, that will happen.



John Drish, Board Chairperson

## MESSAGE FROM THE EXECUTIVE DIRECTOR

Many Nova Scotians will remember 2008 as being a very difficult year. Rising fuel prices, home heating costs and rising food costs are among the worries that many people have on their minds as we approach winter. As Atlantic Canadians we are well acquainted with adverse times, but time and time again we pull through. The heart and soul of our culture is that we work together in times of need and are able to rise above challenges and become even stronger than before.

Every day at FEED NOVA SCOTIA we rise to the challenge of fighting chronic hunger. This summer, when our food stocks were running dangerously low, our team of staff and volunteers worked overtime to get the word out to the community. The community responded by rallying together to fill our shelves.

After 24 years in operation, I am continually proud of and buoyed by the community support given to FEED NOVA SCOTIA. This past fiscal year alone, we had over 600 volunteers without whom we could not have survived. Our volunteers are committed to ending chronic hunger and whether they are sorting food donations or working on data entry, their commitment to FEED NOVA SCOTIA and the community at large is nothing short of extraordinary.

We are blessed to have such a committed and hard working Board of Directors, each of whom continually acted on behalf of FEED NOVA SCOTIA, promoting a strong force in ending chronic hunger and enacting change in the community. Our Board of Directors, led by our Board Chairperson, John Drish, guided us through our highs and lows, provided expert advice and rallied beside us to engage the community at large.

Last, but certainly not least, are the staff members of FEED NOVA SCOTIA who worked day in and day out on behalf of our cause. To our staff, FEED NOVA SCOTIA is not a job, it is a mission. Our staff proves every day that when we commit ourselves to a cause, there are no limitations. Through innovative ideas, countless volunteer hours and a positive "can do" attitude, the staff of FEED NOVA SCOTIA has proven to be an invaluable resource in our commitment to change.

It is no secret that we live in a global economy and that no one entity or government has total control over society's problems. In truth, we all have a role to play in eliminating poverty and hunger in Nova Scotia; it is up to each of us to care for our neighbours – to lift their burdens and to bring about change – one day at a time. With tens of thousands of Nova Scotians still accessing food banks each month and over one third of them continuing to be children, 2008 will be remembered by generations to come as the year we, at FEED NOVA SCOTIA, were committed to ending chronic hunger in our communities, our province and our country with a stronger resolve than ever before.



Dianne Swinemar, Executive Director

## SISTERS OF CHARITY AWARD

The Sisters of Charity present this award each year to a Nova Scotia community member who personifies the qualities of their founder, Saint Elizabeth Ann Seton. Recipients are nominated for their dedication to serving those in need, physically, emotionally, and spiritually. They contribute in their daily life to the betterment of society in Nova Scotia; and they give evidence of a spirit consonant with the values of the Sisters of Charity.

Dianne Swinemar is well-known across the province as a tireless advocate for the poor. As Executive Director of FEED NOVA SCOTIA, she is responsible for the overall operation of the organization which currently feeds more than 40,000 Nova Scotians every month. She also takes every opportunity to educate others on the struggles of the poor, the hungry and the disadvantaged, whether that's talking to an elementary school group or lobbying government.

Under Dianne's leadership, what was originally an emergency food program supporting metro area food banks, has become a network of 150 agencies province-wide. Its volunteer base has grown from 55 to over 600.



## NOVA SCOTIA HUNGER FACTS RELEASED NOVEMBER 2007

In 2007 the average number of people per month using our Member Agency food banks was 18,417. This figure is 12% higher than ten years ago. The number rises to more than 40,000 people per month when factoring in those individuals who rely on food from shelters, meal programs, and drop-in centres serviced by FEED NOVA SCOTIA.

During the same time period 6,372 children on average per month benefitted from using food bank services in Nova Scotia; however this does not include children receiving food from shelters, meal programs and drop-in centres.

The National HungerCount indicates that recipients of food from FEED NOVA SCOTIA's Member Agencies include:

people with no income 5%

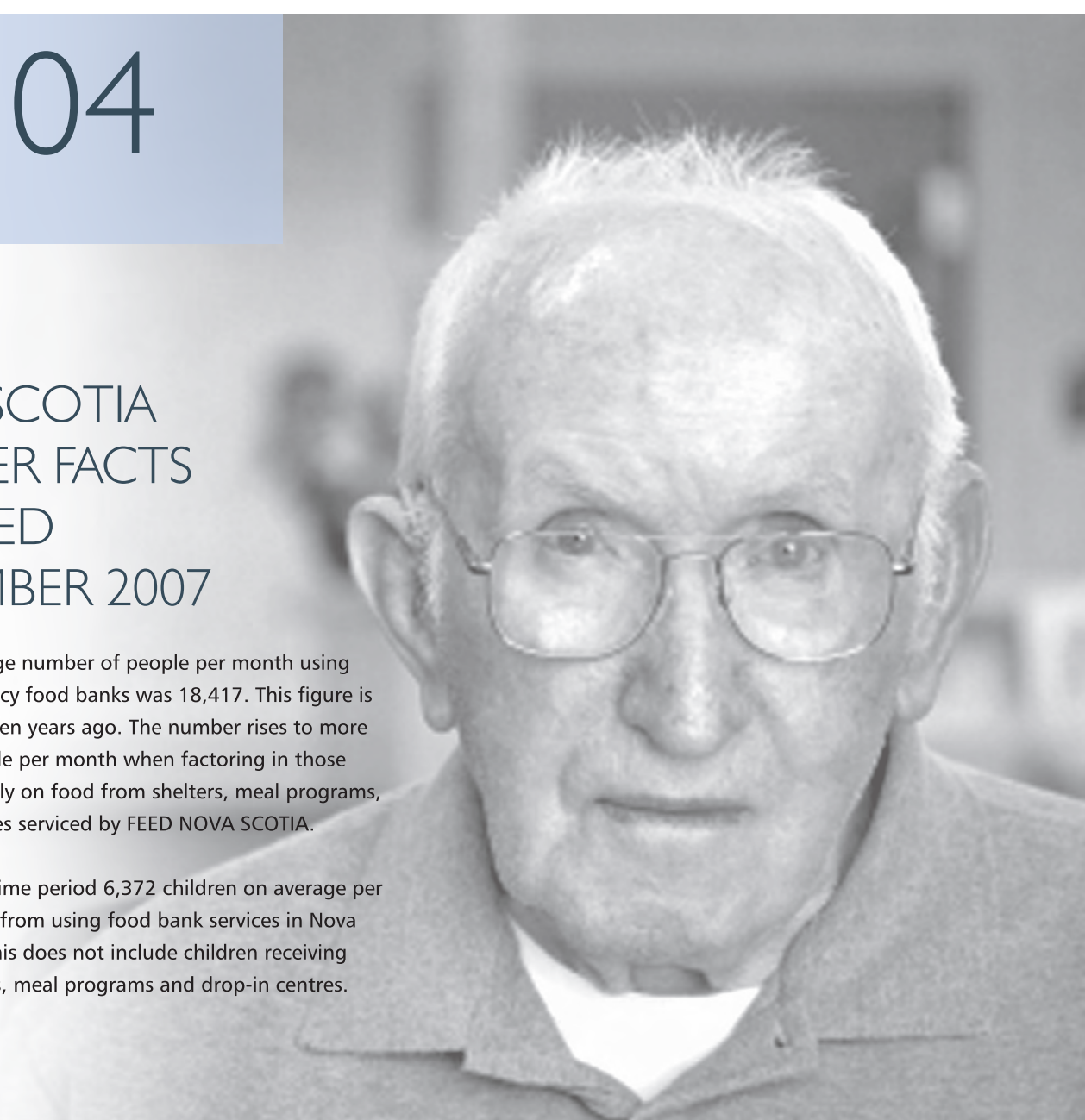
pensioners 10%

working poor 10%

individuals with disabilities 13%

individuals & families living on social assistance 54%

people with other income 8%



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## HOW ARE WE MEETING THE NEED?

