



08/09

Annual Report

community • compassion • co-operation



Board of Directors

John Drish, Chairperson
Nova Scotia Department of Education,
Health & Promotion

Sheila Blair-Reid, Secretary
Metro Guide Publishing

Jeremy Jackson
Killam Properties

Ronald L'Esperance, Vice Chairperson
CFN Consultants (Atlantic) Inc.

Robert Logan
Trade Centre Limited

Fraser MacFadyen, Past Chairperson,
Stewart McKelvey

Blake Patterson, Treasurer,
Bench Management Limited

Dwayne Provo,
Government of Nova Scotia

Kevin Trainor,
General Mills Canada

Thomas E. Wheeler,
TD Canada Trust

David Miller, Honourary Board Member,
PricewaterhouseCoopers LLP

Nancy Burbidge, Agency Representative,
Wolfville Area Interchurch Council
Food Bank

Debbie Smith, Agency Representative,
South Shore Family Resource Association

Dianne Swinemar, Designated Agent
of Society, Executive Director,
FEED NOVA SCOTIA

Message from the Board chair

Greetings on behalf of FEED NOVA SCOTIA's Board of Directors. 2009 marks 25 years since FEED NOVA SCOTIA was incorporated as the Metro Food Bank Society. We would normally sing Happy Birthday on such an occasion. Normally, we would celebrate the years of our existence, but FEED NOVA SCOTIA is not a normal organization. We can however, celebrate the continued efforts in 2008-2009 to fight hunger and poverty in our province.

We can celebrate the work of the Member Agencies—those people who work every day on the front lines supporting hungry people in Nova Scotia. Surely, we can also celebrate the contributions that are made daily by our volunteers. In fact, in 2008-2009, volunteers contributed over 40,000 hours of their time. This is an astounding amount.

We can also celebrate our donors. FEED NOVA SCOTIA is so fortunate to have continued support from the community, whether it's the corporate donors who contribute hundreds of thousands of kilograms of food, those who answer our appeal letters, or the individuals who drop by in person with a bag of groceries or a donation. Each plays a key role in helping to feed hungry Nova Scotians.

We can celebrate the ongoing commitment of the dedicated employees and Board of FEED NOVA SCOTIA. Executive Director Dianne Swinemar and her staff work tirelessly on the ground to ensure a smooth-running organization, and the Board of Directors offer advice and guidance from a strategic position.

But our celebration must be tempered by the reality of our work. In 2008-2009, FEED NOVA SCOTIA distributed 1.8 million kilograms of food worth over \$12 million, and we anticipate that number to grow. We will continue to rely on our member agencies, volunteers, donors and staff to help us meet the needs of those who experience food insecurity in our province.

FEED NOVA SCOTIA has made great strides in meeting our immediate goal of feeding hungry people, and we continue working toward our ultimate goal of eliminating chronic hunger and alleviating poverty. When that goal is met, we will truly CELEBRATE.

On behalf of FEED NOVA SCOTIA's Board of Directors, thank you so much to all of you who have helped feed the hungry. To those whom we serve, we promise to do our best.

It has truly been an honour,



John Drish, Board Chairperson



Message from the Executive Director

On June 27th this year, we celebrated FEED NOVA SCOTIA's 25th anniversary. As the date approached, some worried that acknowledging it would mean we were celebrating 25 years of hunger and poverty. We do not celebrate the fact that conditions which result in poverty have persisted. We celebrate the people, inside and outside the organization, who have worked tirelessly, the past 25 years, for a hunger-free Nova Scotia. In our 25th year there was no exception, the incredible effort to feed the hungry, alleviate poverty and eliminate chronic hunger continued.

Over 500 food and fundraising events were held in support of FEED NOVA SCOTIA this year. Whether it was school children going door-to-door in their neighborhood, local businesses collecting on our behalf, or a concert or barbecue with proceeds going to the organization, many hands came together this year to raise the resources required to meet our mission.

October, the beginning of our second quarter, presented a great challenge as our warehouses were almost bare. The response of the community was a fine example of the overwhelming generosity of Nova Scotians as the community rallied for us in a big way, coming forward with donations or a helping hand to volunteer. Food inventory started to increase and stabilize once again and we could all breathe a sigh of relief. Donations continued to come in, and during the

last quarter of 2008-2009, we shipped 464,671 kilograms of food to our Member Agencies—a number that was up 9.4 per cent compared to the previous year. By the end of June, our inventory was three times larger than last year. This increase allowed us to send out strong shipments of food to member agencies during the summer, a time that's typically known as the "lean season" in the food banking world.

These accomplishments, plus many more, are only possible because of the tireless efforts of the entire FEED NOVA SCOTIA community, which includes our 150 member agencies, our hundreds of volunteers (including our caring Board of Directors), our staff team, along with the thousands of advocates and donors who support our work and mission. We could not do it alone, and it is a privilege each day to work with all of these people to achieve our goals. As we focus on the fallout of the most recent recession, our organization's commitment to fighting hunger serves as a beacon of hope for a growing number of Nova Scotians who find themselves seeking out the services of a food bank, many for the first time in their life.

Your support made the difference.



Dianne Swinemar, Executive Director



Staff Management

Dianne Swinemar
Executive Director, FEED NOVA SCOTIA

Norma Craib
Director of Human Resources

Becky Mason
Director of Strategic
Initiatives and Client Services

Kirk McGrath
Director of Operations

Kelly Power
Director of Development

Honourary Degree Announcement

On May 22, 2009 Dianne Swinemar, Executive Director of FEED NOVA SCOTIA, received an Honorary Doctorate of Civil Law from Saint Mary's University to acknowledge her outstanding leadership in community activism. This is the second time Dianne's commitment to end chronic hunger and alleviate poverty has been recognized with an honorary degree. She also holds an Honorary Doctorate of Canon Law from the University of King's College.

In her 18 years with FEED NOVA SCOTIA, Dianne has garnered a number of other honours for her dedication to promoting social justice, including the Governor General's Golden Jubilee Medal, the Canadian Progress Women of Excellence Award for Communications & Public Affairs, the WAY TO BE Nova Scotian Award and the Elizabeth Ann Seton Award from the Sisters of Charity. Dianne also holds a Master of Management (Program for National Voluntary Sector Leaders) from McGill University.



Milestones from 2008 - 2009

JULY

- The golf clubs come out for the first Tom Jackson Swinging for Supper golf tournament and the event raises over \$18,000 for FEED NOVA SCOTIA.

AUGUST

- The summer appeal raises \$70,221.20 from 841 donors, representing a 27.6 per cent increase in revenue from 2007.
- K-Rock 89.3 uses fire halls, a 5-ton truck and prizes across the Annapolis Valley to raise 6,778 kg of non-perishable food and \$809.

SEPTEMBER

- Kraft Canada Inc. matches donations made to FEED NOVA SCOTIA dollar-for-dollar up to a maximum of \$13,500 during the annual Kraft Hunger Challenge. The event raises \$38,120.09.

JANUARY

- The Halifax Mooseheads' LONG Game raises \$7,500.
- The Purolator Tackle Hunger raises 186 kg of food and \$586 in donations at a Halifax Mooseheads game.
- The annual New Year's Day Herring Cove Polar Dip raises \$500.
- Participating University Libraries Food for Fines event raises 388 kg and \$815.

FEBRUARY

- The Tim Hortons All-Stars team up with the Police Association of Nova Scotia for a friendly hockey game at the Halifax Forum and raise \$4,000.
- Curves food drive raises 2,065 kg of food.

MARCH

- Loblaws hosts their first national food drive and raises \$37,961 and 7,070 kg of food for FEED NOVA SCOTIA's member agencies.
- FEED NOVA SCOTIA's Member Agencies complete HungerCount surveys for 2009.
- CBC's Tunes for Troubled Times: Music of the Depression Era raises over \$4800.



“Great opportunities to help others seldom come, but small ones surround us everyday.” - Sally Koch

Did you know?

FEED NOVA SCOTIA distributes food to 12 school breakfast programs that serve over 1300 students.

Milestones of 2008 - 2009

OCTOBER

- Farm Credit Canada's Drive Away Hunger raises \$30,705.69 and 18,677 kg of food.
- Rogers food drive raises \$7,643.75 and 482 kg of food.
- Atlantic Tiltload raises \$14,500 at a successful auction and draw.
- Atlantic Superstore province-wide food drive raises 8,878 kg of food and \$9,559 in donations.

APRIL

- FEED NOVA SCOTIA celebrates the contributions of over 600 volunteers during National Volunteer Week.
- The province releases the Nova Scotia Poverty Reduction Strategy, a framework to address the needs of Nova Scotians who are most vulnerable and most at risk of falling into poverty.

NOVEMBER

- Food Banks Canada releases HungerCount 2008, a comprehensive report on hunger and food bank use in Canada.
- The Annual Canada Post food drive raises 25,869 kg of food.
- A new annual event with 101.3 The Bounce brings high schools in the Halifax Regional Municipality together in friendly competition to raise 5,700 kg of food and \$2,500.

MAY

- Executive Director Dianne Swinemar receives an Honorary Doctorate of Civil Law from Saint Mary's University to acknowledge her outstanding leadership in community activism.
- Participants lace up their sneakers for the Scotiabank Blue Nose Marathon Charity Challenge and raise \$8,294 for FEED NOVA SCOTIA.

DECEMBER

- The Christmas appeal raises \$357,024.87—the most successful appeal in FEED NOVA SCOTIA's history.
- With the help of Member Agencies and 27 community partners, 7229 families in the Halifax Regional Municipality are supported for Christmas through our Christmas registry program.
- 393 sponsors support 529 families through FEED NOVA SCOTIA's Adopt-A-Family program.
- 104 people sign up with FEED NOVA SCOTIA as first-time volunteers.
- The annual CBC food drive raises 1,500 kg of food and \$30,652 in cash donation.
- Metro Transit, C-100 and Scotiabank's annual Stuff A Bus raises 20,500 kg of food and almost \$20,000.
- Q104's annual Hunger Strike raises 4,064 kg of food and \$37,700.
- Bishop's Cellar Case of Compassion raises over \$6,400 in support of FEED NOVA SCOTIA.

JUNE

- FEED NOVA SCOTIA shares the thought-provoking stories of Nova Scotians who use food banks and meal programs with the public, media and government representatives on National Hunger Awareness Day.

