2010 Annual Report



Hearing the worried voice and sensing the broken spirit of someone asking for help is something you never forget.

Countless Nova Scotians supported our organization this year, making it possible for us to make a difference. We won't forget that either.

With sincere thanks,

Durine of the terms at FEED NOVA SCOTIA

# Board of Directors

John Drish Chair

Thomas E. Wheeler Vice Chair

Robert Logan Secretary

Blake Patterson Treasurer

**Dwayne Provo** 

**Brian Rendell** 

**Rebecca Saturley** 

**Kevin Trainor** 

Nancy Burbidge Member Council Representative

J. Fred Miles Member Council Representative

David Miller Honourary Member

Dianne Swinemar Executive Director & Designated Agent of the Society

# Message from the Board Chair a look forward

Some things we do in life because we have no choice. Others we do because we were fortunate to have been given the opportunity. I feel blessed that I was asked to serve on the Board of Directors for FEED NOVA SCOTIA five years ago. It has been my honour and pleasure to serve as Board Chair of such a wonderful organization—one that makes such an incredible difference in the lives of so many Nova Scotians.

As the prevalence of hunger increases and the complexity of the issues around it change, FEED NOVA SCOTIA must grow accordingly to meet these needs effectively and efficiently. Working toward this goal, it is the role of the Board of Directors to provide governance while setting direction and guiding the organization into the future. This year we initiated a strategic planning process for the next 3-5 years that will focus on elevating awareness of FEED NOVA SCOTIA across the province, enhancing our client support programs, increasing the volume of food and funds raised, and challenging ourselves to demonstrate even greater environmental responsibility than we have in the past.

We also formed a Relocation Committee to address the organization's need for more space. While we wish that hunger and poverty were on the decline, sadly we all know that this is not the reality. FEED NOVA SCOTIA has outgrown its home on the Bedford Highway, so we are preparing to launch a capital campaign in the coming year to facilitate a move. This will allow us to better serve the 40,000 Nova Scotians who rely on us.

My tenure as Chairperson has come to an end. I would like to extend gratitude to past and present members of the Board for their passion and wisdom in leading the organization. I look forward to the coming year, knowing there is still much that lies ahead for the organization. With a warm welcome I pass the torch along to the incoming Board Chair, trusting the organization will be led with heart and the necessary leadership ability to help it grow.

On behalf of the Board of Directors I would like to extend a heartfelt thank you to all those who supported FEED NOVA SCOTIA this year. Whether it was a contribution of food, funds, or time, your belief in our mission made the difference. As we embark on a new year, we are eager to build on the support we have received, continue to feed hungry people, and work toward a day when poverty is a thing of the past. And that is truly why we do what we do.

Re mint

John Drish, Board Chair

# Message from the Executive Director

One in 24 Nova Scotians is hungry. Think of all the times you are surrounded by 24 people: on the bus, at the library, or perhaps in a school classroom. Statistics sadly show that at least one person in each of these settings is struggling with the devastating effects of hunger and poverty.

We speak with these individuals each day, and while it is never easy to hear their heartbreaking stories, the challenges our clients face challenge us to push harder to meet their needs, and to continue working toward the day when they will no longer need to reach out for help. It's what motivates us to keep going and it's why we work hard to reach our goals and to fulfill our mission.

The last 12 months presented some obstacles for FEED NOVA SCOTIA, but they were also full of achievements that helped us better serve our clients. One of these achievements was the expansion of our Helpline service from a local phone line supporting the Halifax area to a tollfree service, supporting all areas of Nova Scotia.

Keeping pace with increased demand for food support and being able to increase food distribution to our member agencies by 8 percent over the previous year was a particular highlight. We were especially pleased to distribute more perishable foods.

Working closely with our member agencies and Food Banks Canada was also important to us this year. While the structure and geographic locations of our organizations differ, we are all working toward the same goal, and I truly believe we can be more effective when we tackle opportunities and issues with a common approach.

In every respect, it was a rewarding year. It is my pleasure to share with you throughout this report the work that has been achieved and the difference that has been made in the lives of so many Nova Scotians. Through the generous support of our donors, member agencies, volunteers and staff we helped feed thousands of families and put hope back in the homes of many Nova Scotians who were looking for a fresh start. We truly are blessed to live in a province where people care so deeply for others, and are willing to give of themselves to help.

I especially want to thank our volunteers and staff—integral pillars that support the organization. To our volunteers, thank you for your inexhaustible energy and commitment. You couldn't possibly be replicated and your efforts are appreciated a thousand times over. To our staff, thank you for the passion with which you take on your responsibilities and the eagerness with which you often contribute your evenings and weekends to make sure the job gets done. You are true ambassadors for FEED NOVA SCOTIA.

To all of our supporters, my sincere thanks and warmest blessings.

vaine Duriemas

Dianne Swinemar MM, DCnL, D.C.L. Executive Director

At FEED NOVA SCOTIA, our vision is a province where no one has to face the harsh realities of hunger. In working toward this, our mission is to feed hungry people, while at the same time striving to eliminate chronic hunger and poverty.

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# Hunger in Nova Scotia and the role we play in addressing it

Forty thousand Nova Scotians are hungry each month—mothers, fathers, grandparents and, perhaps saddest of all, children and youth. Hunger knows no barriers. It's in every community across our province and its impact is truly profound. Imagine working two jobs and still not being able to put enough food on the table. Imagine sending your son or daughter off to school without any lunch. Imagine being forced to choose between paying rent and buying groceries. Some don't have to imagine. It is their reality and they face it each and every day.

For hungry families and individuals, the immediate need is food. On a regular basis, we distribute perishable and non-perishable food to our member food banks and meal programs that serve hungry people in communities across the province. Our trucks hit the road each morning to ensure that no family has to go without. This is one part of our mission—to feed hungry people.

But the need goes deeper than food alone. The Nova Scotians who struggle with hunger and poverty need adequate support and access to opportunities that will help pave their way to a brighter future. This speaks to the other part of our mission—to eliminate chronic hunger and alleviate poverty. This is something we tackle every day as a strong advocate for hungry Nova Scotians, and through our Learning Kitchen, client support team and Helpline.