- In 2007-2008 FEED NOVA SCOTIA distributed 1.8 million kilograms of food to hungry people throughout Nova Scotia. The food was valued at \$14.4 million.
- Our helpline volunteers answered 11,772 calls last year offering food assistance and other help with practical needs such as rent, power, housing, employment training and emotional needs.
- We implemented a toll free number for the use of our members outside of Halifax Regional Municipality to better assist with their needs.
- FEED NOVA SCOTIA hosted 4 major fundraising events plus participated in 232 third party food and fund raising events during 2007-2008.
- We conducted continuous volunteer recruitment efforts resulting in over 600 volunteers who assist us in every aspect of our work. Total volunteer hours logged: 37,587 hours.
- In 2007-2008, our Culinary and Life Skills training program, The Learning Kitchen, graduated 18 students giving them the opportunity to gain the skills they needed to escape the vicious cycle of poverty and obtain employment in the food service industry.
- We have been a contributing member of The Poverty Reduction Strategy Working Group since the group was established on December 13, 2007. This group met bi-weekly between January and June 2008 to develop its recommendations and presented them to the Ministers of Community Services and Labour and Workforce Development.



# our mission.

## Food Supply & Distribution

Food Supply and Distribution is at the core of our organization. Every day we distribute food to over 150 Member Agencies and this year over 1.8 million kilograms of food was distributed, valued at over 14 million dollars. FEED NOVA SCOTIA's trucks logged a remarkable 330,293 kilometres, which is the equivalent of driving from one end of the Grand Canyon's Colorado River to the other-740 times!

Our delivery drivers are essential to our progress as an organization because they distribute nutritious food our 150 Member Agencies. These agencies include food banks, shelters, rehabilitation centres and school programs along with many other essential Nova Scotia programs.

## The Fair Share System

The National Food Sharing System (NFSS) is a unique and sophisticated food distribution system that distributes major food donations to provincial centres across Canada. The NFSS, a program of the Canadian Association of Food Banks, is designed to ensure food is distributed in a fair and equitable way.

Donations are allocated to provincial centres based on the number of people served by each centre in the past. Each province receives its "fair share" of every donation, based on the number of people being served by food banks in that province. When food donations reach the central provincial food bank, they are divided again. Local food banks pick up their share of food from the provincial centre, and distribute it to hungry people in their local areas. This ensures that hungry Canadians across this country have equal access to healthy and nutritious food.

WHERE THE FOOD COMES FROM

	%
Produce donated by commercial farmers	12.6
Produce donated by wholesalers/grocers	23.8
Donations collected in grocery store bins	2.0
Food purchased by FEED NOVA SCOTIA	1.9
Prepared food donated by hospitals, hotels, etc.	1.7
Bakery retail	11.6
Reclaimed or unmarketable-food donated by grocery stores/wholesalers	13.0
National Food Share Donations through the CAFB	9.7
Food Drives and corporate donations	22.0
Dairy processor donations	1.7

**TOTAL = 100.0%**





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*A year in action*

# hungry people

## Food in Kgs

07/08 TOP 20  
FOOD DONORS

<b>1</b>	Sobeys Inc. (NS)	366,614
<b>2</b>	Atlantic Superstore (NS)	202,602
<b>3</b>	Sawler Gardens Ltd.	63,722
<b>4</b>	Nova Agri Inc.	59,622
<b>5</b>	PEI Potato Board	54,513
<b>6</b>	Sysco Canada	44,972
<b>7</b>	M & S Food Service a GFS Canada Company	42,317
<b>8</b>	Ben's Thrift Store	31,065
<b>9</b>	Lewis Potato Packers Limited	30,682
<b>10</b>	Seaway Distributors	29,357
<b>11</b>	Farmers Dairy	27,100
<b>12</b>	Vermeulen Farms	23,869
<b>13</b>	Wilmar Acres Ltd. / Dominion Produce Ltd.	23,069
<b>14</b>	Eyking Brothers Farms Ltd.	22,670
<b>15</b>	High Liner Foods Inc.	20,459
<b>16</b>	den Haan Enterprises Ltd.	17,214
<b>17</b>	Eassons Transport	16,010
<b>18</b>	Hostess Frito-Lay Company	15,462
<b>19</b>	Campbell Company of Canada Limited	13,286
<b>20</b>	Lighthouse Sales & Distributors Ltd.	12,856

FOOD TYPES      %'s

Non Perishables      41.6

Perishables      58.4

TOTAL %      100.0

# eliminate hunger

## ADVOCACY

At FEED NOVA SCOTIA we recognize that hunger is a multilayer issue... Nova Scotians who rely on food banks to feed their families are often dealing with many other issues, all too often in isolation. During the past year FEED NOVA SCOTIA's volunteers and staff responded to over 2700 food support inquiries and our Member Agencies served over 40,000 people each month. However, the picture is incomplete if we only talk about the number of people using community food programs – society needs to understand who is looking for support and what is happening in their lives that takes them to the door of a community food program. The Advocacy & Client Services Team works to ensure that their stories are heard and that the policies, programs and services are available to meet their immediate needs and eliminate the future demand.

Family  
Composition

	Mar-08	Mar-07
% Single Parent Families	26.43	27.47
% Two-Parent Families	19.92	20.56
% Couples With No Children	13.93	13.33
% Single People	39.72	38.64

Weighted by grocery program figures. Approximate figures based on preliminary data analysis, August 2008

Catherine's story

Catherine is a single woman who owned her own home and vehicle; she had also been an avid supporter of the local food bank. Six months prior to her call to FEED NOVA SCOTIA, she had experienced a health challenge that required her to take medical leave from her full-time job. Soon after her medical challenges occurred, she needed to make a number of major repairs at her home that completely depleted her savings.

Her doctor had advised her to return to work on a half time basis and then expect to increase to full time hours the next month. This was good news in what had otherwise been a difficult year. Sadly, her employer would not accept these terms and told Catherine that she could only return at full time. Predictably, this caused substantial stress in her life and subsequently another set-back in her physical health.

Catherine called FEED NOVA SCOTIA Client Services. She shared her story trusting that she would gain comfort from an empathetic ear and knowing that she would be able to, at the very least, receive help from a food bank.



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*A year in action*

# alleviate poverty

This woman's story illustrates that anyone can face financial challenges and the solution to poverty can only be found if all sectors work together – government, private sector and community. However, FEED NOVA SCOTIA is not just trying to alleviate people's immediate suffering, we also work to eliminate the need for community food programs.