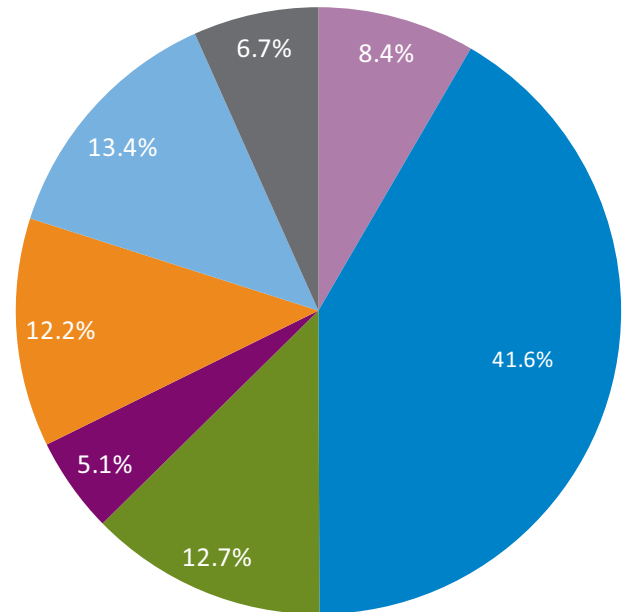




1.8 MILLION KG

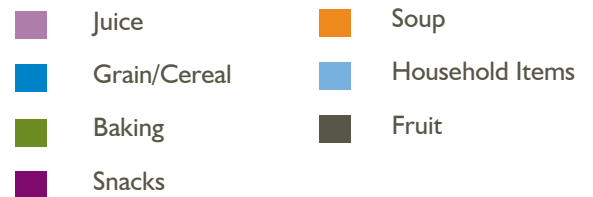
The volume of food donations increased in 2008-2009, however the weight of food distributed (1.8 million kg) was down 4.8 % due to a higher percentage of “lighter” weight food items being donated, such as cereals, breads, and crackers.

National Food Sharing System Donations by Food Type

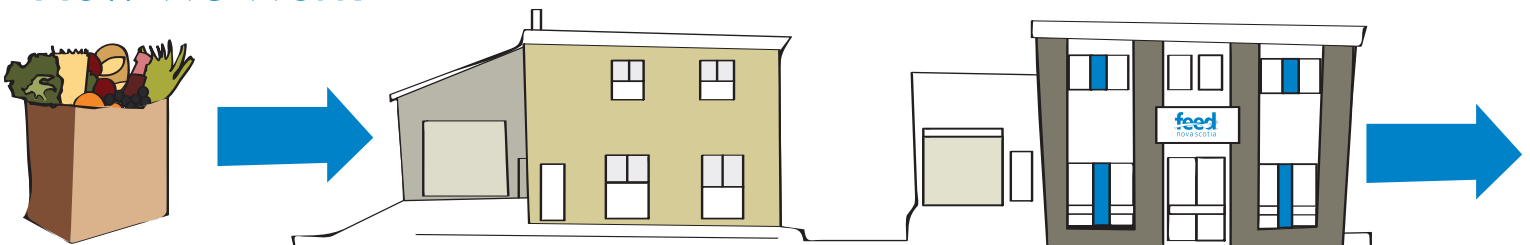


The Fair Share System

FEED NOVA SCOTIA uses the ‘fair share’ system to distribute provincial and local food donations. Every food donation FEED NOVA SCOTIA receives, whether it is from individuals, schools, businesses, farmers, food growers and producers, grocery stores, or the wholesaler industry, is distributed according to the ‘fair share’ system. This system ensures the equitable distribution of food donations to Member Agencies based on HungerCount, the annual national survey of food bank use in Canada. By giving to FEED NOVA SCOTIA, donors reach food banks and meal programs across Nova Scotia, ensuring that people in communities throughout the province have access to a balanced variety of nutritious food in times of financial need or crisis.



How We Work



Donations

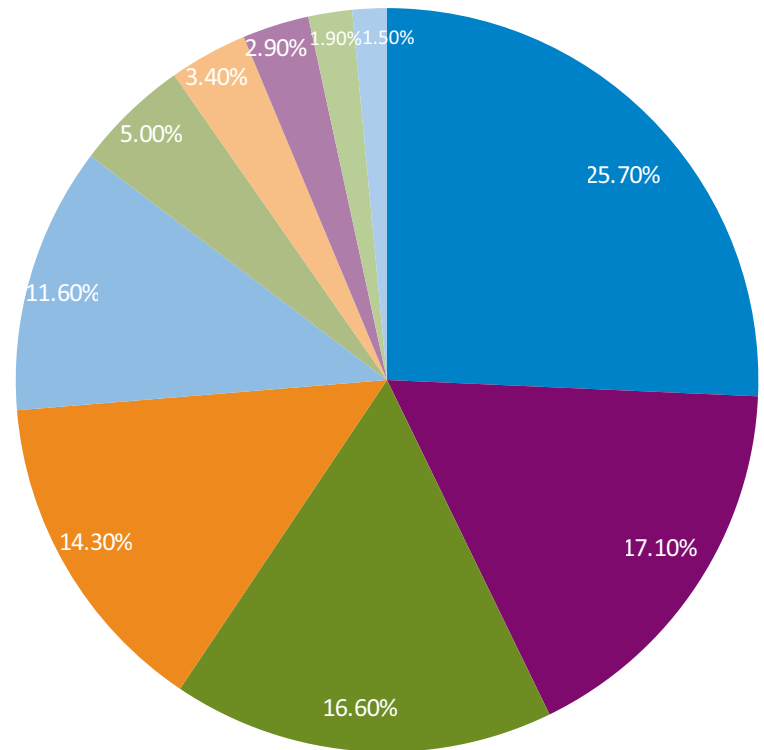
FEED NOVA SCOTIA Warehouses

Did you know?

For every \$1 donated FEED NOVA SCOTIA can distribute \$14 worth of donated food.

Where the food comes from

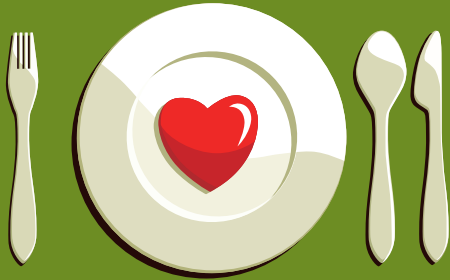
Food Drives and Corporate Donations	25.7%
Produce donated by wholesalers/grocers	17.1%
Produce donated by commercial farmers	16.6%
Reclaimed or unmarketable food donated by wholesalers/grocers	14.3%
Bakery retail	11.6%
National Food Share System - Food Banks Canada	5.0%
Donations collected in grocery store bins	3.4%
Food purchased by FEED NOVA SCOTIA	2.0%
Prepared food donated by hospitals, hotels, etc.	1.9%
Dairy processor donations	1.5%



In 2008/2009 FEED NOVA SCOTIA'S delivery vehicles travelled **324,900 KM**. That's over 16 times the distance between the North and South Poles!

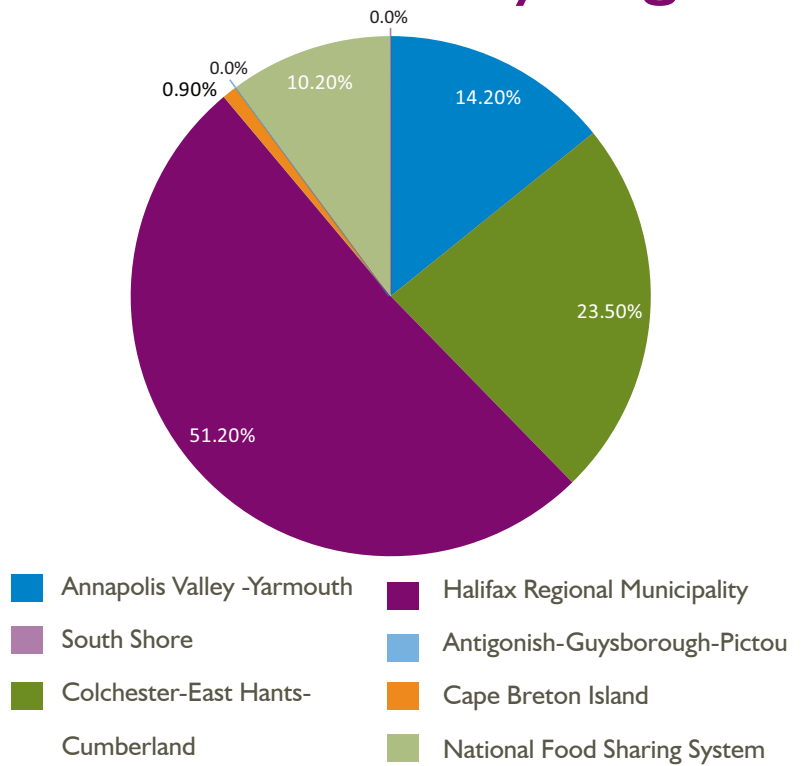


Feeding hungry people

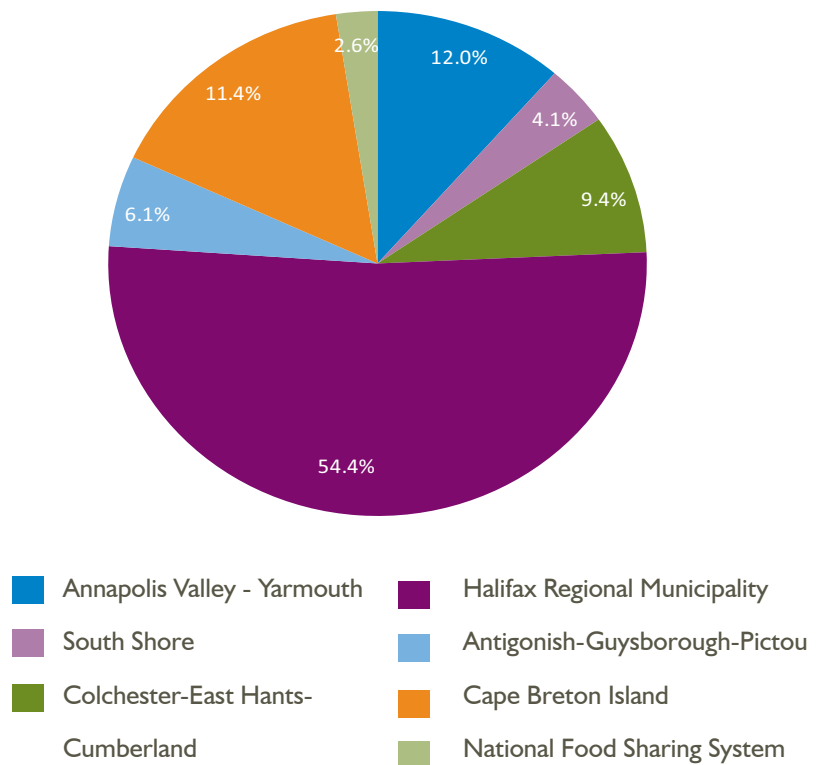


FEED NOVA SCOTIA is the provincial food collection and distribution centre for approximately 150 food banks and meal programs across Nova Scotia. We provide year-round assistance to these Member Agencies who serve thousands of Nova Scotians every month.