Photo: Paddy and Lesley sort product using Canada's Food Guide categories in the non-perishables warehouse.

# We distributed 1,944,643 kilograms of food in 2009-2010.

# How we work to feed hungry people

At FEED NOVA SCOTIA, food donations come to us from a variety of sources, but the final destination is the same—the kitchen tables of hungry Nova Scotians. To ensure the food ends up where it's needed most, we distribute it to our member agencies using a fair share system.

The amount of food distributed to individual food banks and meal programs is based on the number of people assisted by that agency as reported in the annual HungerCount survey administered by Food Banks Canada. As an example, if five percent of the province's hunger population is accessing food support from a particular food bank, then that food bank gets five percent of the total food donations we receive. Through our food recovery program, we distributed 186,964 kilograms of surplus prepared food from restaurants, hospitals and retailers to 48 drop-in centres, shelters and meal programs in Halifax and Dartmouth.

Following strict food safety standards FEED NOVA SCOTIA staff and volunteers examined 449,471 kilograms of unmarketable food donated by grocery stores and wholesalers via reclamation companies, and we salvaged for distribution to our member agencies 305,401 kilograms, which otherwise would have gone to landfill.

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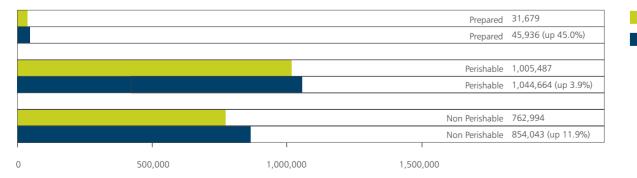
Photo: Brenda sorts through donated product in the reclamation warehouse.

# Total food distribution increased by 8% this year

Photo: Henry is one of our food distributors who travel each day to distribute food across the province.

# Food categories distributed

Shown in kilograms





1-1







In 2009-2010 our fleet of trucks travelled 345,167 kilometres —the equivalent of 64 trips across Canada!



# Where the food comes from

total donated = 2,140,367 kg



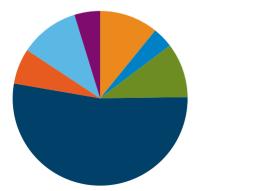


One round trip to Cape Breton costs \$400 in gas alone, but in that trip FEED NOVA SCOTIA staff and volunteers can deliver up to 8,000 kilograms of food, valued at \$60,000.

Photo: David, a volunteer at Colchester Food Bank, unloads the bakery portion of the agency's weekly delivery.

# Where we distribute the food

total distributed = 1,944,643 kg





# How we strive to eliminate hunger and poverty

# Advocacy & Awareness

FEED NOVA SCOTIA is a respected voice in the fight against hunger and poverty. This is a reputation we are proud to have earned and one we are committed to upholding. But one voice is never as impactful as many. We are eager to provide resources to groups and individuals who wish to join us in being an agent of change.

Through collecting and analyzing data, we provide an accurate picture of hunger in Nova Scotia and give context to the historic and evolving need for food support. We use this knowledge to inform businesses, government, affiliated organizations and individuals about the issues, and to be an active participant in planning processes that help shape the future for those who struggle with food insecurity.

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# Ottawa's recent propo threaten most vulnera

#### By DIANNE SWINEMAR

In recent weeks, the federal government made a number of announcements that threaten to quiet the voice of many who live on the margins: elimination of the mandatory long-form census survey; possible dismantling of the affirmative action program; and elimination of the Participation, Activity and Limitations Survey representing Canadians with disabilities

They also made comments that minimize the valuable representation that special interest groups bring to regional



Letters to the Editor are one example of how we facilitate informed discussion and influence policy.





FEED NOVA SCOTIA's submission to the provincial government's Back to Balance consultation made sure the issues of hunger and poverty were part of the budgeting discussion.

"Thank you for the empathy and support you've shown us, and for helping to make something that seemed impossible, possible."

-Client, single mother

# Hunger population in Nova Scotia

|                                      | Census<br>Population<br>2006 | Hunger<br>Population<br>2009 | 2009 Hunger<br>Population as %<br>of 2006 Census<br>Population | Hunger<br>Population<br>2008 | 2008 Hunger<br>Population as %<br>of 2006 Census<br>Population |
|--------------------------------------|------------------------------|------------------------------|--|------------------------------|--|
| Valley - Yarmouth                    | 127695                       | 2878                         | 2.25%  | 2398                         | 1.88%  |
| South Shore                          | 73016                        | 1134                         | 1.55%  | 952                          | 1.30%  |
| Colchester - East Hants - Cumberland | 124401                       | 3059                         | 2.46%  | 2235                         | 1.80%  |
| Halifax Regional Municipality        | 370756                       | 8431                         | 2.27%  | 6713                         | 1.81%  |
| Antigonish - Pictou - Guysborough    | 74208                        | 2308                         | 3.11%  | 2145                         | 2.89%  |
| Cape Breton                          | 142271                       | 2535                         | 1.78%  | 2472                         | 1.74%  |
| Totals                               | 912347                       | 20345                        |  | 16915                        |  |

2006 Census, Statistics Canada

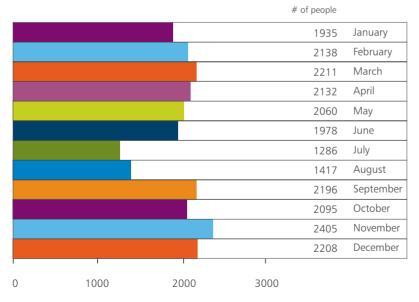
Annual HungerCount results for Nova Scotia (2008, 2009).

Hunger Population: refers to the total number of individuals (counting each person only once no matter how many times they received food support from Nova Scotia food banks in March) as reported to the annual HungerCount Survey.