As part of this strategic direction, FEED NOVA SCOTIA participated in the Nova Scotia Poverty Reduction Strategy Working Group. We were pleased to bring our perspectives and experiences to this discussion and are confident that we influenced the recommendations submitted to Government. The Report of the Poverty Reduction Strategy Working Group can be found on the Department of Community Services website <http://www.gov.ns.ca/coms/>

As well, a number of position statements and presentations were developed to ensure our key messages targeted the appropriate audience. In 2007-2008 our Executive Director, Dianne Swinemar, had an opportunity to present to the Senate of Canada's Standing Committee on Social Affairs, Science and Technology. She co-presented on "Poverty in large urban centers", with Shawn Pegg of the Canadian Association of Food Banks.

The full report can be viewed on <http://www.parl.gc.ca/39/2/parlbus/commbus/senate/com-e/soci-e/rep-e/repfinaljun08-e.pdf>

Advocacy continued...

Mayor Peter Kelly hosted a Roundtable meeting on Homelessness in the HRM and our Executive Director shared our concerns for those living on the streets of HRM and for those living in inadequate and unsafe housing conditions.

Liberal M.P.'s Ken Dryden, Michael Savage and Geoff Regan, hosted a town hall meeting "It Takes a Country to Fight Poverty" in Dartmouth in early 2008. As part of a panel, Dianne Swinemar presented on such topics as increasing the income tax benefit for working Canadians; and improving the employment insurance program to provide improved benefits and training opportunities, while reducing the amount that is collected from employers and employees.

FEED NOVA SCOTIA was invited to present at the 2007 Parliamentary Finance Committee's Pre-Budget Consultations, which was held in Halifax. Dianne Swinemar presented on behalf of the organization and advocated for improvements to the Working Income Tax Benefit and to Employment Insurance programs.

The Honourable Monte Solberg P.C., M.P., Minister of Human Resources and Social Development, invited our Executive Director to a meeting to discuss children and family issues, labour market opportunities, homelessness, and poverty.

By working with federal and provincial governments, as well as the community at large, FEED NOVA SCOTIA is honouring our commitment to feed hungry people in the present while eliminating chronic hunger and poverty in what we hope will be the immediate future.



# Client Services

## The Learning Kitchen

The Learning Kitchen Program is specifically designed for adults who are experiencing barriers to employment. The program has been very successful in assisting students in finding employment in the Food Service Industry. During 2007-2008 the Learning Kitchen conducted three 14-week courses and graduated a total of 18 students. Graduates have secured employment at various locations around metro, including Shannex Health Care, Celtic Corner, The Citadel Halifax Hotel, Victoria Hall, Montana's Restaurant, Royal Nova Scotia Yacht Squadron and The Marriott Harbourfront. There have also been students who have made the move to further their education in the culinary field by attending NSCC or beginning the apprenticeship program.

The Learning Kitchen provides students with culinary and life skills training, along with hands-on experience in a commercial kitchen. Students are well prepared, confident and armed with national certification upon graduation. They have a complete portfolio and are ready to move on in their journey to employment.

As part of the training, students have the opportunity to give back to their communities with the preparation of 140 meals daily for a local soup kitchen and a meal program.

## From Our Graduates

"I can't believe the difference in my life since I started the course. No amount of money could have done the same thing for me."

"The greatest thing I have learned about myself while in this program is that I can succeed."

"Now I want my Red Seal...before I just wanted to be a cook."



Client Services continued...

## HELPLINE

This year FEED NOVA SCOTIA had an opportunity to assess one of our Client Programs, the HELPLINE, through an extensive operational review process. We considered past and current procedures and input from the community, Helpline volunteers, community partners, clients and similar services in North America. The result of this review was a renewed commitment to the importance of this service and a comprehensive operational plan to expand the Helpline service to better serve the community. On the strength of the new operational plan, FEED NOVA SCOTIA was able to secure support from Department of Community Services to undertake an exciting expansion of the Helpline, with a focus on providing support to parents and families living on fixed incomes. Due to the commitment of FEED NOVA SCOTIA and the Helpline, 11,772 calls were taken last fiscal year.

HUNGERCOUNT 2008

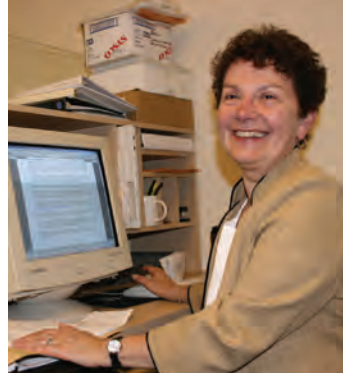
Nova Scotia's food banks, meal programs and other food assistance initiatives were once again enthusiastic in their support of the HungerCount survey. This national survey, coordinated by the Canadian Association of Food Banks (CAFB) and conducted annually in the month of March, provides a one-month snapshot of demand on community food programs.

For the 4th year in a row the number of people reported to have accessed support from Nova Scotia's community food programs in March was down slightly from the previous year. Although we hope this reflects a declining demand on community food programs, community agencies are quick to point out that the weather in March was miserable, forcing many food programs to remain closed on a number of occasions. Although the March HungerCount survey indicates a marginal decline in the overall use of community food programs, both qualitative and quantitative evidence supports our perception that we have a long way to go before Nova Scotia food banks and other food assistance programs become obsolete.

The detailed results from HungerCount 2008 are currently being analyzed and will be available in November 2008.

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*A year in action*



How wonderful it is that nobody need wait a single moment before starting to improve the world.

~Anne Frank

## Our Volunteers

Each and every day we at FEED NOVA SCOTIA are supported by a team of dedicated and skilled volunteers. This fiscal year we were joined by over 600 volunteers who logged an impressive 37,587 volunteer hours. This is the equivalent of 20 full time positions!

Our volunteers come from every background, from students to professionals, retirees to youth. Some come to us hoping to improve their English, others to gain skills, but the underlying commonality is that they all come to us hoping to contribute positively to the community in which they reside.

The commitment and dedication of our volunteers proves time and time again that each and every one of us can play a role in ending chronic hunger in this province.

Bob & Marilyn Watson – Adopt-A-Family

This couple started volunteering in 2004

They managed the Adopt-A-Family program in 2007 which provided Christmas support for over 400 families and logged over 500 volunteer hours in the Month of December!

John “Billy” MacDonald – 2004 - Present

This quiet volunteer regularly slips in & out without being heard but his work never goes unnoticed!

He works so hard in the Perishable and Reclamation warehouses that at times he has almost been locked in the building he is here so late! He does whatever needs to be done!

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## 2007 EVENTS.....



Each year CBC organizes CBC Food Day in support of FEED NOVA SCOTIA.

Their dedication is nothing short of extraordinary. This year on December 14, 2007 the CBC collected \$36,437 in cash donations and an additional 3825 kg of food.

### A NEW KIND OF LIGHT



In 2005, CBC Radio's Mainstreet asked three Halifax based singer-songwriters, Jill Barber, Rose Cousins and Meaghan Smith, to perform seasonal songs on the live broadcast for the annual CBC Food Bank Day. The performances were so well received that CBC asked the three artists back to record the songs for future broadcasts. In 2007 the artists, wanting to give back to the community, presented CBC with the idea of recording a full album with all proceeds from the sales of the CD going to Maritime food banks. CBC, Lawtons Drugs and FEED NOVA SCOTIA soon joined together on the project and "A New Kind Of Light" was born.

On November 30, 2007 a concert was held at the Rebecca Cohn to launch the CD. In total these two initiatives raised \$161,935 for FEED NOVA SCOTIA, NBAFB and PEI food banks. Of the funds raised, based on HungerCount, FEED NOVA SCOTIA's portion was \$103,920.