Food Donated by Region



Food Shipped by Region

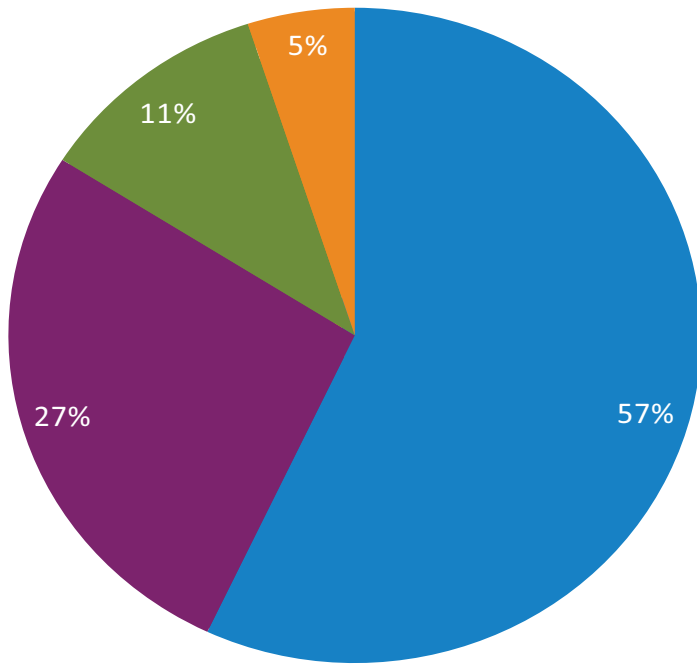


Hunters Helping the Hungry

Hunters provided 735 kilograms of deer and moose meat for hungry people in Nova Scotia last year. That's a significant donation since it translates into 6,500 servings of protein—a much needed food group. And it was made possible through Hunters Helping the Hungry, a joint initiative of FEED NOVA SCOTIA and the hunting community where hunters can donate deer and moose meat to food banks and meal programs across the province.



Sources of Revenue



- Donations
- Fundraising
- Grants
- Other

Funds Raised by Region



- Annapolis Valley - Yarmouth
- South Shore
- Colchester - East Hants - Cumberland
- Halifax Regional Municipality
- Antigonish - Pictou - Guysborough
- Cape Breton Island



LEAVE A LEGACY™



FEED NOVA SCOTIA's goal is to feed hungry people today, but we are also committed to building a brighter future for the Nova Scotia of tomorrow. Planned Giving is FEED NOVA SCOTIA's response to our desire to see that brighter future realized. It is an opportunity for our friends and supporters to make a commitment to help us create a stronger, healthier, more prosperous Nova Scotia.

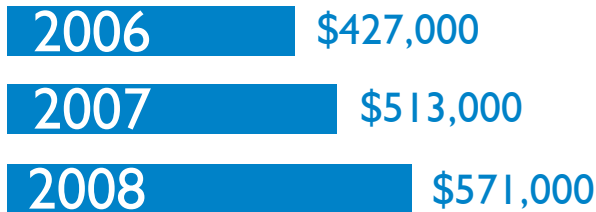
During the 2008-09 fiscal year, FEED NOVA SCOTIA received six bequests from six estates valued at over \$50,000. These gifts to FEED NOVA SCOTIA will create a lasting legacy for future generations of Nova Scotians, ensuring that hungry individuals and families in our province will always have a place to turn in their time of need.

DIRECT MAIL APPEALS

FEED NOVA SCOTIA uses direct mail as a fundraising technique. We mail a letter with a focused message to a targeted group of our past and potential donors.

In 2008, FEED NOVA SCOTIA's direct mail appeals raised

\$571,000

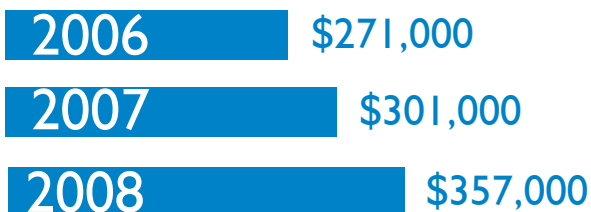


FEED NOVA SCOTIA mails appeal letters three times per year: Spring, Summer, and Christmas. The Chronicle Herald distributes our fourth appeal at Thanksgiving time.

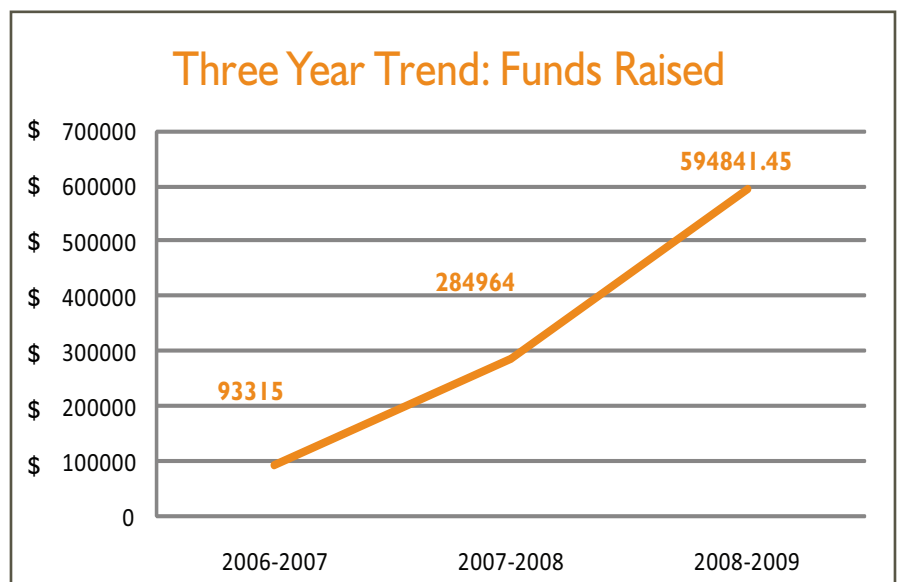
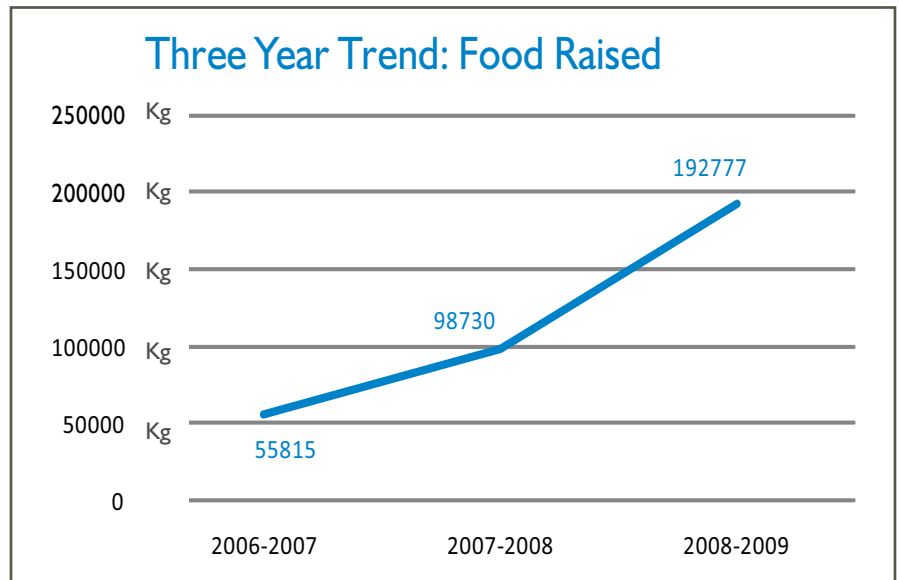
The 2008 Christmas Appeal raised

\$357,000

It was the most successful appeal in the history of FEED NOVA SCOTIA.



Food and funds raised by events in support of FEED NOVA SCOTIA continue to grow.



Did you know?

FEED NOVA SCOTIA distributed 46,109 kg of food to Prince Edward Island and New Brunswick in 2008- 2009.