The table above illustrates the significantly increased need for food support in 2009 compared to 2008 in all regions. According to Statistics Canada, rural populations have decreased since 2006, so it is safe to assume that the percentage of residents receiving food support in these areas is even higher than the figures shown above.

# Monthly fluctuations in food bank visits

### Valley - Yarmouth region



Source: Based on data submitted by member agencies to FEED NOVA SCOTIA's client registry, counting each person only once in each month no matter how many times they were assisted that month. In addition to utilizing data gathered through the annual national HungerCount survey, which provides a rich snapshot of hunger as it is experienced in the month of March each year, we also rely on the monthly data we receive from our member agencies to gain further insight to hunger in Nova Scotia. This monthly data, compiled in FEED NOVA SCOTIA's client registry, is a valuable resource management tool for our operations team at FEED NOVA SCOTIA and for our member agencies. It can also be used to support powerful messages about poverty and hunger in a specific region; for instance, how families, food banks and communities are impacted by changes to the economy, local labour market or price increases in oil or electricity.

The chart to the left illustrates how the number of people using food banks in the Valley - Yarmouth region fluctuated during the 2009 calendar year. We have used the Valley - Yarmouth region for illustrative purposes only. This same information is available for other regions upon request.

# Helpline

FEED NOVA SCOTIA's Helpline is a telephone support service that provides non-clinical, empathic listening and connects people experiencing distress with the right resources and support. Prior to this fiscal year, Helpline was available only to people living in the Halifax area, but in December 2009 the first step of an exciting new expansion plan saw the phone lines open, toll-free, for individuals and families across the province. Through a partnership with the province's Child and Youth Strategy, the service also launched an additional focus on parental support.

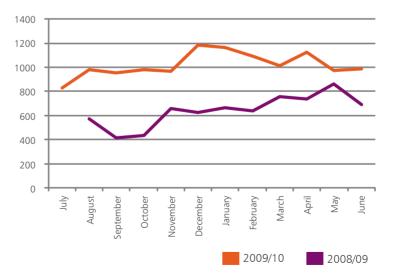
"I saw a poster for the Helpline on a bulletin board in the local Wal-Mart. I have a disability and no support or social connections in my community. I'm thrilled that I've found you. Thanks so much."

Type of calls received



# Number of helpline calls received

Call volume was consistently higher this year over last



- caller from rural Nova Scotia

"FEED NOVA SCOTIA's Learning Kitchen provided a wonderful foundation for my daughter to attend the two-year NSCC Culinary Program. Her skills, confidence and work ethic have been recognized with an invitation to enter the apprenticeship program and work for her Red Seal Certificate!" - parent of a 2009 participant

Photo: Learning Kitchen participant practices her skills at a catered private function.

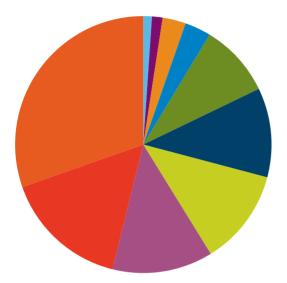
# Learning Kitchen

FEED NOVA SCOTIA's Learning Kitchen is an employment training program designed for individuals who face barriers to employment. The 17-week course, funded in part by Department of Community Services, comprises 13 weeks of life-skills and culinary training, and a four-week work placement within the food service industry under the direction of a Red Seal chef. Meals prepared by the students as part of their training experience are distributed to two Dartmouth soup kitchens. This year, participants prepared over 34,215 meals.

We are proud to boast that of the 19 students who completed the challenging program this year, 11 secured employment and two continued their culinary studies at the Nova Scotia Community College. Furthermore, ongoing statistics show that six months after graduating from the program 75% of participants are either employed or continuing their education.

# How you help make it happen

# Source of food by donor type



| 1%  | Dairy processor donations (20,908 kg)                                     |
|-----|---|
| 1%  | Food purchased by FEED NOVA SCOTIA (25,999 kg)                            |
| 3%  | Donations collected in grocery store bins (56,843 kg)                     |
| 3%  | Prepared food donated by hospitals, hotels, etc. (64,237 kg)              |
| 9%  | National Food Share System - Food Banks Canada (178,832 kg)               |
| 11% | Bakery retail (219,505 kg)  |
| 12% | Produce donated by commercial farmers (235,092 kg)                        |
| 13% | Produce donated by wholesalers/grocers (246,087 kg)                       |
| 16% | Reclaimed food donated by wholesalers/grocers (306,135 kg)                |
| 31% | Food drives and corporate and individual donations $(591,006 \text{ kg})$ |

Thousands of hungry Nova Scotians receive support each month. And it's all because of you.

# Top 20 food donors

| Sobeys Inc. (NS)          | 545,164 kg | den Haan Enterprises Ltd.                 | 22,739 kg |
|---------------------------|------------|---|-----------|
| Atlantic Superstores (NS) | 130,171 kg | Sable Warehousing & Distribution          | 22,508 kg |
| Nova Agri Inc.            | 119,951 kg | Stone Hearth Bakery                       | 21,775 kg |
| Ben's Thrift Store        | 76,807 kg  | Lighthouse Sales & Distributors Ltd.      | 21,340 kg |
| Sysco Canada (NS)         | 53,253 kg  | High Liner Foods Inc.                     | 17,712 kg |
| Sawler Gardens Ltd.       | 49,999 kg  | Vermeulen Farms                           | 15,794 kg |
| Costco                    | 47,598 kg  | GFS - Gordon Food Service                 | 13,658 kg |
| Lewis Potato Packers Ltd. | 35,935 kg  | Wilmar Acres Ltd. / Dominion Produce Ltd. | 12,266 kg |
| Kraft Canada Inc. (NB)    | 27,093 kg  | Spurr Brothers Farms Ltd.                 | 12,090 kg |
| Seaway Distributors Ltd.  | 24,203 kg  | Apple Valley Farms                        | 9,556 kg  |
|                           |            |   |           |

DO NOT BLOC

Photo: Frequent pick-ups at the Sobeys warehouse in Debert yield a wonderful selection of fresh food.