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*A year in action*



2007 was a very exciting year for Canstruction Nova Scotia®. It operated in four locations: Halifax Shopping Centre, Mic Mac Mall in Dartmouth, Sunnyside Mall in Bedford and St. Francis Xavier in Antigonish. With the support of 19 registered teams Canstruction Nova Scotia® raised 22,203 kg of food that came from 48,519 cans of food plus more than \$33,000 in cash donations. We would like to thank Global Maritimes, the founding sponsor of this event, for their continued commitment to Canstruction Nova Scotia® and FEED NOVA SCOTIA.



## OLDIE WEDS

In 2006, FEED NOVA SCOTIA decided to stage an event designed to raise substantial funds for hungry people in our province, while providing a memorable evening of entertainment. In the two years that it has been hosted, The Oldie Wed Game has raised close to \$60,000 to support FEED NOVA SCOTIA's work.

The Oldie Wed Game plays on the theme and fun of the popular 1970s TV show called The Newlywed Game. Our 2008 guests were Colin MacDonald & Carol Hansen, Neville Gilfoy & Ann Janega, and Don & Liz Mills. Actor and comedian Steve Coats was our master of ceremonies and the amazing Mike Cowie (see right image) led our post show dance band. A special thank you to our sponsor, Hoyt's Moving and Storage.



## Walk Nova Scotia

In September of 2007 FEED NOVA SCOTIA launched the first annual Walk Nova Scotia, a 5km walk to raise funds, support and awareness for FEED NOVA SCOTIA and our Member Agencies valuable programs.

The walk was held in Halifax, Bridgewater, Louisburg and Windsor.

With 259 participants at the 4 locations we raised \$27,807. A special thank you to our many volunteers who took part in this event and to our sponsors, Investors Group.



## STUFF-A-BUS

On December 7, 2007, Metro Transit, along with the Amalgamated Transit Union (ATU) Local 508, C100/ Metro Radio Group and Scotiabank, held the 17th Annual Stuff-A-Bus campaign for FEED NOVA SCOTIA.

Each and every year the community offers overwhelming support to this event. This year the Stuff-A-Bus campaign was a huge success with \$720 in cash donations as well as over 23,000 kg of food donations collected.

## Parade Of Lights

The 11th Annual Chronicle Herald Holiday Parade of Lights, November 18, 2007, brought a record-breaking 90,000 spectators Downtown.

The weather was delightful, festive music filled the air and colorful lights twinkled in the night. With more than 50 floats and walking groups in this year's parade, it was the perfect way to kick off the holiday season. Supported by Q104, FEED NOVA SCOTIA collected \$18,500 in cash donations and 3879 kg of food.



CAFB



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*A year in action*

FEED NOVA SCOTIA is very proud to be the provincial member of the Canadian Association of Food Banks. Founded in 1985, the Canadian Association of Food Banks (CAFB) is a national charitable organization advocating for the hungry. CAFB's members are the 10 provincial associations and, through that network, service 451 affiliate member food banks. This represents 90% of the people using emergency food programs nation-wide.

Over the past year the Board of Directors, supported by an Advisory Member Council Committee, focused its efforts on all five areas of their accountability framework – food and fundraising; research and advocacy; service and support; profile and communications; and, lastly, organization and culture.

Board Delegates include Ron L'Esperance, a Board member of FEED NOVA SCOTIA, and President of CFN Consultants (Atlantic) Inc.; and FEED NOVA SCOTIA Executive Director, Dianne Swinemar, who also chaired the CAFB Members Council for the past fiscal year. Kirk McGrath, Director of Operations at FEED NOVA SCOTIA, was the second delegate representing Nova Scotia on the CAFB Members Council.

In June 2008 our Executive Director, Dianne Swinemar, completed her 17th consecutive term on the CAFB Board of Directors. In recognition of her long term service and a driving force in the CAFB's development, the Board of Directors and the Members Council presented her with a beautiful limited edition print of Chris Albert's "To Wonderland".

we are bound to the following Code of Ethics:

As members of the Canadian Association of Food Banks

1. Everyone in Canada has the right to their daily sustenance and an existence which ensures that this condition is possible. 1
2. The Food Bank pledges its work to the ultimate physical and social well-being of low-income persons. 2
3. The Food Bank is committed to the following social justice principles: 3
  - a. The Food Bank will design its programs so that food is at all times reaching its most worthwhile use in the community.
  - b. The Food Bank will undertake to utilize all edible foods that are surplus to market needs, wherever it is economic to do so.
4. Each Food Bank recognizes its role as the steward of a community pool of food, which it shall strive to make available to all responsible groups providing charitable food. 4
5. Nationally, Food Banks are committed to an ethic of sharing with those in Canadian regions with less food resources. 5
6. The Food Bank will not barter, sell or trade foodstuffs at any time. 6
7. The Food Bank will have the highest regard for the proper and safe storage and handling of food. 7
8. The Food Bank will know and understand the social service context in which it operates, to ensure that it does not reduce the impetus for improvement to the government social assistance programs. 8
9. The Food Bank recognizes its role in alleviating hunger as a temporary response to this crisis, and will devote part of its activities to lessening this role. 9
10. The Food Bank will conduct all its affairs and associations in a manner that will not trivialize the problem of hunger in any way, or see it used for commercial benefit. 10

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## National Hunger Awareness Day

On June 5, 2008 FEED NOVA SCOTIA created a community Wall of Hunger at its offices at 213 Bedford Highway. Dianne Swinemar, Executive Director of FEED NOVA SCOTIA, spoke about who is hungry in Nova Scotia and urged Canadians to help reduce hunger in Canada by signing a petition, available at the event or online at [www.hungerawarenessday.ca](http://www.hungerawarenessday.ca).

National Hunger Awareness Day gives Canadians an opportunity to gather resources, supporters and voices to focus the nation's attention on one of the most solvable problems facing every community in Canada.