Top 20 Food Donors

1	Sobeys Inc. (NS)	508,158 kg
2	Atlantic Superstores (NS)	112,958 kg
3	Ben's Thrift Store	83,600 kg
4	Sawler Gardens Ltd.	80,201 kg
5	Nova Agri Inc.	58,945 kg
6	Vermeulen Farms	36,730 kg
7	Sysco Canada (NS)	34,573 kg
8	Kraft Canada Inc. (NB)	27,019 kg
9	PEI Potato Board	25,000 kg
10	M & S Food Service, a GFS Canada Company	20,139 kg
11	Seafood Express (PEI)	19,440 kg
12	Seaway Distributors Ltd.	17,016 kg
13	Den Haan Enterprises Ltd.	15,472 kg
14	Sable Warehousing & Distribution	15,334 kg
15	Armour Logistics Services Inc.	13,948 kg
16	Lighthouse Sales & Distributors Ltd.	10,999 kg
17	Costco	10,894 kg
18	Scotsburn Dairy	10,576 kg
19	Midland Transport Ltd.	8,986 kg
20	Hostess Frito - Lay Company	7,929Kg

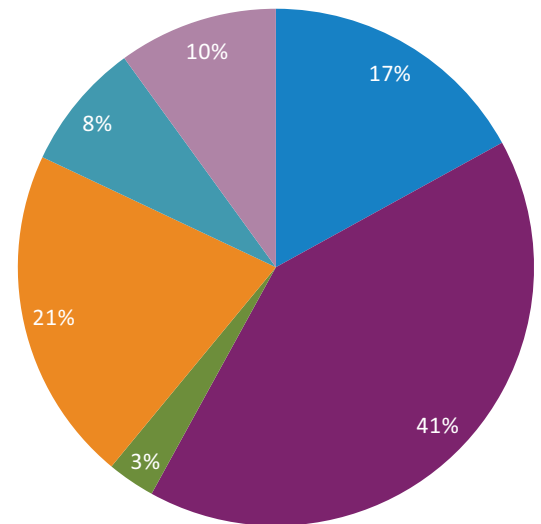
Food Banks Canada

Food Banks Canada's National food share program supported by national donors resulted in

160,071 kg

being shared with FEED NOVA SCOTIA

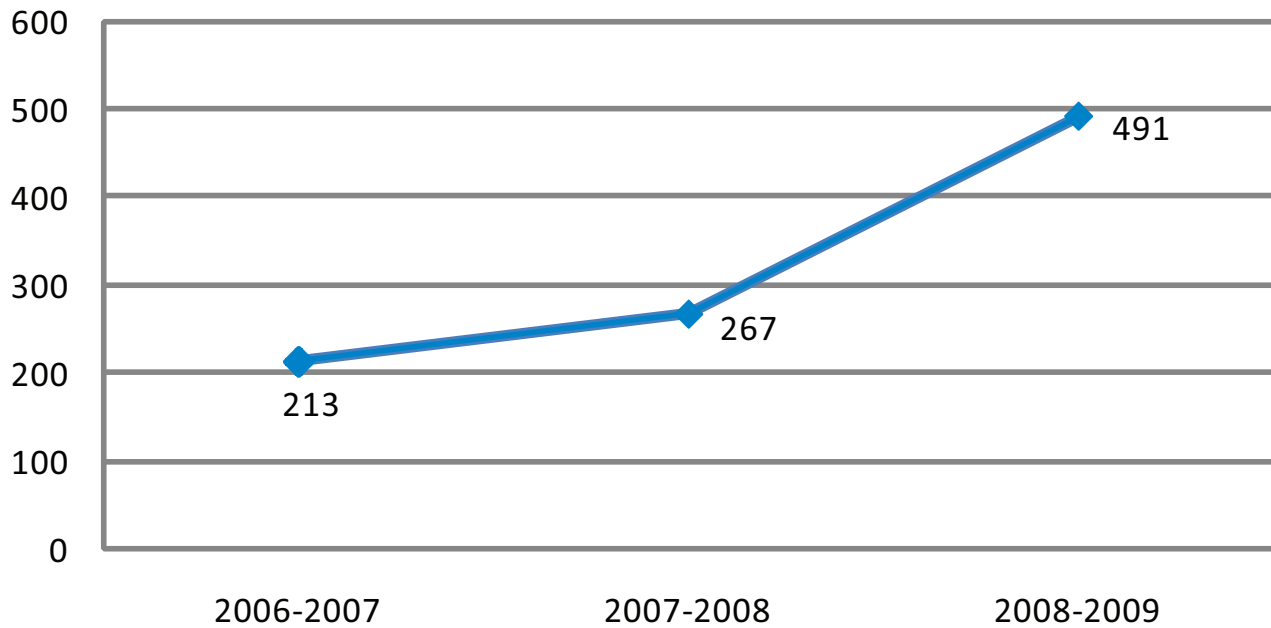
How we spend your donations



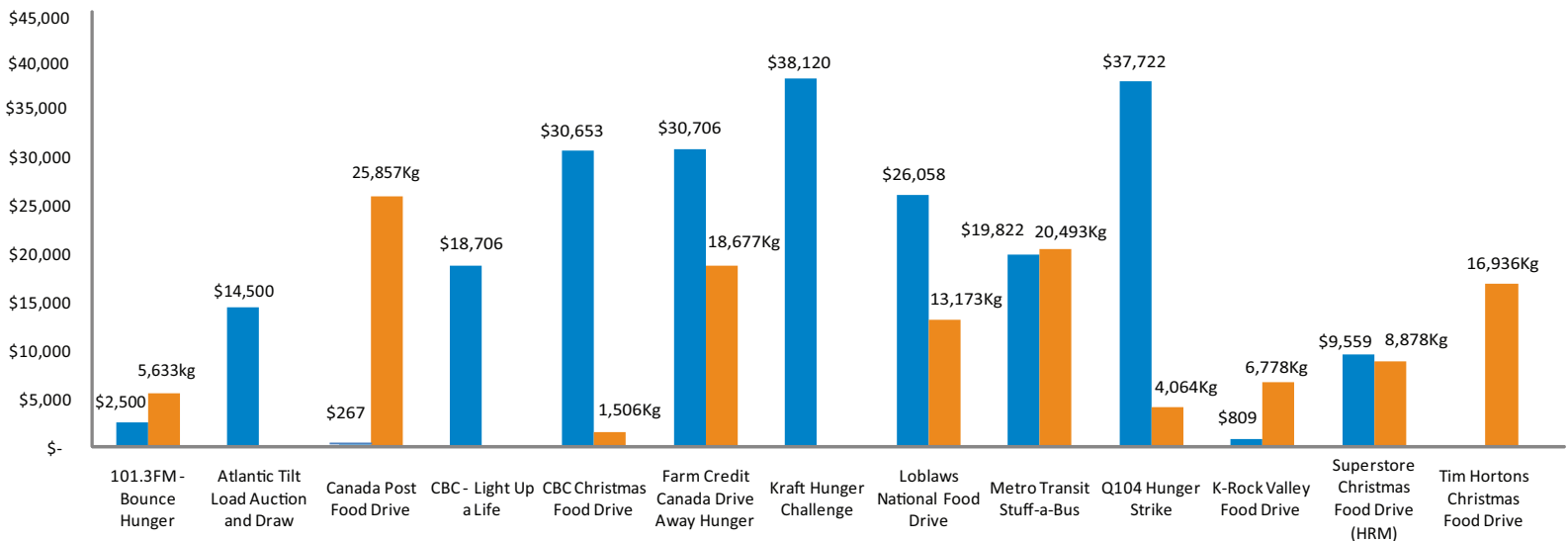
- Client Programs & Support Services
- Operations - Food Distribution
- Operations - Occupancy
- Volunteer Services & Administration
- Communications & Donor Relations
- Fundraising Expenses



Three Year Trend: Third Party Food & Fundraising



Top Third Party Events (Alphabetically)



Third-party events are organized by groups and individuals on behalf of FEED NOVA SCOTIA. These events are registered and endorsed by FEED NOVA SCOTIA, and the organization receives the proceeds. Third-party event registrations have increased by 84% over last year to a total of 491 events.

Signature events are events or activities organized by FEED NOVA SCOTIA or volunteer representatives which, in most cases, occur in partnership with other organizations. The success of these annual events is due to the generosity of the organizing committees who give of themselves and the amazing partners we have in organizations such as Global Maritimes, Hoyt's Moving and Storage Ltd. and TD Canada Trust.



Swinging for Supper July 2008

Developed under the leadership of Tom Jackson, **Swinging for Supper** combines Tom's love of golf and live music to raise money and awareness for food banks across the country. In 2008, **Swinging for Supper** raised over \$18,000 for FEED NOVA SCOTIA. Visit our website www.swingingforsuppernovascotia.ca

Tunes For Troubled Times

CBC Radio presented Tunes for Troubled Times: Music of the Depression Era, on Thursday March 19 at the Rebecca Cohn Auditorium. The concert featured performances by David Myles, Erin Costelo, Thom Swift, Susan Crowe, Pastor Wallace Smith, Linda Carvery, Roxeen & Ryan Roberts and Morgan Davis. The concept for the concert goes back to how people in the 1930s used music to rise above the difficult times they faced during the Great Depression. This event raised over \$4800. Thank you to CBC Radio for your continued support.

Signature

Chair-a-tea: October 2008

Chair-a-tea is an annual gala fundraiser in support of FEED NOVA SCOTIA. With the help of corporate sponsors like TD Canada Trust, we were able to raise \$82,000 for FEED NOVA SCOTIA last year. Nova Scotia's business leaders continue to step up to the plate to ensure that the more than 38,000 Nova Scotians who depend on us have healthy and nutritious food to eat. Visit our website www.chair-a-tea.org.

"Our future depends on our ability to nurture and encourage the young people of today. At TD Canada Trust we feel strongly about FEED NOVA SCOTIA's work and the incredible services they provide to our communities. Since its inception in 2001, TD Canada Trust has pledged over \$241,000 through Chair-a-tea. We are very proud to continue our partnership with FEED NOVA SCOTIA."

Monique Bateman, TD Canada Trust,
Atlantic Region Senior Vice-President

Did you know?

FEED NOVA SCOTIA has distributed over 16 million kilograms of food in 25 years of serving the community.

Canstruction® Nova Scotia: October 2008



Canstruction® Nova Scotia is an event that helps feed hungry people while showcasing our province's abundant talent, generosity and creative power. Now in its sixth year, Canstruction® Nova Scotia brings together teams from many industries and communities to build unique structures using canned food.

Judged by a panel of community leaders, the award winning entries go on to an international competition, where they compete with the best sculptures from across North America. For the past three years, Canstruction® Nova Scotia has been successful in producing award winning cansculptures at the international level.

In 2008, Canstruction® Nova Scotia raised \$32,500 and 16,706 kg of food – or more than 41,000 cans of food.

Visit our website www.canstructionnovascotia.com

Events



Scotiabank Blue Nose Marathon Charity Challenge: May 2009

The Scotiabank Blue Nose Marathon was held May 15-17, 2009. This event allowed any registered Canadian-based charity to build a team and participate in the event as an official charity. Fifteen participants registered in support of FEED NOVA SCOTIA and raised \$8,294. For every \$250 raised, fundraisers were eligible for a ballot to win a \$2500 travel voucher from Absolute Travel Specialists.