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NO



Photo: Justin packages orders in the perishables warehouse in preparation for delivery to our member agencies

PREMIUM BANANAS

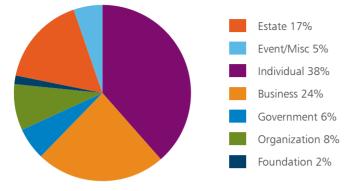
# Funds donated by month

|        | July \$119,573            |
|--------|---------------------------|
| Aug    | <sub>Just</sub> \$121,806 |
| Septem | ber \$177,088             |
| Octo   | ber \$261,937             |
| Novem  | ber \$289,943             |
| Decem  | ber \$991,221             |
| Janu   | ary \$85,802              |
| Febru  | iary \$93,268             |
| Ma     | irch \$81,333             |
| A      | pril \$175,364.           |
| Ν      | /lay \$109,726            |
| J      | une \$167,781             |
|        |                           |

Each year, financial donations peak dramatically during the Christmas season. Knowing that hunger persists as much through sun and rain as it does through sleet and snow, we work hard to use these resources wisely so families receive the support they need all through the year.

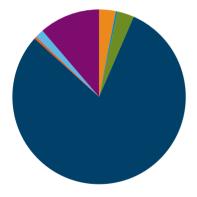
Note: In September we also received a large bequest (not included above).

# Source of revenue by donor type



Note: The category "Government" includes both government grants that support our Learning Kitchen and Helpline programs, as well as funds raised by employees within government departments, police, military and fire departments.

# Source of revenue by geographic region



| Antigonish - Pictou - Guysborough 0.5%    |
|---|
| Cape Breton 1.6%                          |
| Other 11.3%                               |
| Valley - Yarmouth 3.1%                    |
| South Shore 0.3%                          |
| Colchester - East Hants - Cumberland 3.1% |
| Halifax Regional Municipality 80.1%       |
|   |

"My local food bank helped me put the pieces back together. Without them I don't think we would have made it."

-Client, working mother of four

# Events

### July 2009: Swinging for Supper presented by

What a difference a day of golf can make. Eighteen holes at Glen Arbour and \$16,732 to help hungry Nova Scotians. A special thank you to our presenting sponsor Hoyts Moving and Storage and the 107 golfers who participated.

## October 2009: Chair-a-tea presented by

# 🔲 Canada Trust

This elegant dinner and auction brought together last fall 290 people from the business community, along with many generous sponsors, to raise just shy of \$80,000. Deserving of special recognition is TD Canada Trust, presenting sponsor for the event since its inception.

### October 2009: Canstruction<sup>®</sup> Nova Scotia presented by

37,143 cans of food plus \$40,870 in net revenues – wow! The amazing talent and generosity behind the 17 teams of Canstruction<sup>®</sup> came through for us once again.

### May 2010: Scotiabank Blue Nose Marathon Charity Challenge

There's no feeling like crossing the finish line knowing you've made a meaningful difference for a charity that touches your heart. Over the long weekend in May, 54 people laced up their sneakers to walk/run with us, helping to raise \$21,000.

# June 2010: Divas on the Green presented by STEWART MCKELVEY

This unique, non-golf event at Glen Arbour sold out in its inaugural year. 93 divas were wowed by unique experiences at each hole on the course, from wine tasting and spa treatments to interior decorating tips and wardrobe consultation. Special thanks to presenting sponsor Stewart McKelvey and also to Wayne Hellquist of the Regina Food Bank for sharing his idea for the event and allowing us to run with it.

"Divas on the Green was, in a word, phenomenal. We have all been raving about it. Thanks for a great day!"

-Rebecca Saturley, Stewart McKelvey





# How we spend your donations



DAL

Client Programs and Support Services 16% Operations - Food Distribution 40% Operations - Occupancy 2% Volunteer Services and Administration 21% Communications and Donor Relations 11% Fundraising Expenses 10%

Photo: Dalhousie Mechanical Engineering Society puts the finishing touches on their structure at Canstruction®.

FEED NOVA SCOTIA - how you help 21

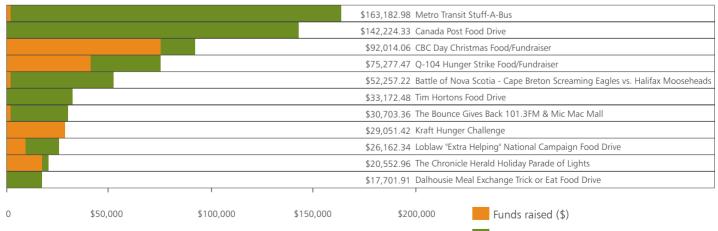
# Third Party Events

Driven by a desire to help in the fight against hunger, groups and individuals constantly amaze us with their generosity as they take the initiative to organize events and activities that raise food and funds on our behalf. Throughout the year, third party events in support of FEED NOVA SCOTIA generated \$346,902 and 128,036 kilograms of food. From workplace casual days and neighbourhood yard sales to retail promotions and a polar bear swim, every third party event contributed to these results.

445 events organized on our behalf.

### Top ten third party events

Combined value of food and funds, shown in dollars



Value of food raised (\$) using a multiplier of \$7.04 per kilogram



Photo: Volunteers at CBC's annual Christmas food drive

# Volunteers

Together, over 700 volunteers contributed 40,900 hours of time this year. That's equal to 22 full time positions with a likely payroll in the range of \$735,000. Imagine the impact on those we serve if we didn't have the incredible support of these selfless, dedicated volunteers. It's because of them that all through the year funds come in, data gets entered, phones get answered, cans get sorted and food goes out.

"At FEED NOVA SCOTIA, I have come to learn that you never say you are just a volunteer. They truly put value in both a paid employee and a volunteer. I never imagined that a needed pastime could become such a big part of who I am." –Norma Searle, volunteer

Photo: Bridget, John, Karen, Rebecca, Dianne and Abby were among many volunteers and staff to line the streets on Hunger Awareness Day

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# Our relationship with Food Banks Canada

Food Banks Canada is a national charitable organization that represents the food bank community across the country. At FEED NOVA SCOTIA, we are proud to be the provincial member for Nova Scotia, and we value this relationship and the benefits that accompany it each year.