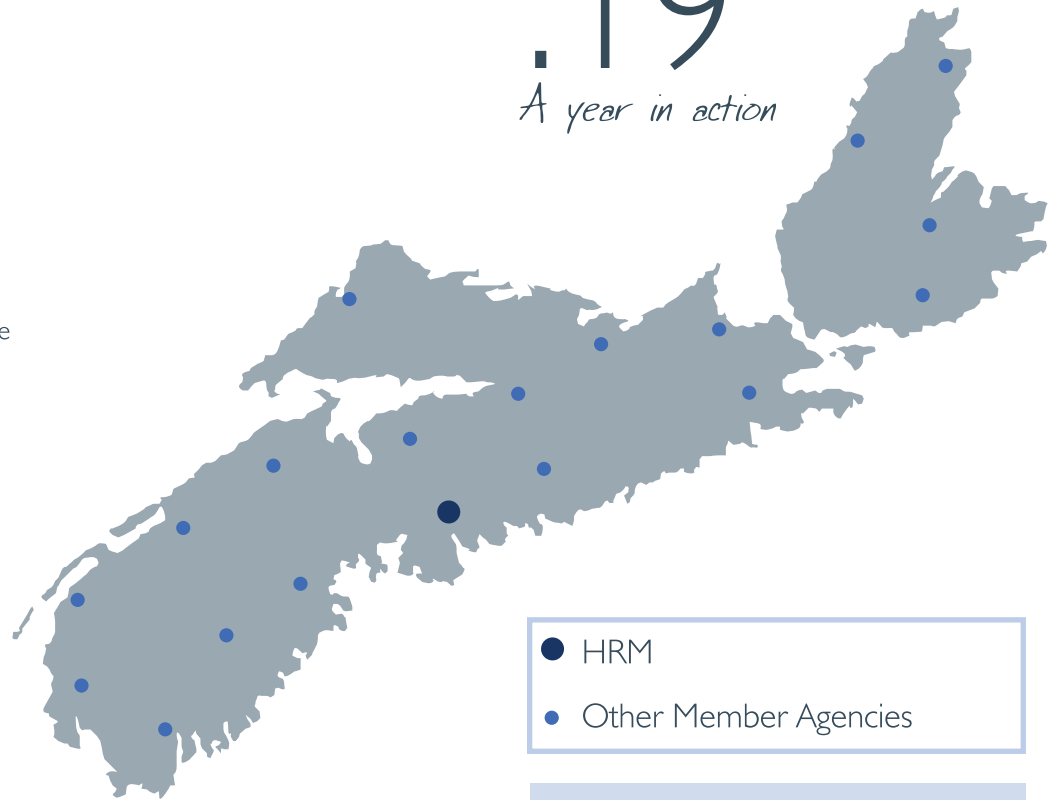


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## Member Agencies

FEED NOVA SCOTIA serves over  
150 Member Agencies across the province

For more details visit  
<http://www.feednovascotia.ca>



## Member Agency Directory

### Annapolis County

- Annapolis Area Food Bank Society
- Bridgetown & Area Food Bank
- Twelve Baskets Food Bank

### Antigonish County

- Antigonish Community Food Bank

### Cape Breton Regional Municipality

- The AIDS Coalition of Cape Breton
- C.A.W. Louisbourg Food Bank Society
- Glace Bay Food Bank Society
- Inner City Churches- Loaves and Fishes Society
- MicMac Benevolent Society (Sydney)
- Mount Carmel Parish SVDP Society St. Leonards
- North Sydney Community Food Bank
- Salvation Army Family Services (Sydney)
- St. Agnes SVDP Society St. Leonards
- St. Theresa's Food and Clothing Depot
- Sydney Mines Food Bank Society

### Colchester County

- Colchester Food Bank Association

- MicMac Benevolent Society Truro
- The Salvation Army Family Services- Truro

### Cumberland County

- Amherst Food Assistance Network Association
- Oxford & Area Food Bank Association
- Parrsboro & Area Food Bank
- Pugwash and Area Food Bank (Open Hamper)

### Digby County

- Clare Food Bank
- Digby & Area Food Bank
- Weymouth Area Food Bank

### Guysborough County

- Canso & Area Food Bank Association
- Guysborough & Area Food Bank Society

### Halifax Regional Municipality

- Adsum Centre for Women and Children
- Adsum Court
- Adsum House
- Alcare Place

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- Alice Housing
- A J Smeltzer Junior High School
- Ark Outreach
- Bayers Westwood Family Centre
- Bayers Westwood Resident's Association Food Bank
- Beacon House Interfaith Society
- Brunswick Street Mission - Breakfast Program
- Brunswick Street Mission - Food Bank
- Caledonia Junior High School
- Canadian Mental Health Assoc. - (Caring & Sharing) Halifax Branch
- Canadian Mental Health Assoc. - Dart. Branch (Among Friends)
- Caring & Sharing Angel Tree
- Corp. of Christ Church
- City Church Hope Ministries Food Bank
- Cole Harbour/Woodside United Church Food Bank
- Communities And Uniacke Square Engaging (CAUSE)
- Connections Clubhouse
- Cunard Learning Centre
- Dalhousie Student Union Food Bank
- Dartmouth First Baptist Food Bank
- Dartmouth Family Centre
- David's Place
- East Dartmouth Christian Food Bank Association
- Eastern Shore Volunteer Food Bank
- Elizabeth Fry Society of Mainland NS
- Emmanuel Anglican Church Food Bank
- Feeding Others of Dartmouth Margaret House
- FLEC - Bedford Highway
- FLEC- Dartmouth Forsythe Centre
- FLEC- St. Pat's-Alexandra School
- Freedom Foundation of Nova Scotia
- Gateway Community Church
- Greystone Drive Tenant's Association
- Halifax Transition House Association - Bryony House
- Halifax West Ecumenical Food Bank
- Helping Hands Food Bank - Church of the Holy Spirit
- Highland Park Junior High School
- Impact Ministries Church Food Bank
- J.L. Isley High School Teen Centre
- John Martin Junior High School - Breakfast Program
- The Laing House Youth Program
- Lake Echo Community Food Bank
- LGB Youth Project
- Lockview High School Food Bank
- Mainline Needle Exchange
- Manna for Health
- The Marguerite Centre
- Marine Communities Food Bank Society
- Metro Non-Profit Housing Assoc. - Dartmouth
- Metro Non-Profit Housing Assoc. - Halifax
- Metro Turning Point
- MicMac Native Friendship Society
- Mount Saint Vincent University Student's Union Food Bank
- Mulgrave Park Tenants Association
- New Beginnings Clubhouse (Dartmouth)
- New Life Christian Church - Breakfast Program
- North Dartmouth Outreach Resource Society
- Parent Resource Centre, Dartmouth
- Pendleton Place Emergency Shelter
- Phoenix Youth Programs (3) Shelter , drop-in, residence
- Prince Andrew High School Youth Health Centre
- Prince Arthur Junior High
- Rainbow Food Bank
- Salvation Army Booth Centre
- Salvation Army Family Services (2) - Halifax & Dartmouth
- St. Agnes Junior High School - Breakfast Program
- St. Andrew's Church Supper Program
- St. George's YouthNet
- St. James United Church Food Bank
- St. John's Westphal Food Bank
- St. Leonard's Society of NS- Barry House
- St. Leonard's Society of NS-Pendleton Place
- St. Margaret's Bay Food Bank
- St. Mark's Food Bank
- St. Matthew's United Church - Breakfast Program
- St. Pat's-Alexandra Junior High School
- St. Paul's Family Resources Institute Inc.
- St. Vincent de Paul, St. Paul's - Windmill Road
- St. Vincent de Paul, St. Clement's - Gaston Road

- The Stepping Stone Association
- Student Union of Nova Scotia College of Art & Design
- Victoria Road Baptist Church Food Bank
- Community YMCA

## Hants County

- Hants North Community Food Bank
- Shumilacke Food Bank Society
- Windsor & District Food Bank

## Inverness County

- Port Hawkesbury Food Bank Society
- Port Hood - Food Bank SVDP

## Kings County

- Berwick Interfaith Food Bank
- Canning Area Food Bank
- Fundy Interchurch Food Bank
- Hantsport & Area Community Food Bank
- Upper Room Food Bank Association
- Wolfville Area Interchurch Council Food Bank

## Lunenburg County

- Bridgewater Interchurch Food Bank
- Bridgewater Elementary School - Breakfast Program
- Lunenburg Interchurch Food Bank
- Lighthouse Food Bank Society
- Mahone Bay Area Food Bank Association
- New Germany Area Food Bank
- South Shore Family Resource Association
- Food for Thought Breakfast Program - Bridgewater