Our Member Agencies

Region 1 - Annapolis Valley - Yarmouth

Annapolis Area Food Bank Society
Berwick Food Bank
Bridgetown & Area Food Bank
Canning Area Food Bank
Clare Food Bank
Digby & Area Food Bank
Fundy Interchurch Food Bank
Hantsport & Area Community Food Bank
Twelve Baskets Food Bank
Upper Room Food Bank Association
Weymouth Area Food Bank
Windsor & District Food Bank
Wolfville Area Food Bank
Yarmouth Food Bank Society

Region 2 - South Shore

Bridgewater Elementary School Breakfast Program
Bridgewater Interchurch Food Bank
Food For Thought Breakfast Program
Lighthouse Food Bank Society
Lunenburg Interchurch Food Bank
Mahone Bay Area Food Bank Association
Mic Mac Benevolent Society (Liverpool)
New Germany Area Food Bank
Queens County Food Bank
Shelburne Loyalist Food Bank
South Shore Family Resource Association

Region 3 - Colchester - East Hants - Cumberland

Amherst Food Assistance Network Association
Caring & Sharing (Enfield)
Colchester Food Bank Association
Hants North Community Food Bank
Indian Brook Food Bank
Mic Mac Benevolent Society (Truro)
Oxford & Area Food Bank Association
Parrsboro & Area Food Bank
Pugwash & Area Food Bank (Open Hamper)
Salvation Army Family Services (Truro)
Shumilacke Food Bank Society

Region 4 - Halifax Regional Municipality

A.J. Smeltzer Junior High School
Adsum Centre for Women and Children
Adsum Court
Adsum House
Alcare Place
Alice Housing
Ark Outreach
Bayers Westwood Family Centre
Bayers Westwood Residents' Association Food Bank
Beacon House Interfaith Society
Brunswick Street Mission Breakfast Program
Brunswick Street Mission Food Bank
Caledonia Junior High School
Dartmouth Among Friends
Halifax Caring & Sharing
City Church Hope Ministries Food Bank
Cole Harbour/Woodside United Church Food Bank
Communities And Uniacke Square Engaging (CAUSE)
Community YMCA
Connections Clubhouse
Corp. of Christ Church
Cunard Learning Centre
Dalhousie University Student Union Food Bank
Dartmouth Family Centre
Dartmouth First Baptist Food Bank
David's Place
East Dartmouth Christian Food Bank Association
Eastern Shore Volunteer Food Bank
Elizabeth Fry Society
Emmanuel Anglican Church Food Bank
Feeding Others of Dartmouth Margaret House
FLEC - Bedford Highway
FLEC - Dartmouth Forsythe Centre
FLEC - St. Pat's-Alexandra School
Freedom Foundation of Nova Scotia
Gateway Community Church
Greystone Drive Tenants' Association
Halifax Transition House Association (Bryony House)
Halifax West Ecumenical Food Bank
Helping Hands Food Bank
Highland Park Junior High School
John Martin Junior High School Breakfast Program

Region 4 - Halifax Regional Municipality

Lake Echo Community Food Bank
Lesbian, Gay & Bisexual Youth Project
Lockview High School Food Bank
Mainline Needle Exchange
Manna For Health
Marine Communities Food Bank Society
Metro Non-Profit Housing Association Dartmouth
Metro Non-Profit Housing Association Halifax
Metro Turning Point
Mic Mac Native Friendship Society
Mount Saint Vincent University Student's Union
Mulgrave Park Tenants Association
New Beginnings Clubhouse
New Life Christian Centre - Breakfast Program
North Dartmouth Outreach Resource Centre Society
Parent Resource Centre (Dartmouth)
Phoenix Youth Programs - Coburg Road
Phoenix Youth Programs - Hunter Street
Phoenix Youth Programs - Tower Road
Prince Andrew High School Youth Health Centre
Prince Arthur Junior High
Rainbow Food Bank
Salvation Army Booth Centre
Salvation Army Family Services (Dartmouth)
Salvation Army Family Services (Halifax)
St. Agnes Junior High School Breakfast Program
St. Andrew's Church Supper Program
St. Clement's SVDP
St. George's YouthNet
St. James United Church Food Bank
St. Leonard's Society of NS (Barry House)
St. Margaret's Bay Food Bank
St. Mark's Food Bank
St. Matthew's United Church Breakfast Program
St. Patrick's Alexandra Junior High
St. Paul's Family Resources Institute Inc.
St. Paul's SVDP
SUNSCAD
The Laing House Association
The Marguerite Centre
The Stepping Stone Association
Victoria Road Baptist Church Food Bank

Region 5 - Antigonish - Guysborough - Pictou

Antigonish Community Food Bank
Canso & Area Food Bank Association
Guysborough & Area Food Bank Society
Pictou County (East) Food Bank
Pictou West Food Bank

Region 6 - Cape Breton Island

Barra Food Bank Society
CAW Louisbourg Food Bank Society
Eskasoni Charity Society
Glace Bay Food Bank Society
Helping Hands South of Smokey
Inner City Churches - Loaves and Fishes Society
Mic Mac Benevolent Society (Sydney)
North Sydney Community Food Bank
Port Hawkesbury Food Bank Society
Port Hood Food Bank
Salvation Army Family Services (Sydney)
St. Agnes SVDP Society St. Leonards
St. Louis Community Services Committee
St. Theresa's Food and Clothing Depot
SVDP Society St. Leonards
Sydney Mines Food Bank Society
The AIDS Coalition of Cape Breton



Awareness

As reported in HungerCount 2009:

Food banks in Nova Scotia supported at least 8,992 households in March, 2009.

Meal programs in Nova Scotia served 509,739 meals in March 2009.

As reported in HungerCount 2009:

19% of households supported by food banks in Nova Scotia are two-parent families.

12 % of households reported their primary income to be from current or recent employment.

Programs

Eliminating chronic hunger and alleviating poverty

Hunger and poverty can be eliminated, and each day at FEED NOVA SCOTIA, members of the Strategic Initiatives and Client Programs team strive to reach this goal and convince others to join the organization in becoming agents of change. Progress will only be made when individuals, families, communities, businesses and government start talking about hunger and poverty, are motivated to find innovative solutions and compelled to make a difference. FEED NOVA SCOTIA effectively collects and analyzes data related to hunger in Nova Scotia through the annual HungerCount, from member agencies across the province and through the stories of people who share their fears, frustrations and hopes with our staff. We relay this important information to school groups, churches, businesses, advocacy groups, community service and social justice groups and federal and provincial government departments and commissions. Politician Hugh Segal spoke about poverty in a speech to the Senate in February 2008. He said, “The old solutions, the old pathology, the old demeaning approaches are not good enough for Canadians anymore.” FEED NOVA SCOTIA is in a unique position to become a catalyst for change by providing an accurate picture of hunger and working with the community to find new solutions and new approaches to improve the lives of those struggling with poverty in our province.

Data & Statistics

Did you know?

FEED NOVA SCOTIA first opened its doors in 1984 as the Metro Food Bank Society to provide emergency food relief within Metro Halifax.

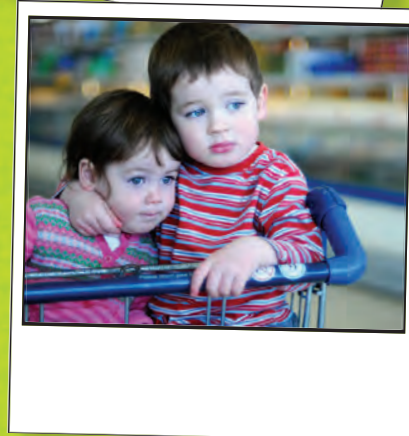
Food banks and meal programs in Nova Scotia report that the number of clients they serve is on the rise.

Increase in number of individuals assisted by FEED NOVA SCOTIA member agency food banks by region as reported by HungerCount 2008 - 2009

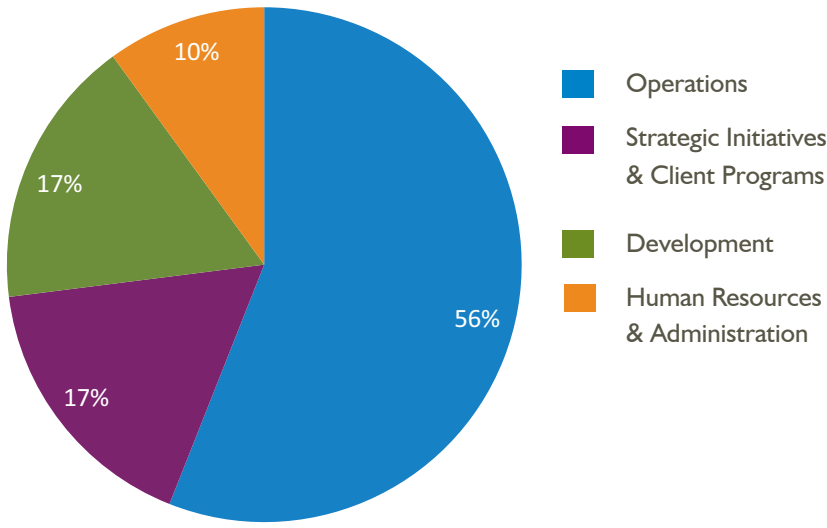
Region	Increase
Region 1: Annapolis Valley - Yarmouth	18%
Region 2: South Shore	18%
Region 3: Colchester -East Hants - Cumberland	36%
Region 4: Halifax Regional Municipality	23%
Region 5: Antigonish - Pictou - Guysborough	8%
Region 6: Cape Breton Island	3%

FEED NOVA SCOTIA supports Food Banks Canada's recommendations to reduce hunger in Canada and encourages Nova Scotians to consider the following initiatives when speaking to their political representatives:

1. The provincial government immediately implement the Nova Scotia Poverty Reduction Strategy, and the federal government implement a poverty-reduction strategy with measurable targets and timelines.
2. The federal government increase the value of the Working Income Tax Benefit and widen eligibility of the program to include all households with earned incomes below the most recent low-income cut off (LICO).
3. The federal government increase the value of the Canada Child Tax Benefit to \$5,000 per child, per year.
4. Implementation of the recent recommendations of the Standing Senate Committee on Agriculture and Forestry with regard to a) increased funding for rural housing improvement and repair, and b) a review of rural housing programs to ensure they are effectively meeting objectives.