One of these benefits is food donations through the National Food Sharing System. This year we received 178,832 kilograms to distribute to our member agencies. In addition, we received food and funds from a number of national events that have developed through Food Banks Canada's corporate partnerships, including Kraft Spread the Feeling, Campbell Canada Help Hunger Disappear and Loblaw Extra Helping.

We also take part in HungerCount, a national survey on food bank use conducted by Food Banks Canada each March. Working with both member and non-member agencies across the province, we administer the Nova Scotia response to the survey and submit the data to Food Banks Canada. After receiving data from each province and territory, Food Banks Canada produces a comprehensive report that reveals who is turning to food banks in our country and why.

Hunger Awareness Day is another national initiative we eagerly support. Its purpose is right in the name—to let people know that hunger is a growing concern that affects thousands of people. While this is something we strive to do every day, the event marks an official date each year for organizations across Canada to bring heightened attention to this important message. On June 1, 2010, FEED NOVA SCOTIA spearheaded a strong, unified voice for the province, organizing groups in Halifax, Bridgewater, Amherst and Sydney that took to the streets with banners and literature.

As a member of Food Banks Canada, we were pleased to have two staff members (Dianne Swinemar and Kirk McGrath) serve on the national Member Council Advisory Committee, and we are proud, as an organization, to uphold the Code of Ethics noted to the right.

# Code of Ethics

Everyone in Canada has the right to their daily sustenance and an existence which ensures that this condition is possible.

Food Banks pledge their work to the ultimate physical and social well-being of low-income persons.

Food Banks are committed to the social justice principle.

Each Food Bank recognizes its role as the steward of a community pool of food, which it shall strive to make available to all responsible groups providing charitable food.

Nationally, Food Banks are committed to an ethic of sharing with those in Canadian regions with less food resources.

Food Banks will not barter, sell or trade foodstuffs at any time.

Food Banks will have the highest regard for the proper and safe storage and handling of food.

Food Banks will know and understand the social service context in which they operate, to ensure that they do not reduce the impetus for improvement to the government social assistance programs.

Food Banks recognize their role in alleviating hunger as a temporary response to this crisis, and will devote part of their activities to lessening this role.

Food Banks will conduct all of their affairs and associations in a manner that will not trivialize the problem of hunger in any way, or see it used for commercial benefit.

# **Our Member Agencies**

## Valley – Yarmouth

Annapolis Area Food Bank Society Bridgetown & Area Food Bank Twelve Baskets Food Bank Clare Food Bank Digby & Area Food Bank Weymouth Area Food Bank Berwick Food Bank Canning Area Food Bank Fundy Interchurch Food Bank Hantsport & Area Community Food Bank Upper Room Food Bank Association Wolfville Area Food Bank Yarmouth Food Bank Society

### South Shore

Bridgewater Interchurch Food Bank Bridgewater Elementary School - Breakfast Program Lunenburg Interchurch Food Bank Lighthouse Food Bank Society Mahone Bay Area Food Bank Association New Germany Area Food Bank South Shore Family Resource Association Food for Thought Breakfast Program – Bridgewater Queen's County Food Bank Shelburne Loyalist Food Bank

# Colchester - East Hants - Cumberland

Colchester Food Bank Association Indian Brook Food Bank The Salvation Army Family Services – Truro Amherst Food Assistance Network Association Oxford & Area Food Bank Association Parrsboro & Area Food Bank Pugwash and Area Food Bank Hants North Community Food Bank Shumilacke Food Bank Society Windsor & District Food Bank

# Halifax Regional Municipality

Adsum Centre for Women and Children Adsum Court Adsum House Alcare Place Alice Housing A J Smeltzer Junior High School Ark Outreach Bayers Westwood Family Centre Bavers Westwood Resident's Association Food Bank Beacon House Interfaith Society Brunswick Street Mission - Breakfast Program Brunswick Street Mission - Food Bank Canadian Mental Health Association – Halifax (Caring & Sharing) Canadian Mental Health Association - Dartmouth (Among Friends) Corp. of Christ Church City Church Hope Ministries Food Bank Cole Harbour/Woodside United Church Food Bank Communities and Uniacke Square Engaging (CAUSE) Community YMCA **Connections Clubhouse Cunard Learning Centre** Dalhousie University Student Union Food Bank Dartmouth First Baptist Food Bank **Dartmouth Family Centre** David's Place East Dartmouth Christian Food Bank Association Fastern Shore Volunteer Food Bank Elizabeth Fry Society Emmanuel Anglican Church Food Bank Family SOS (Service of Support) Feeding Others of Dartmouth Margaret House FLEC - Bedford Highway FLEC - Dartmouth Forsythe Centre FLEC - St. Pat's-Alexandra School Freedom Foundation of Nova Scotia Gateway Community Church Greystone Drive Tenant's Association Halifax Transition House Association - Bryony House Halifax West Ecumenical Food Bank Helping Hands Food Bank - Church of the Holy Spirit Highland Park Junior High School John Martin Junior High School - Breakfast Program The Laing House Association Lake Echo Community Food Bank Lockview High School Food Bank Mainline Needle Exchange Manna for Health The Marguerite Centre Marine Communities Food Bank Society Metro Non-Profit Housing Association (Dartmouth) Metro Non-Profit Housing Association (Halifax) Metro Turning Point MicMac Native Friendship Society Mount Saint Vincent University Student's Union Food Bank **Mulgrave Park Tenants Association** New Beginnings Clubhouse North Dartmouth Outreach Resource Centre Society Phoenix Youth Programs (three locations: shelter, drop-in and residence)