## Pictou County

- Pictou West Food Bank
- Pictou County (East) Food Bank

## Queens County

- MicMac Benevolent Society - Liverpool
- Queen's County Food Bank

## Richmond County

- St. Louis Community Services Committee SVDP

## Shelburne County

- Shelburne Loyalist Food Bank

## Victoria County

- Barra Food Bank Society
- Helping Hands South of Smokey Society -Baddeck
- Eskasoni Charity Society Food Bank

## Yarmouth County

- Yarmouth Food Bank Society

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*A year in action*

# Financial Statements



**METRO FOOD BANK SOCIETY - NOVA SCOTIA**  
**(operating as FEED NOVA SCOTIA)**

**FINANCIAL STATEMENTS**  
*for the year ended June 30, 2008*



**LYLE TILLEY DAVIDSON**  
Chartered Accountants



## AUDITOR'S REPORT

To the board of directors of **Metro Food Bank Society - Nova Scotia (operating as FEED NOVA SCOTIA)**

We have audited the statement of financial position of **Metro Food Bank Society - Nova Scotia (operating as FEED NOVA SCOTIA)** as at June 30, 2008 and the statements of revenue and expenditures, changes in fund balances and cash flow for the year then ended. These financial statements are the responsibility of the society's management. Our responsibility is to express an opinion on these financial statements based on our audit.

Except as explained in the following paragraph, we conducted our audit in accordance with Canadian generally accepted auditing standards. Those standards require that we plan and perform an audit to obtain reasonable assurance whether the financial statements are free of material misstatement. An audit includes examining, on a test basis, evidence supporting the amounts and disclosures in the financial statements. An audit also includes assessing the accounting principles used and significant estimates made by management, as well as evaluating the overall financial statement presentation.

In common with many charitable organizations, the Society derives revenue from the general public in the form of donations, the completeness of which is not susceptible to satisfactory audit verification. Accordingly, our verification of these revenues was limited to amounts recorded in the books of the Society, and we were not able to determine whether any adjustments might be necessary to revenues, excess of revenues over expenditures, assets and fund balances. In addition, the Society receives donated goods and services, as disclosed in Notes 10 and 11 to the financial statements, which are not susceptible to satisfactory audit verification and, consequently, have not been recorded in the books of the Society.

In our opinion, except for the effect of adjustments, if any, which we might have determined necessary had we been able to satisfy ourselves concerning the completeness of the donation revenue received from the general public and for the effect of adjustments for donated goods and services, referred to in the preceding paragraph, these financial statements present fairly, in all material respects, the financial position of the society as at June 30, 2008 and the results of its operations and cash flow for the year then ended in accordance with Canadian generally accepted accounting principles.

## CHARTERED ACCOUNTANTS

Halifax, Nova Scotia

July 30, 2008  
101 Hilsley Avenue, Unit 7  
Dartmouth, Nova Scotia B3B 1S8  
Tel: 902.468.2688 Fax: 902.468.5966

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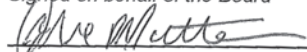
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METRO FOOD BANK SOCIETY - NOVA SCOTIA  
(operating as FEED NOVA SCOTIA)  
STATEMENT OF FINANCIAL POSITION  
as at June 30, 2008

	2008	2007
<b>ASSETS (note 5)</b>		
<b>GENERAL FUND</b>		
Cash and short-term investments (note 3)	\$ 923,027	\$ 317,466
Accounts receivable	41,844	28,892
HST recoverable	18,663	21,183
Prepaid expenses	29,215	27,217
	<u>1,012,749</u>	<u>394,758</u>
<b>CAPITAL FUND</b>		
Capital assets (note 4 and 5)	693,531	760,625
<b>BEQUEST FUND (note 2(c))</b>		
	10,000	10,000
	<u>\$ 1,716,280</u>	<u>\$ 1,165,383</u>
<b>LIABILITIES</b>		
<b>GENERAL FUND</b>		
Bank indebtedness (note 5)	\$ 115,466	\$ 145,933
Accounts payable and accrued liabilities	137,572	184,645
Legacy project (note 6)	27,570	26,152
Deferred revenue	50,199	37,224
	<u>330,807</u>	<u>393,954</u>
<b>CAPITAL FUND</b>		
Deferred contributions - capital campaign (note 7)	296,250	327,424
Deferred revenue		
Property acquisition (note 8)	73,421	76,613
Department of Community Services capital grant (note 8)	94,371	131,324
Long-term debt (notes 5 and 9)	96,371	110,741
	<u>560,413</u>	<u>646,102</u>
<b>FUND BALANCES</b>		
<b>CAPITAL FUND</b>	133,118	114,523
<b>BEQUEST FUND</b>	10,000	10,000
<b>GENERAL FUND</b>	<u>681,942</u>	<u>804</u>
	<u>825,060</u>	<u>125,327</u>
	<u>\$ 1,716,280</u>	<u>\$ 1,165,383</u>

Signed on behalf of the Board

 Director

 Director

**METRO FOOD BANK SOCIETY - NOVA SCOTIA**  
**(operating as FEED NOVA SCOTIA)**  
**STATEMENT OF REVENUE AND EXPENDITURES**  
*for the year ended June 30, 2008*

	2008	2007
<b>DONATED FOOD</b> (note 10)	\$14,359,670	\$16,613,603
<b>DISTRIBUTION OF FOOD TO MEMBERS</b> (note 10)	14,359,670	16,613,603
	-	-
<b>REVENUE</b> (schedule 1)	<u>2,872,657</u>	<u>2,023,992</u>
<b>EXPENDITURES</b>		
Food solicitation and distribution-		
Amortization of motor vehicles	46,322	65,657
Food purchases	101,407	105,069
Garbage collection	58,685	61,169
Salary and benefits	560,963	484,231
Supplies	32,093	25,457
Telephone	9,710	7,894
Training and development	784	2,331
Motor vehicle	213,388	192,399
	<u>1,023,352</u>	<u>944,207</u>
Advocacy and client services/membership support-		
Client support and outreach	10,133	9,116
Learning kitchen	138,546	119,657
Membership meeting expenses	1,122	1,239
Office and printing	1,033	1,616
Research and program development	3,102	-
Salary and benefits	241,511	225,138
Telephone	636	331
	<u>396,083</u>	<u>357,097</u>
<b>ADMINISTRATIVE</b> (Schedule 2)	529,245	432,433
<b>OCCUPANCY</b> (Schedule 2)	86,958	82,899
<b>RESOURCE DEVELOPMENT AND COMMUNICATIONS</b> (Schedule 2)	136,286	129,963
<b>REDIRECTED DONATIONS</b>	<u>1,000</u>	<u>34,010</u>
	<u>2,172,924</u>	<u>1,980,609</u>
<b>EXCESS OF REVENUE OVER EXPENDITURES FOR THE YEAR</b>	<u>\$ 699,733</u>	<u>\$ 43,383</u>

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*A year in action*

**METRO FOOD BANK SOCIETY - NOVA SCOTIA**  
**(operating as FEED NOVA SCOTIA)**  
**STATEMENT OF CHANGES IN FUND BALANCES**  
*for the year ended June 30, 2008*