Volunteer Hours By Department



Volunteers contributed the equivalent of **21 FULL TIME STAFF POSITIONS**



In 2008 -2009 volunteers contributed

40,772 HOURS

to FEED NOVA SCOTIA

2006/07 37,575 hours

2007/08 37,678 hours

2008/2009 40,772 hours



“In helping others, we shall help ourselves, for whatever good we give out completes the circle and comes back to us.” - Flora Edwards

FEED NOVA SCOTIA is a member of Volunteer Canada



FEED NOVA SCOTIA is fortunate to have an energetic and dedicated team of more than 600 volunteers who help us achieve our mission to feed hungry people, eliminate chronic hunger and alleviate poverty by donating hours upon hours of their time to make sure no person in Nova Scotia goes hungry. From students to professionals and from youth to retirees, our volunteers come from every background. Some come to us hoping to improve their English or gain new skills, but all of our volunteers come to FEED NOVA SCOTIA with a desire to contribute positively to their community.

What kind of things do FEED NOVA SCOTIA volunteers do?

- Sort non-perishable and perishable food items
- Transport and unload orders to food banks and meal programs
- Respond to calls on the Helpline
- Answer and direct inquiries on the reception desk
- Building maintenance and clean up
- Data entry
- Count donations
- Represent the organization at special events
- Tutor Learning Kitchen students

Who volunteers at FEED NOVA SCOTIA?

- People who believe in our mission
- People who want to give back to their community
- People who want to add work/volunteer experience to their resume
- People who want to develop new and/or different skills
- People who want to socialize and meet new friends
- People who want to do something meaningful in their spare time



Learning Kitchen

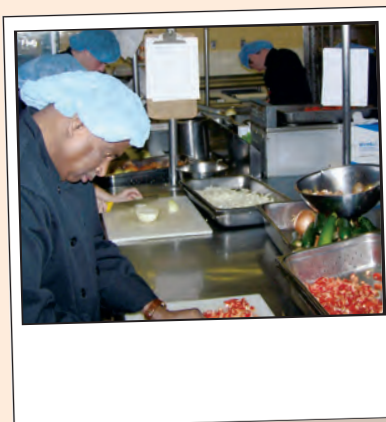
"I would like to thank FEED NOVA SCOTIA's Learning Kitchen for producing some of the best associates I have had the pleasure of hiring."

Trevor Simms, Executive Chef, Marriott Harbourfront Hotel



In 2008-2009 fifteen participants completed this life skills and culinary employment training program. In response to recommendations from participants and industry representatives, the curriculum was expanded from 14 weeks to 17 weeks to provide an additional week of on-site training and 2 extra weeks with the work placement.

FEED NOVA SCOTIA has been coordinating the Learning Kitchen Employment Training program for 4 years and statistics, as well as feedback from the hospitality sector, confirm that the program is achieving its goals. Over 78% of



graduates have maintained employment or educational activities 12 months after completing the program. As well, the Learning Kitchen graduates are acquiring the reputation of being well prepared for a career in the food

service sector and it is not uncommon for the Learning Kitchen to receive a call from a local chef asking if a participant is available to come work at their establishment.

During the past year, partnerships with the community and hospitality sector continued to be developed as the Learning Kitchen participants took part in a number of industry events, provided catering services for community functions and prepared over 2,455 meals per month for two local meal programs.

With the support of the Department of Community Services, the Tourism Industry Association of Nova Scotia, individual businesses and the community, we will continue to prepare participants for a successful career in the food service industry.



"It is programs like this that give people like me and my classmates hope for the future."

- Graduate May 09

Client Services

FEED NOVA SCOTIA's first priority is to feed hungry people. Very often an individual experiencing hunger is also dealing with other challenges – medical issues; job loss; emotional stress and loss of self-confidence. We help individuals and families address their immediate challenges by listening to their needs and connecting them to the appropriate community resources such as food banks, shelters, government programs, and youth programs.

Telephone support

In 2008-2009 FEED NOVA SCOTIA responded to over 2,500 telephone inquiries. Individuals initially contact FEED NOVA SCOTIA regarding food assistance, but the discussion and support often extends to many other challenges being experienced by the caller.

Information Distribution

Lack of awareness is a significant barrier that prevents low-income individuals from benefitting from the existing programs and resources that are available to them. This year FEED NOVA SCOTIA developed a formal information distribution process to capitalize on the network available through our provincial membership. Staff develop plain language materials and distribute the information through our food distribution network and newsletters. Seven bulletins were circulated sharing information about subsidies for recreation programs, the election, HINI and a variety of government programs.

Directory of Community Resources

This hard copy directory which was updated and reprinted in 2009 contains contact information for over 730 community and government agencies that provide vital services and programs in the Halifax Regional Municipality. Of the 500 copies printed, over 50% (288 copies) had been sold by year end.

Christmas Registry

If you were to compare FEED NOVA SCOTIA's Christmas Registry with Santa's Workshop, the Christmas Registry would be the sorting room. FEED NOVA SCOTIA receives applications from families requesting Christmas support and then matches these requests with community partners. Last year 7,220 families received support through 475 sources, including our Member Agencies, community and faith groups, businesses and families.

Helpline



Throughout the past fiscal year our focus has been on building a strong foundation upon which to expand the Helpline to a province-wide, 24-hour service with an additional focus on parent support. We have continuously emphasized that we will achieve our goals through a deliberate and strategic expansion program.

To ensure service excellence the Helpline has undergone a major restructuring process including:

- Redesign of the training strategy
- Review and redesign of policy and procedures to address current legislation, best practices and service expansion
- Reduction in hours to better reflect volunteer capacity and guarantee coverage during stated operational hours
- Physical relocation
- Introduction of a new operational team and roles
- Re-establish relationships with community partners and services

Throughout the process, the Helpline continued to provide non-judgmental listening, risk assessment, and referral support to residents of the Halifax Regional Municipality. Trained volunteers and staff responded to over 7400 calls; 63% were from callers experiencing distress related to an emotional issue (such as grief, sexual assault, addictions or thoughts of suicide) and 33% concerned practical issues related to food, shelter or emergency transportation.

“I love being a volunteer on the Helpline because I get the opportunity to help people help themselves. Nothing is more inspiring than hearing the clarity in someone's voice when they find their own direction with a little support.”

-Helpline Volunteer

Did you know?

491 food drives and fund drives were held in 2008-2009 in support of FEED NOVA SCOTIA.



FEED NOVA SCOTIA is proud to be the Nova Scotia member of Food Banks Canada, a national charitable organization that represents the food bank community across the country. Food Banks Canada, formerly the Canadian Association of Food Banks, collects and distributes donated food and funds to its member agencies country-wide through the National Food Sharing System. Their mission is to meet the short-term need for food and find long-term solutions to hunger and poverty.

Hunger Count

HungerCount is a comprehensive report, conducted by Food Banks Canada since 1989, to help us better understand who is turning to food banks for help and why. The information also provides the basis to operate the National Food Sharing System.

The study is conducted during the month of March and results are released in November. Last year (2008) the study revealed that 704,414 people were assisted by a food bank in Canada—37% were children. Food bank use has consistently remained over 700,000 people per month since 1997, during some of the most economically prosperous years this country has ever seen. Preliminary results from the 2009 HungerCount show that the economic downturn is having a significant impact on Canadian families. Nova Scotia statistics indicate a 19% increase in the number of homes relying on community food programs.

FEED NOVA SCOTIA administers the annual survey in Nova Scotia, and this year 144 food banks and meal programs participated in the data collection.



June 2 has been designated National Hunger Awareness Day to help create awareness of the impact hunger and poverty have on individuals and families in communities across Canada. On June 2, 2009 FEED NOVA SCOTIA called on all Nova Scotians to donate food, funds, or time to ensure that food banks and meal programs can continue to meet the needs of hungry people during this difficult economic time. Dianne Swinemar read some of the stories of the individuals and families who use food banks and meal programs in Nova Scotia every month and representatives from the three major provincial political parties were invited to outline how their respective parties intended to take action to address hunger and poverty in Nova Scotia.

Code of Ethics

As members of Food Banks Canada, we are bound to the following Code of Ethics:

1. Everyone in Canada has the right to their daily sustenance and an existence which ensures that this condition is possible.
2. The food bank pledges its work to the ultimate physical and social well-being of low-income persons.
3. The food bank is committed to the following social justice principles:
 - a. The food bank will design its programs so that food is at all times reaching its most worthwhile use in the community.
 - b. The food bank will undertake to utilize all edible foods that are surplus to market needs, wherever it is economic to do so.
4. Each food bank recognizes its role as the steward of a community pool of food, which it shall strive to make available to all responsible groups providing charitable food.
5. Nationally, Food banks are committed to an ethic of sharing with those Canadian regions with less food resources.
6. The food bank will not barter, sell, or trade foodstuffs at any time.
7. The food bank will have the highest regard for the proper and safe storage and handling of food.
8. The food bank will know and understand the social service context in which it operates, to ensure that it does not reduce the impetus for improvement to the government social assistance programs.
9. The food bank recognizes its role in alleviating hunger as a temporary response to this crisis, and will devote part of its activities to lessening this role.
10. The food bank will conduct all its affairs and associations in a manner that will not trivialize the problem of hunger in any way, or see it used for commercial benefit.

METRO FOOD BANK SOCIETY - NOVA SCOTIA
(operating as FEED NOVA SCOTIA)

FINANCIAL STATEMENTS
for the year ended June 30, 2009

1
LYLE TILLEY DAVIDSON

LYLE TILLEY DAVIDSON

Chartered Accountants



AUDITOR'S REPORT

To the board of directors of **Metro Food Bank Society - Nova Scotia (operating as FEED NOVA SCOTIA)**

We have audited the statement of financial position of **Metro Food Bank Society - Nova Scotia (operating as FEED NOVA SCOTIA)** as at June 30, 2009 and the statements of revenue and expenditures, changes in fund balances and cash flow for the year then ended. These financial statements are the responsibility of the Society's management. Our responsibility is to express an opinion on these financial statements based on our audit.

Except as explained in the following paragraph, we conducted our audit in accordance with Canadian generally accepted auditing standards. Those standards require that we plan and perform an audit to obtain reasonable assurance whether the financial statements are free of material misstatement. An audit includes examining, on a test basis, evidence supporting the amounts and disclosures in the financial statements. An audit also includes assessing the accounting principles used and significant estimates made by management, as well as evaluating the overall financial statement presentation.

In common with many charitable organizations, the Society derives revenue from the general public in the form of donations, the completeness of which is not susceptible to satisfactory audit verification and donated food, the completeness and valuation of which is not susceptible to satisfactory audit verification. Accordingly, our verification of these revenues was limited to amounts recorded in the books of the Society, and we were not able to determine whether any adjustments might be necessary to revenues, excess of revenues over expenditures, assets and fund balances.