Prince Andrew High School Youth Health Centre Prince Arthur Junior High - Breakfast Program Rainbow Food Bank Salvation Army Halifax Centre of Hope Salvation Army Family Services Halifax Salvation Army Dartmouth Community Church St. Agnes Junior High School – Breakfast Program St. Andrew's Church Supper Program St. George's YouthNet St. James United Church Food Bank St. Leonard's Society of NS - Barry House St. Margaret's Bay Food Bank St. Mark's Food Bank St. Matthew's United Church - Breakfast Program St. Pat's-Alexandra Junior High School St. Paul's Family Resources Institute Inc. St. Vincent de Paul, St. Paul's - Windmill Road St. Vincent de Paul. St. Clement's - Gaston Road The Stepping Stone Association The Youth Project Student Union of Nova Scotia College of Art & Design Victoria Road Baptist Church Food Bank

### Antigonish – Pictou – Guysborough

Antigonish Community Food Bank Canso & Area Food Bank Association Guysborough & Area Food Bank Society Pictou West Food Bank Pictou County (East) Food Bank

### Cape Breton

The AIDS Coalition of Cape Breton C.A.W. Louisbourg Food Bank Society Glace Bay Food Bank Society Inner City Churches - Loaves and Fishes Food Bank Society Mount Carmel Parish SVDP Society St. Leonards North Sydney Community Food Bank Salvation Army - Sydney Community Church St. Theresa's Food and Clothing Depot SVDP Society - St. Leonards Sydney Mines Food Bank Society St. Louis Community Services Committee SVDP Port Hawkesbury Food Bank Society Port Hood Food Bank Barra Food Bank Society Helping Hands South of Smokey Society Eskasoni Charity Society

Current listing at time of printing this report (September 2010)

# FEED NOVA SCOTIA Member Council Advisory Committee

Nancy Burbidge Wolfville Area Food Bank

Michael Edwards Beacon House

Robert Lundrigan Salvation Army Halifax

J. Fred Miles Inner City Churches Loaves and Fishes Food Bank Society

Debbie Smith South Shore Family Resource Association

Margaret Tracey Twelve Baskets Food Bank

"As a member agency of FEED NOVA SCOTIA, you are never out there in the cold alone. If you have a problem you can call the warehouse or whoever you need and they will help you." –Ted Cogan,Antigonish Food Bank

### METRO FOOD BANK SOCIETY - NOVA SCOTIA (operating as FEED NOVA SCOTIA)

FINANCIAL STATEMENTS for the year ended June 30, 2010

# LYLE TILLEY DAVIDSON

**Chartered Accountants** 



#### **AUDITOR'S REPORT**

# To the board of directors of Metro Food Bank Society - Nova Scotia (operating as FEED NOVA SCOTIA)

We have audited the statement of financial position of **Metro Food Bank Society - Nova Scotia** (operating as FEED NOVA SCOTIA) as at June 30, 2010 and the statements of revenue and expenditures, changes in fund balances and cash flow for the year then ended. These financial statements are the responsibility of the Society's management. Our responsibility is to express an opinion on these financial statements based on our audit.

Except as explained in the following paragraph, we conducted our audit in accordance with Canadian generally accepted auditing standards. Those standards require that we plan and perform an audit to obtain reasonable assurance whether the financial statements are free of material misstatement. An audit includes examining, on a test basis, evidence supporting the amounts and disclosures in the financial statements. An audit also includes assessing the accounting principles used and significant estimates made by management, as well as evaluating the overall financial statement presentation.

In common with many charitable organizations, the Society derives revenue from the general public in the form of donations, the completeness of which is not susceptible to satisfactory audit verification and donated food, the completeness and valuation of which is not susceptible to satisfactory audit verification. Accordingly, our verification of these revenues was limited to amounts recorded in the books of the Society, and we were not able to determine whether any adjustments might be necessary to revenues, excess of revenues over expenditures, assets and fund balances.

In our opinion, except for the effect of adjustments, if any, which we might have determined necessary had we been able to satisfy ourselves concerning the completeness of the donation revenue and completeness and valuation of donated food received from the general public, referred to in the preceding paragraph, these financial statements present fairly, in all material respects, the financial position of the Society as at June 30, 2010 and the results of its operations and cash flow for the year then ended in accordance with Canadian generally accepted accounting principles.

hyle Tilley Davidson

#### CHARTERED ACCOUNTANTS

Halifax, Nova Scotia

August 14, 2010

101 Ilsley Avenue, Unit 7 Dartmouth, Nova Scotia, B3B 1S8 Tel: 902.468.2688 Fax: 902.468.5966

1718 Argyle St., Suite 720 1S8 Halifax, Nova Scotia, B3J 3N6 Bridg Tel: 902.423.7225 Fax: 902.422.3649 www.ltdca.com - email: (teammember)@ltdca.com A MEMBER OF NEXIA INTERNATIONAL

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48 Davison Drive Bridgewater, Nova Scotia, B4V 3K9 Tel: 902.543.1044 Fax: 902.543.0925