				2008	2007
	Capital Fund	General Fund	Bequest Fund	Total	Total
<b>FUND BALANCES - BEGINNING OF YEAR</b>	\$ 114,523	\$ 804	\$ 10,000	\$ 125,325	\$ 81,942
Excess (deficiency) of revenue over expenditures for the year	(9,842)	709,575	-	699,733	43,383
Transfers from general fund - Capital asset purchases	14,067	(14,067)	-	-	-
Repayment of long-term debt	14,370	(14,370)	-	-	-
<b>FUND BALANCES - END OF YEAR</b>	\$ 133,118	\$ 681,942	\$ 10,000	\$ 825,058	\$ 125,325



**METRO FOOD BANK SOCIETY - NOVA SCOTIA**  
 (operating as FEED NOVA SCOTIA)  
 STATEMENT OF CASH FLOW  
 for the year ended June 30, 2008

	2008	2007
<b>CASH FLOW FROM OPERATING ACTIVITIES</b>		
Excess of revenue over expenditures for the year	\$ 699,733	\$ 43,383
Adjustments for:		
Amortization	81,161	100,321
Amortization of deferred revenue	(71,319)	(87,156)
	<u>709,575</u>	<u>56,548</u>
Changes in non-cash working capital:		
Accounts receivable	(12,952)	49,186
HST recoverable	2,520	(1,008)
Prepaid expenses	(1,998)	(9,760)
Accounts payable and accrued liabilities	(47,073)	35,191
Deferred revenue - legacy project	1,418	7,196
Deferred revenue - other	12,975	18,292
Deferred revenue - Major gift campaign	-	(22,200)
	<u>664,465</u>	<u>133,445</u>
<b>CASH FLOW FROM FINANCING ACTIVITIES</b>		
Bank indebtedness advances (repayment)	(30,467)	145,933
Repayment of long-term debt	(14,370)	(17,631)
	<u>(44,837)</u>	<u>128,302</u>
<b>CASH FLOW FROM INVESTING ACTIVITIES</b>		
Purchase of capital assets	(14,067)	(25,067)
<b>INCREASE IN CASH DURING THE YEAR</b>	<u>605,561</u>	<u>236,680</u>
<b>CASH AND SHORT-TERM INVESTMENTS - BEGINNING OF YEAR</b>	<u>317,466</u>	<u>80,786</u>
<b>CASH AND SHORT-TERM INVESTMENTS - END OF YEAR</b>	<u>\$ 923,027</u>	<u>\$ 317,466</u>
Interest paid on long-term debt	\$ 6,538	\$ 6,598
Cash and short-term investments consists of:		
Cash	\$ 7,919	\$ 26,033
Short-term investments	<u>915,108</u>	<u>291,433</u>
	<u>\$ 923,027</u>	<u>\$ 317,466</u>

**METRO FOOD BANK SOCIETY - NOVA SCOTIA**  
**(operating as FEED NOVA SCOTIA)**  
NOTES TO FINANCIAL STATEMENTS  
*for the year ended June 30, 2008*

**1. DESCRIPTION OF ORGANIZATION**

Metro Food Bank Society - Nova Scotia is a charitable organization which accepts, collects and distributes food and food related products to member agencies for distribution to needy families, and provides support services for self-help initiatives. It commits itself to work in partnership with the community to enhance human dignity, by eliminating chronic hunger and alleviating poverty in the Province of Nova Scotia. The main fundraising activities of the Society occur in December each year and the cash raised is mainly utilized to fund operations throughout the year.

On February 28, 2005 the Society registered FEED NOVA SCOTIA as its operating name.

The Society is a registered charity for income tax purposes and is, therefore, not required to pay tax under the Income Tax Act.

**2. ACCOUNTING POLICIES**

**Revenue recognition**

Fundraising, unrestricted grants, donations, and other revenues are recognized when received by the Society. Restricted contributions are deferred and amortized to income over the period of time to which they relate. Donated food revenue is recognized at the time the food is distributed to the Society's members.

**Donated food**

Donated food and its subsequent distribution to members is valued based on managements best estimate determined using an average cost per kilogram for donated food.

**Cash**

Cash (bank indebtedness) is represented by amounts held on deposit, or overdraft positions, with financial institutions.

**Capital assets**

Capital assets are recorded at cost, and are amortized using the declining balance method at the annual rate of 4% for buildings, 8% for pavement, 20% for equipment and 30% for vehicles and computers.

Amortization is calculated at one-half of the normal annual rate in the year of acquisition; no amortization is recorded in the year of disposal.

**Use of estimates**

The preparation of financial statements in conformity with Canadian generally accepted accounting principles requires the Society's management to make estimates and assumptions that affect the amounts reported in the financial statements and related notes to the financial statements. Actual results may differ from these estimates.

METRO FOOD BANK SOCIETY - NOVA SCOTIA  
(operating as FEED NOVA SCOTIA)  
NOTES TO FINANCIAL STATEMENTS  
for the year ended June 30, 2008

2. ACCOUNTING POLICIES (continued)

**Financial instruments**

The Society's financial instruments are classified as follows:

**Held for trading:**

Cash and short-term investments

**Loans and receivables:**

Accounts receivable  
HST recoverable

**Other liabilities:**

Bank indebtedness  
Accounts payable and accrued liabilities  
Long-term debt

The association is exposed to credit risk by its customers and suppliers. However, because of the large number of customers and different suppliers, credit risk concentration has been reduced to a minimum.

The fair value of the short-term investments are determined by the closing market value for these investments.

Government assistance and other capital assistance to capital assets is deferred and amortized to earnings on the same basis as the related asset.

**Fund accounting**

The Society uses the fund accounting method of presenting its assets, liabilities and results of operations. This method recognizes the limitations and restrictions placed on the use of the resources available to the Society by classifying all transactions according to their nature. The funds utilized by the Society include:

**(a) Operating Fund**

The Operating Fund is used to account for the primary operations of the Society, including costs related to programs, administration and operation of the premises.

**(b) Capital Fund**

The capital fund is used to account for capital assets, including their acquisition, financing, amortization and disposal. Operating costs of capital assets are accounted for in the Operating Fund.

**(c) Bequest Fund**

The annual income from the bequest fund may be used for operations but the capital, in the amount of \$10,000, can be used only upon the specific direction of the Board of Directors. As at June 30, 2008, the restricted cash is held in the form of Guaranteed Investment Certificates with an interest rate of 3.45%.



**METRO FOOD BANK SOCIETY - NOVA SCOTIA**  
(operating as FEED NOVA SCOTIA)  
NOTES TO FINANCIAL STATEMENTS  
for the year ended June 30, 2008

**3. SHORT-TERM INVESTMENTS**

The short-term investments consist of three guaranteed investment certificates with interest rates ranging from 2.7% to 4.1%. The certificates mature various times between August and December 2008.

**4. CAPITAL ASSETS**

	2008		2007	
	Cost	Accumulated amortization	Net	Net
Land	\$ 120,640	\$ -	\$ 120,640	\$ 120,640
Buildings	548,123	167,052	381,071	396,949
Motor vehicles	409,104	299,812	109,292	153,202
Computers	32,098	17,309	14,789	16,448
Equipment	237,634	185,301	52,333	56,640
Paving	30,019	14,613	15,406	16,746
	<u>\$ 1,377,618</u>	<u>\$ 684,087</u>	<u>\$ 693,531</u>	<u>\$ 760,625</u>

**5. SECURITY FOR INDEBTEDNESS**

**(a) Bank indebtedness**

FEED NOVA SCOTIA has access to an operating credit line of \$175,000 which has interest calculated at the banks prime lending rate from time to time and is secured by a general security agreement with a specific charge over motorized serial numbered assets with replacement cost, insurance coverage, loss, if any, repayable to the bank. The balance outstanding at year end was \$115,466.