In our opinion, except for the effect of adjustments, if any, which we might have determined necessary had we been able to satisfy ourselves concerning the completeness of the donation revenue and completeness and valuation of donated food received from the general public, referred to in the preceding paragraph, these financial statements present fairly, in all material respects, the financial position of the Society as at June 30, 2009 and the results of its operations and cash flow for the year then ended in accordance with Canadian generally accepted accounting principles.

A handwritten signature in black ink that reads "Lyle Tilley Davidson".

CHARTERED ACCOUNTANTS

Halifax, Nova Scotia

August 18, 2009

101 Ilsley Avenue, Unit 7
Dartmouth, Nova Scotia B3B 1S8
Tel: 902.468.2688 Fax: 902.468.5966

1718 Argyle St., Suite 720
Halifax, Nova Scotia B3J 3N6
Tel: 902.423.7225 Fax: 902.422.3649
www.ltdca.com - email: (teammember)@ltdca.com
A MEMBER OF NEXIA INTERNATIONAL

48 Davison Drive
Bridgewater, Nova Scotia B4V 3K9
Tel: 902.543.1044 Fax: 902.543.0925

METRO FOOD BANK SOCIETY - NOVA SCOTIA
(operating as FEED NOVA SCOTIA)
STATEMENT OF FINANCIAL POSITION
as at June 30, 2009

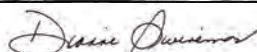
	2009	2008
ASSETS (note 5)		
GENERAL FUND		
Cash and short-term investments (note 3)	\$ 824,438	\$ 923,027
Accounts receivable	28,997	41,844
HST recoverable	24,547	18,663
Prepaid expenses	38,095	29,215
	916,077	1,012,749
CAPITAL FUND		
Capital assets (note 4 and 5)	660,692	693,531
	10,000	10,000
BEQUEST FUND (note 2(c))		
	70,709	-
OPERATIONAL RESERVE FUND (note 2(d))		
	\$ 1,657,478	\$ 1,716,280
LIABILITIES		
GENERAL FUND		
Bank indebtedness (note 5)	\$ -	\$ 115,466
Accounts payable and accrued liabilities	161,825	137,572
Legacy project (note 6)	32,616	27,570
Deferred revenue	80,771	50,199
	275,212	330,807
CAPITAL FUND		
Deferred contributions - capital campaign (note 7)	265,074	296,250
Deferred revenue		
Property acquisition (note 8)	70,484	73,421
Department of Community Services capital grant (note 8)	68,504	94,371
Long-term debt (notes 5 and 9)	82,435	96,371
	486,497	560,413
FUND BALANCES		
CAPITAL FUND	174,195	133,117
BEQUEST FUND	10,000	10,000
GENERAL FUND	640,865	681,943
OPERATIONAL RESERVE FUND	70,709	-
	895,769	825,060
	\$ 1,657,478	\$ 1,716,280

COMMITMENTS (note 11)

Signed on behalf of the Board



Director



Director

METRO FOOD BANK SOCIETY - NOVA SCOTIA
(operating as FEED NOVA SCOTIA)
STATEMENT OF REVENUE AND EXPENDITURES
for the year ended June 30, 2009

	2009	2008
DONATED FOOD (note 10 (a))	\$12,798,337	\$14,359,670
DISTRIBUTION OF FOOD TO MEMBERS (note 10 (a))	12,798,337	14,359,670
	-	-
REVENUE (schedule 1)	<u>2,553,262</u>	<u>2,872,657</u>
EXPENDITURES		
Food solicitation and distribution-		
Amortization of motor vehicles	42,453	46,322
Food purchases	138,340	101,407
Garbage collection	49,992	58,685
Salary and benefits	627,497	560,963
Supplies	28,461	32,093
Telephone	7,126	9,710
Training and development	1,647	784
Motor vehicle	256,002	213,388
	<u>1,151,518</u>	<u>1,023,352</u>
Advocacy and client services/membership support-		
Client support and outreach	11,153	10,133
Learning kitchen	166,420	138,546
Membership meeting expenses	519	1,122
Office and printing	6,622	1,033
Research and program development	-	3,102
Salary and benefits	276,546	241,511
Staff training and development	2,187	-
Telephone	2,009	636
	<u>465,456</u>	<u>396,083</u>
ADMINISTRATIVE (Schedule 2)	581,603	529,245
OCCUPANCY (Schedule 2)	86,338	86,958
RESOURCE DEVELOPMENT AND COMMUNICATIONS (Schedule 2)	195,388	136,286
REDIRECTED DONATIONS	<u>2,250</u>	<u>1,000</u>
	<u>2,482,553</u>	<u>2,172,924</u>
EXCESS OF REVENUE OVER EXPENDITURES FOR THE YEAR	<u>\$ 70,709</u>	<u>\$ 699,733</u>

LYLE TILLEY DAVIDSON

METRO FOOD BANK SOCIETY - NOVA SCOTIA
(operating as FEED NOVA SCOTIA)
STATEMENT OF CHANGES IN FUND BALANCES
for the year ended June 30, 2009

					2009	2008
	Operational Reserve Fund	Capital Fund	General Fund	Bequest Fund	Total	Total
FUND BALANCES - BEGINNING OF YEAR	\$ -	\$ 133,117	\$ 681,943	\$ 10,000	\$ 825,060	\$ 125,327
Excess (deficiency) of revenue over expenditures for the year	-	(9,140)	79,849	-	70,709	699,733
Transfers from general fund -						
Capital asset purchases	-	36,282	(36,282)	-	-	-
Repayment of long-term debt	-	13,936	(13,936)	-	-	-
Interfund appropriation	70,709	-	(70,709)	-	-	-
FUND BALANCES - END OF YEAR	\$ 70,709	\$ 174,195	\$ 640,865	\$ 10,000	\$ 895,769	\$ 825,060

METRO FOOD BANK SOCIETY - NOVA SCOTIA
(operating as FEED NOVA SCOTIA)
STATEMENT OF CASH FLOW
for the year ended June 30, 2009

	2009	2008
CASH FLOW FROM OPERATING ACTIVITIES		
Excess of revenue over expenditures for the year	\$ 70,709	\$ 699,733
Adjustments for:		
Amortization	69,120	81,161
Amortization of deferred revenue	(59,980)	(71,319)
	79,849	709,575
Changes in non-cash working capital:		
Accounts receivable	12,847	(12,954)
HST recoverable	(5,884)	2,520
Prepaid expenses	(8,880)	(1,998)
Accounts payable and accrued liabilities	24,254	(47,071)
Deferred revenue - legacy project	5,046	1,418
Deferred revenue - other	30,572	12,975
	137,804	664,465
CASH FLOW TO FINANCING ACTIVITIES		
Bank indebtedness repayment	(115,466)	(30,467)
Repayment of long-term debt	(13,936)	(14,370)
Interfund appropriations	(70,709)	-
	(200,111)	(44,837)
CASH FLOW TO INVESTING ACTIVITIES		
Purchase of capital assets	(36,282)	(14,067)
INCREASE (DECREASE) IN CASH DURING THE YEAR	(98,589)	605,561
CASH AND SHORT-TERM INVESTMENTS - BEGINNING OF YEAR	923,027	317,466
CASH AND SHORT-TERM INVESTMENTS - END OF YEAR	\$ 824,438	\$ 923,027
Interest paid on long-term debt	\$ 6,538	\$ 6,598
Cash and short-term investments consists of:		
Cash	\$ 460,099	\$ 7,919
Short-term investments	364,339	915,108
	\$ 824,438	\$ 923,027

LYLE TILLEY DAVIDSON

METRO FOOD BANK SOCIETY - NOVA SCOTIA
(operating as FEED NOVA SCOTIA)
NOTES TO FINANCIAL STATEMENTS
for the year ended June 30, 2009

1. DESCRIPTION OF ORGANIZATION

Metro Food Bank Society - Nova Scotia is a charitable organization which accepts, collects and distributes food and food related products to member agencies for distribution to needy families, and provides support services for self-help initiatives. It commits itself to work in partnership with the community to enhance human dignity, by eliminating chronic hunger and alleviating poverty in the Province of Nova Scotia. The main fundraising activities of the Society occur in December each year and the cash raised is mainly utilized to fund operations throughout the year.

On February 28, 2005 the Society registered FEED NOVA SCOTIA as its operating name.

The Society is a registered charity for income tax purposes and is, therefore, not required to pay tax under the Income Tax Act.

2. ACCOUNTING POLICIES

Revenue recognition

Fundraising, unrestricted grants, donations, and other revenues are recognized when received by the Society. Restricted contributions are deferred and amortized to income over the period of time to which they relate. Donated food revenue is recognized at the time the food is distributed to the Society's members.

Donated food

Donated food and its subsequent distribution to members is valued based on managements best estimate determined using an average cost per kilogram for donated food.

Donated goods and services

Donated goods and services are not recorded unless management can reasonably determine the value of the donated goods or services.

Cash

Cash is represented by amounts held on deposit, or overdraft positions, with financial institutions.

Capital assets

Capital assets are recorded at cost, and are amortized using the declining balance method at the annual rate of 4% for buildings, 8% for pavement, 20% for equipment and 30% for vehicles and computers.

Amortization is calculated at one-half of the normal annual rate in the year of acquisition; no amortization is recorded in the year of disposal.

Use of estimates

The preparation of financial statements in conformity with Canadian generally accepted accounting principles requires management to make estimates and assumptions that affect the reported amounts of assets and liabilities at the date of the financial statements, and the reported amounts of revenues and expenses during the reporting period. Actual results could differ from management's best estimates as additional information becomes available in the future. The most significant accounting estimates in these financial statements include allowance for doubtful accounts, the estimated useful lives of capital assets, and unearned revenue.

LYLE TILLEY DAVIDSON



METRO FOOD BANK SOCIETY - NOVA SCOTIA
(operating as FEED NOVA SCOTIA)
NOTES TO FINANCIAL STATEMENTS
for the year ended June 30, 2009

2. ACCOUNTING POLICIES (continued)

Financial instruments

The Society's financial instruments are classified as follows:

Held for trading:

Cash and short-term investments

Loans and receivables:

Accounts receivable

HST recoverable

Other liabilities:

Bank indebtedness

Accounts payable and accrued liabilities

Long-term debt

The fair value of the short-term investments are determined by the closing market value for these investments.