#### METRO FOOD BANK SOCIETY - NOVA SCOTIA

# (operating as FEED NOVA SCOTIA) STATEMENT OF FINANCIAL POSITION

as at June 30, 2010

|  | 2010              | 2009             |
|--|-------------------|------------------|
| ASSETS (note 6)  |                   |                  |
| GENERAL FUND   |                   |                  |
| Cash and short-term investments (note 4)                               | \$ 584,683        | \$ 824,438       |
| Accounts receivable<br>HST recoverable                                 | 170,995<br>24,335 | 28,997<br>24,547 |
| Prepaid expenses   | 24,335<br>37,598  | 24,547<br>38,095 |
| Frepaid expenses   | 37,390            | 36,095           |
|  | 817,611           | 916,077          |
| CAPITAL FUND   |                   |                  |
| Capital assets (note 5 and 6)  | 668,279           | 660,692          |
| BEQUEST FUND (note 2(c))   | 10,000            | 10,000           |
|  | 10,000            | 10,000           |
| OPERATIONAL RESERVE FUND (note 2(d))                                   | 186,500           | 70,708           |
|  | \$ 1,682,390      | \$ 1,657,477     |
| LIABILITIES  |                   |                  |
| GENERAL FUND   |                   |                  |
| Accounts payable and accrued liabilities                               | \$ 174,252        | \$ 161,826       |
| Legacy project (note 7)  | 5,064             | 32,616           |
| Deferred revenue   | 69,012            | 80,771           |
|  | 248,328           | 275,213          |
| CAPITAL FUND   |                   |                  |
| Deferred contributions - capital campaign (note 8)<br>Deferred revenue | 233,904           | 265,074          |
| Property acquisition (note 9)  | 68,444            | 70,484           |
| Department of Community Services capital grant (note 9)                | 50,397            | 68,504           |
| Long-term debt (notes 6 and 10)  | 69,758            | 82,435           |
|  | 422,503           | 486,497          |
| FUND BALANCES  |                   |                  |
| CAPITAL FUND   | 245,776           | 174,195          |
| BEQUEST FUND   | 10,000            | 10.000           |
| GENERAL FUND   | 569,283           | 640,864          |
| OPERATIONAL RESERVE FUND   | 186,500           | 70,708           |
|  | 1,011,559         | 895,767          |
|  | \$ 1,682,390      | \$ 1,657,477     |

COMMITMENTS (note 12)

Signed on behalf of the Board

le GAR Director Director Varne

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LYLE TILLEY DAVDISON

# METRO FOOD BANK SOCIETY - NOVA SCOTIA

#### (operating as FEED NOVA SCOTIA) STATEMENT OF REVENUE AND EXPENDITURES

|   | 2010   | 2009   |
|---|--|--|
| DONATED FOOD (note 11 (a))  | \$13,900,713   | \$12,798,337   |
| DISTRIBUTION OF FOOD TO MEMBERS (note 11 (a))   | 13,900,713   | 12,798,337   |
|   | -  | -  |
| REVENUE (schedule 1)  | 2,902,886  | 2,553,262  |
| EXPENDITURES  |  |  |
| Food solicitation and distribution-<br>Amortization of motor vehicles<br>Food purchases<br>Garbage collection<br>Salary and benefits<br>Supplies<br>Telephone<br>Training and development<br>Motor vehicle  | 34,938<br>263,471<br>66,114<br>654,794<br>18,588<br>8,020<br>2,695<br>202,879        | 42,453<br>138,340<br>49,992<br>627,497<br>28,461<br>7,126<br>1,647<br>256,002        |
| Advocacy and client services/membership support-<br>Client support and outreach<br>Learning kitchen<br>Membership meeting expenses<br>Office and printing<br>Research and program development<br>Salary and benefits<br>Staff training and development<br>Telephone | 1,251,499<br>5,070<br>170,440<br>275<br>6,368<br>13,799<br>313,756<br>1,106<br>1,768 | 1,151,518<br>11,153<br>166,420<br>519<br>4,533<br>2,089<br>276,546<br>2,187<br>2,009 |
|   | 512,582  | 465,456  |
| ADMINISTRATIVE (Schedule 2)   | 658,551  | 581,603  |
| OCCUPANCY (Schedule 2)  | 74,151   | 86,338   |
| RESOURCE DEVELOPMENT AND COMMUNICATIONS (Schedule 2)  | 265,360  | 195,388  |
| REDIRECTED DONATIONS  | 24,951   | 2,250  |
|   | 2,787,094  | 2,482,553  |
| EXCESS OF REVENUE OVER EXPENDITURES FOR THE YEAR  | \$ 115,792   | \$ 70,709  |

## METRO FOOD BANK SOCIETY - NOVA SCOTIA (operating as FEED NOVA SCOTIA) STATEMENT OF CHANGES IN FUND BALANCES

|   |  | 2010         | 2009       |
|---|--|--------------|------------|
|   | Operational Capital General Bequest<br>Reserve Fund Fund Fund Fund | Total        | Total      |
| FUND BALANCES - BEGINNING<br>OF YEAR  | \$ 70,708 \$ 174,195 \$ 640,864 \$ 10,000                          | \$ 895,767   | \$ 825,058 |
| Excess (deficiency) of revenue over<br>expenditures for the year<br>Transfers from general fund - | 115,792 (16,936) 16,936 -  | 115,792      | 70,709     |
| Capital asset purchases<br>Repayment of long-term debt  | - 75,840 (75,840) -<br>- 12,677 (12,677) -                         | -            | -          |
| FUND BALANCES - END OF YEAR   | \$ 186,500 \$ 245,776 \$ 569,283 \$ 10,000                         | \$ 1,011,559 | \$ 895,767 |

#### METRO FOOD BANK SOCIETY - NOVA SCOTIA

#### (operating as FEED NOVA SCOTIA) STATEMENT OF CASH FLOW

|  | 2010 |           |    | 2009      |  |
|--|------|-----------|----|-----------|--|
| CASH FLOW FROM OPERATING ACTIVITIES                                  |      |           |    |           |  |
| Excess of revenue over expenditures for the year<br>Adjustments for: | \$   | 115,792   | \$ | 70,709    |  |
| Amortization   |      | 68,253    |    | 69,120    |  |
| Amortization of deferred revenue                                     | _    | (51,317)  |    | (59,980)  |  |
|  |      | 132,728   |    | 79,849    |  |
| Changes in non-cash working capital:<br>Accounts receivable          |      | (141,998) |    | 12,848    |  |
| HST recoverable  |      | 212       |    | (5,884)   |  |
| Prepaid expenses   |      | 497       |    | (8,880)   |  |
| Accounts payable and accrued liabilities                             |      | 12,426    |    | 24,252    |  |
| Deferred revenue - legacy project                                    |      | (27,552)  |    | 5,046     |  |
| Deferred revenue - other   | _    | (11,759)  |    | 30,572    |  |
|  | _    | (35,446)  |    | 137,803   |  |
| CASH FLOW TO FINANCING ACTIVITIES                                    |      |           |    |           |  |
| Bank indebtedness repayment  |      | -         |    | (115,466) |  |
| Repayment of long-term debt  | _    | (12,677)  |    | (13,936)  |  |
|  | _    | (12,677)  |    | (129,402) |  |
| CASH FLOW TO INVESTING ACTIVITIES                                    |      |           |    |           |  |
| Purchase of capital assets   | _    | (75,840)  |    | (36,282)  |  |
| DECREASE IN CASH DURING THE YEAR                                     |      | (123,963) |    | (27,881)  |  |
| CASH AND SHORT-TERM INVESTMENTS - BEGINNING OF YEAR                  | _    | 895,146   |    | 923,027   |  |
| CASH AND SHORT-TERM INVESTMENTS - END OF YEAR                        | \$   | 771,183   | \$ | 895,146   |  |
| Interest paid on long-term debt                                      | \$   | 6,538     | \$ | 6,598     |  |
| Cash and short-term investments consists of:                         |      |           |    |           |  |
| Cash   | \$   | 101,413   | \$ | 530,807   |  |
| Short-term investments   | Ψ    | 669,770   | Ψ  | 364,339   |  |
|  | \$   | 771,183   | \$ | 895,146   |  |
|  | Ψ    |           | Ψ  | 555,140   |  |