**(b) Long-term debt**

The Halifax Regional Municipality loan is secured by a first charge over the land and building, subject to conditions in note 8, having a net book value of \$501,711.

**6. LEGACY PROJECT**

In 2003, FEED NOVA SCOTIA partnered with the Halifax Regional Municipality (HRM) and the Victoria Park Legacy Project to restore Victoria Park in Halifax, Nova Scotia. Revenues are derived from the individual purchases of bricks which will be used in the restoration of the park. Minimal expenses have been incurred. Revenue will be deferred until such time that the culmination of the earnings process has taken place. An amount of \$200,000 is to be paid to HRM for related construction costs incurred from revenues generated by the project. A total of \$97,300 has been paid to the HRM leaving an outstanding balance of \$102,700.

**METRO FOOD BANK SOCIETY - NOVA SCOTIA**  
**(operating as FEED NOVA SCOTIA)**  
 NOTES TO FINANCIAL STATEMENTS  
*for the year ended June 30, 2008*

**7. DEFERRED CONTRIBUTIONS - CAPITAL CAMPAIGN**

Deferred contributions - capital campaign represents the amount of donations received for the purchase of capital assets less capital campaign expenses and the amortization of net capital campaign contributions to date. Details of the deferred contributions - capital campaign balance are as follows:

	2008	2007
Capital campaign contributions	\$ 653,922	\$ 653,922
Less: Capital campaign expenditures	(138,897)	(138,897)
Amortization	(218,775)	(187,601)
	\$ 296,250	\$ 327,424

**8. DEFERRED REVENUE**

**Property acquisition**

In 1998, the Halifax Regional Municipality approved the sale of 213-217 Bedford Highway to the Society. The property was recorded as a capital asset of the Society at the appraised value of \$290,000. Deferred revenue of \$108,750 was the portion of the purchase price which will be forgiven by the Halifax Regional Municipality. The Society is amortizing the deferred revenue to income on the same basis as the amortization of the property. The Municipality holds a loan over the property for the remaining amount outstanding. Title of the property will be conveyed to the Society when the loan is extinguished.

The Province of Nova Scotia has also granted an amount of \$108,750 that will be payable to the Society over a 15 year period to assist the Society in paying for the property. Interest at the Municipality's cost of borrowing will also be granted to the Society by the Province of Nova Scotia over a 15 year period.

**Department of Community Services capital grant**

In 2005 FEED NOVA SCOTIA received a one time grant of \$275,000 from the Department of Community services which is to be used for the immediate capital equipment needs of the society. During the year \$36,953 of amortization was recorded.



**METRO FOOD BANK SOCIETY - NOVA SCOTIA**  
**(operating as FEED NOVA SCOTIA)**  
 NOTES TO FINANCIAL STATEMENTS  
*for the year ended June 30, 2008*

**9. LONG-TERM DEBT**

	<u>2008</u>	<u>2007</u>
Halifax Regional Municipality loan, bearing interest at 6.75% repayable in blended monthly installments of \$1,594, until August 2014.	\$ 96,371	\$ 108,734
Loans repaid during the year	-	2,007
	<u>\$ 96,371</u>	<u>\$ 110,741</u>

The aggregate amount of principal payments required in each of the next five years to meet retirement provisions are as follows:

Year ending June 30, 2009	\$ 13,215
2010	14,107
2011	15,059
2012	16,076
2013	17,161

**10. FOOD DONATIONS**

Donated food revenue is calculated as follows:

	<u>2008</u>	<u>2007</u>
Estimated value of food donated during the year	\$13,422,109	\$17,020,652
Estimated food inventory-beginning of year	1,287,432	880,383
Estimated food inventory-end of year	<u>(349,871)</u>	<u>(1,287,432)</u>
	<u>\$14,359,670</u>	<u>\$16,613,603</u>

Since the food is donated to members, the inventory has no net realizable value. Therefore, in accordance with generally accepted accounting principles, inventory has not been recorded as an asset in the statements of the Society.

**11. DONATED SERVICES**

Volunteer hours representing fundraising, special events, administrative and warehouse activity for the year ended June 30, 2008 were 37,487 (2007 - 43,280). The value of these services are not reflected in these financial statements.

**12. COMMITMENTS**

The aggregate annual payments under long-term equipment leases expiring at various times until 2012 are as follows:

Year ending June 30, 2009	\$ 9,783
2010	6,080
2011	5,988
2012	5,988

## Schedule 1

**METRO FOOD BANK SOCIETY - NOVA SCOTIA**  
**(operating as FEED NOVA SCOTIA)**  
**SCHEDULE OF REVENUE**  
*for the year ended June 30, 2008*

	2008	2007
<b>FUNDRAISING EVENTS</b>	\$ 844,962	\$ 821,379
<b>EXPENDITURES RELATED TO FUNDRAISING</b>		
Advertising and special events	47,929	82,197
Postage	22,910	24,881
Printing	45,253	37,449
Salaries and benefits	105,199	117,119
Training and development	517	-
	<u>221,808</u>	<u>261,646</u>
<b>NET FUNDRAISING REVENUE</b>	623,154	559,733
<b>DONATIONS</b>	1,161,713	917,826
<b>UNRESTRICTED BEQUESTS</b>	784,841	215,750
<b>GRANTS</b>	235,760	255,596
<b>OTHER</b>	67,189	75,087
	<u>\$ 2,872,657</u>	<u>\$ 2,023,992</u>

Schedule 2

**METRO FOOD BANK SOCIETY - NOVA SCOTIA**  
**(operating as FEED NOVA SCOTIA)**  
 SCHEDULE OF EXPENDITURES  
 for the year ended June 30, 2008

	2008	2007
<b>ADMINISTRATIVE</b>		
Advertising	\$ 344	\$ 750
Amortization of office equipment	17,617	16,668
Directors' liability insurance	1,895	1,653
Equipment leases	8,279	7,555
Information technology	9,037	2,533
Interest and bank charges	16,554	14,474
Memberships	2,407	2,032
National and local meetings	2,730	3,202
Office and stationery	18,693	16,750
Postage	13,169	9,503
Printing	-	1,300
Professional fees	5,139	4,816
Salary and benefits	397,198	328,042
Telephone	16,659	15,334
Training and development	5,117	2,127
Volunteer program	14,407	5,694
	<u>\$ 529,245</u>	<u>\$ 432,433</u>
<b>OCCUPANCY</b>		
Amortization, net of amortization of deferred capital campaign contributions	\$ (13,952)	\$ (13,178)
Building repairs and maintenance	9,022	13,943
Building services	19,797	15,746
Heat	25,158	23,292
Insurance	6,426	5,777
Mortgage interest	5,178	6,598
Power	26,138	22,090
Safety	1,150	654
Snow removal	8,041	7,977
	<u>\$ 86,958</u>	<u>\$ 82,899</u>
<b>RESOURCE DEVELOPMENT AND COMMUNICATIONS</b>		
Advertising and promotion	\$ 6,043	\$ 4,004
Donor recognition	-	173
Events	1,061	983
Publications	3,958	1,715
Salaries and benefits	124,582	122,654
Training and dues	642	434
	<u>\$ 136,286</u>	<u>\$ 129,963</u>



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