Government assistance and other capital assistance to capital assets is deferred and amortized to earnings on the same basis as the related asset.

Fund accounting

The Society uses the fund accounting method of presenting its assets, liabilities and results of operations. This method recognizes the limitations and restrictions placed on the use of the resources available to the Society by classifying all transactions according to their nature. The funds utilized by the Society include:

(a) General Fund

The General Fund is used to account for the primary operations of the Society, including costs related to programs, administration and operation of the premises.

(b) Capital Fund

The capital fund is used to account for capital assets, including their acquisition, financing, amortization and disposal. Operating costs of capital assets are accounted for in the Operating Fund.

(c) Bequest Fund

The annual income from the bequest fund may be used for operations but the capital, in the amount of \$10,000, can be used only upon the specific direction of the Board of Directors. As at June 30, 2009, the restricted cash is held in the form of Guaranteed Investment Certificates with an interest rate of 2.25%.

(d) Operational Reserve Fund

The operational reserve fund was established by the Board in the current year to ensure the sustainability of the Society. Each year up to 5% of revenues, excluding donated goods and services, are to be transferred to the fund until an amount equal to 3 months operating costs have been accumulated. The amount transferred each year cannot exceed revenues over expenditures in the year.

LYLE TILLEY DAVIDSON

METRO FOOD BANK SOCIETY - NOVA SCOTIA
(operating as FEED NOVA SCOTIA)
NOTES TO FINANCIAL STATEMENTS
for the year ended June 30, 2009

3. SHORT-TERM INVESTMENTS

The short-term investments consist of a guaranteed investment certificate equalling \$361,379 with an interest rate of 1.3% maturing March 12, 2009 and 500 units of an investment trust fund.

4. CAPITAL ASSETS

	2009		2008	
	Cost	Accumulated amortization	Net	Net
Land	\$ 120,640	\$ -	\$ 120,640	\$ 120,640
Buildings	548,123	182,294	365,829	381,071
Motor vehicles	422,468	334,605	87,863	109,292
Computers	45,275	23,722	21,553	14,789
Equipment	247,375	196,742	50,633	52,333
Paving	30,019	15,845	14,174	15,406
	<u>\$ 1,413,900</u>	<u>\$ 753,208</u>	<u>\$ 660,692</u>	<u>\$ 693,531</u>

5. SECURITY FOR INDEBTEDNESS

(a) Bank indebtedness

FEED NOVA SCOTIA has access to an operating credit line of \$175,000 which has interest calculated at the banks prime lending rate from time to time and is secured by a general security agreement with a specific charge over motorized serial numbered assets with replacement cost, insurance coverage, loss, if any, repayable to the bank. The balance outstanding at year end was nil.

(b) Long-term debt

The Halifax Regional Municipality loan is secured by a first charge over the land and building, subject to conditions in note 8, having a net book value of \$486,469.

6. LEGACY PROJECT

In 2003, FEED NOVA SCOTIA partnered with the Halifax Regional Municipality (HRM) and the Victoria Park Legacy Project to restore Victoria Park in Halifax, Nova Scotia. Revenues are derived from the individual purchases of bricks which will be used in the restoration of the park. Minimal expenses have been incurred. Revenue will be deferred until such time that the culmination of the earnings process has taken place. An amount of \$200,000 is to be paid to HRM for related construction costs incurred from revenues generated by the project. A total of \$97,300 has been paid to the HRM leaving an outstanding balance of \$102,700.

METRO FOOD BANK SOCIETY - NOVA SCOTIA
(operating as FEED NOVA SCOTIA)
 NOTES TO FINANCIAL STATEMENTS
 for the year ended June 30, 2009

7. DEFERRED CONTRIBUTIONS - CAPITAL CAMPAIGN

Deferred contributions - capital campaign represents the amount of donations received for the purchase of capital assets less capital campaign expenses and the amortization of net capital campaign contributions to date. Details of the deferred contributions - capital campaign balance are as follows:

	2009	2008
Capital campaign contributions	\$ 653,922	\$ 653,922
Less: Capital campaign expenditures	(138,897)	(138,897)
Amortization	(249,951)	(218,775)
	\$ 265,074	\$ 296,250

8. DEFERRED REVENUE

Property acquisition

In 1998, the Halifax Regional Municipality approved the sale of 213-217 Bedford Highway to the Society. The property was recorded as a capital asset of the Society at the appraised value of \$290,000. Deferred revenue of \$108,750 was the portion of the purchase price which will be forgiven by the Halifax Regional Municipality. The Society is amortizing the deferred revenue to income on the same basis as the amortization of the property. The Municipality holds a loan over the property for the remaining amount outstanding. Title of the property will be conveyed to the Society when the loan is extinguished.

The Province of Nova Scotia has also granted an amount of \$108,750 that will be payable to the Society over a 15 year period to assist the Society in paying for the property. Interest at the Municipality's cost of borrowing will also be granted to the Society by the Province of Nova Scotia over a 15 year period.

Department of Community Services capital grant

In 2005 FEED NOVA SCOTIA received a one time grant of \$275,000 from the Department of Community services which is to be used for the immediate capital equipment needs of the society. During the year \$25,867 of amortization was recorded.

9. LONG-TERM DEBT

	2009	2008
Halifax Regional Municipality loan, bearing interest at 6.75% repayable in blended monthly installments of \$1,594, until August 2014.	\$ 82,435	\$ 96,371

The aggregate amount of principal payments required in each of the next five years to meet retirement provisions are as follows:

Year ending June 30, 2010	\$ 14,107
2011	15,059
2012	16,076
2013	17,161
2014	18,319

METRO FOOD BANK SOCIETY - NOVA SCOTIA
(operating as FEED NOVA SCOTIA)
 NOTES TO FINANCIAL STATEMENTS
for the year ended June 30, 2009

10. IN KIND DONATIONS

(a) Donated food

Donated food revenue is calculated as follows:

	2009	2008
Estimated value of food donated during the year	\$13,661,514	\$13,422,109
Estimated food inventory-beginning of year	349,871	1,287,432
Estimated food inventory-end of year	(1,213,048)	(349,871)
	\$12,798,337	\$14,359,670

Since the food is donated to members, the inventory has no net realizable value. Therefore, in accordance with generally accepted accounting principles, inventory has not been recorded as an asset in the statements of the Society.

(b) Donated goods

In kind donations in the form of goods are recorded in the financial statements when management can reasonably determine the value of the donations. The in kind donations recorded in these financial statements for the year ended June 30, 2009 are \$47,375.

(c) Donated services

Volunteer hours representing fundraising, special events, administrative and warehouse activity for the year ended June 30, 2009 were 40,772 (2008 - 37,487). The value of these services are not reflected in these financial statements.

11. COMMITMENTS

The aggregate annual payments under long-term equipment leases expiring at various times until 2012 are as follows:

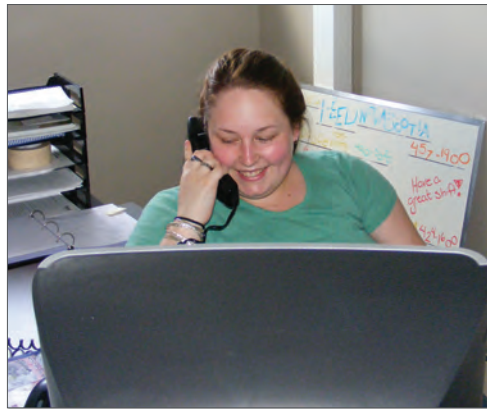
Year ending June 30, 2010	\$	6,080
2011		5,988
2012		5,988

METRO FOOD BANK SOCIETY - NOVA SCOTIA
(operating as FEED NOVA SCOTIA)
 SCHEDULE OF REVENUE
for the year ended June 30, 2009

	2009	2008
FUNDRAISING EVENTS	\$ 1,029,352	\$ 844,962
EXPENDITURES RELATED TO FUNDRAISING		
Advertising and special events	47,212	47,929
Postage	29,181	22,910
Printing	41,453	45,253
Salaries and benefits	170,892	105,199
Training and development	273	517
	<u>289,011</u>	<u>221,808</u>
NET FUNDRAISING REVENUE	740,341	623,154
DONATIONS	1,468,433	1,161,713
UNRESTRICTED BEQUESTS	-	784,841
GRANTS	281,004	235,760
OTHER	63,484	67,189
	<u>\$ 2,553,262</u>	<u>\$ 2,872,657</u>

METRO FOOD BANK SOCIETY - NOVA SCOTIA
(operating as FEED NOVA SCOTIA)
 SCHEDULE OF EXPENDITURES
for the year ended June 30, 2009

	2009	2008
ADMINISTRATIVE		
Staff recruitment	\$ 5,089	\$ 344
Amortization of office equipment	18,354	17,617
Directors' liability insurance	1,945	1,895
Equipment leases	7,692	8,279
Information technology	7,722	9,037
Interest and bank charges	20,630	16,554
Memberships	2,337	2,407
National and local meetings	11,059	2,730
Office and stationery	21,653	18,693
Postage	15,136	13,169
Printing	10,523	-
Professional fees	12,054	5,139
Salary and benefits	414,824	397,198
Telephone	16,933	16,659
Training and development	4,940	5,117
Volunteer program	10,712	14,407
	<u>\$ 581,603</u>	<u>\$ 529,245</u>
OCCUPANCY		
Amortization, net of amortization of deferred capital campaign contributions	\$ (14,700)	\$ (13,952)
Building repairs and maintenance	19,831	9,022
Building services	18,131	19,797
Heat	22,135	25,158
Insurance	6,341	6,426
Mortgage interest	5,432	5,178
Power	21,696	26,138
Safety	1,143	1,150
Snow removal	6,329	8,041
	<u>\$ 86,338</u>	<u>\$ 86,958</u>
RESOURCE DEVELOPMENT AND COMMUNICATIONS		
Advertising and promotion	\$ 12,998	\$ 6,043
Donor recognition	4,594	-
Events	6,783	1,061
Publications	9,306	3,958
Salaries and benefits	160,602	124,582
Training and dues	961	642
Travel	144	-
	<u>\$ 195,388</u>	<u>\$ 136,286</u>



Partnering with the community to support local food banks