#### METRO FOOD BANK SOCIETY - NOVA SCOTIA (operating as FEED NOVA SCOTIA) NOTES TO FINANCIAL STATEMENTS

for the year ended June 30, 2010

#### 1. DESCRIPTION OF ORGANIZATION

Metro Food Bank Society - Nova Scotia is a charitable organization which accepts, collects and distributes food and food related products to member agencies for distribution to needy families, and provides support services for self-help initiatives. It commits itself to work in partnership with the community to enhance human dignity, by eliminating chronic hunger and alleviating poverty in the Province of Nova Scotia. The main fundraising activities of the Society occur in December each year and the cash raised is mainly utilized to fund operations throughout the year.

On February 28, 2005 the Society registered FEED NOVA SCOTIA as its operating name.

The Society is a registered charity for income tax purposes and is, therefore, not required to pay tax under the Income Tax Act.

#### 2. ACCOUNTING POLICIES

#### **Revenue recognition**

Fundraising, unrestricted grants, donations, and other revenues are recognized when received by the Society. Restricted contributions are deferred and amortized to income over the period of time to which they relate. Donated food revenue is recognized at the time the food is distributed to the Society's members.

#### Donated food

Donated food and its subsequent distribution to members is valued based on managements best estimate determined using an average cost per kilogram for donated food.

#### Donated goods and services

Donated goods and services are not recorded unless management can reasonably determine the value of the donated goods or services.

#### Cash

Cash is represented by amounts held on deposit, or overdraft positions, with financial institutions.

#### **Capital assets**

Capital assets are recorded at cost, and are amortized using the declining balance method at the annual rate of 4% for buildings, 8% for pavement, 20% for equipment and uniforms and 30% for vehicles and computers.

Amortization is calculated at one-half of the normal annual rate in the year of acquisition; no amortization is recorded in the year of disposal.

#### Use of estimates

The preparation of financial statements in conformity with Canadian generally accepted accounting principles requires management to make estimates and assumptions that affect the reported amounts of assets and liabilities at the date of the financial statements, and the reported amounts of revenues and expenses during the reporting period. Actual results could differ from management's best estimates as additional information becomes available in the future. The most significant accounting estimates in these financial statements include allowance for doubtful accounts, the estimated useful lives of capital assets, and unearned revenue.

#### LYLE TILLEY DAVDISON

#### METRO FOOD BANK SOCIETY - NOVA SCOTIA (operating as FEED NOVA SCOTIA) NOTES TO FINANCIAL STATEMENTS for the year ended June 30, 2010

#### 2. ACCOUNTING POLICIES (continued)

Government assistance and other capital assistance to capital assets is deferred and amortized to earnings on the same basis as the related asset.

#### Fund accounting

The Society uses the fund accounting method of presenting its assets, liabilities and results of operations. This method recognizes the limitations and restrictions placed on the use of the resources available to the Society by classifying all transactions according to their nature. The funds utilized by the Society include:

#### (a) General Fund

The General Fund is used to account for the primary operations of the Society, including costs related to programs, administration and operation of the premises.

#### (b) Capital Fund

The capital fund is used to account for capital assets, including their acquisition, financing, amortization and disposal. Operating costs of capital assets are accounted for in the Operating Fund.

#### (c) Bequest Fund

The annual income from the bequest fund may be used for operations but the capital, in the amount of \$10,000, can be used only upon the specific direction of the Board of Directors. As at June 30, 2010, the restricted cash is held in the form of Guaranteed Investment Certificates with an interest rate of 2.25%.

#### (d) Operational Reserve Fund

The operational reserve fund was established by the Board to ensure the sustainability of the Society. Each year up to 5% of revenues, excluding donated goods and services, are to be transferred to the fund until an amount equal to 3 months operating costs have been accumulated. The amount transferred each year cannot exceed revenues over expenditures in the year.

#### **3. FINANCIAL INSTRUMENTS**

The Society's financial instruments are classified as follows:

Held for trading: Cash and short-term investments

Loans and receivables: Accounts receivable HST recoverable

Other liabilities: Bank indebtedness Accounts payable and accrued liabilities Long-term debt

The fair value of the short-term investments are determined by the closing market value for these investments.

#### METRO FOOD BANK SOCIETY - NOVA SCOTIA (operating as FEED NOVA SCOTIA) NOTES TO FINANCIAL STATEMENTS

for the year ended June 30, 2010

#### 4. SHORT-TERM INVESTMENTS

The short-term investments consist of three guaranteed investment certificates. The certificates, including accrued interest, are valued at \$301,279 with an interest rate of 0.55% maturing September 21, 2010, \$364,857 with an interest rate of 0.2% maturing March 12, 2011, \$10,673 with an interest rate of 0.4% maturing August 9, 2010 and 500 units of an investment trust fund with a value of \$2,960.

#### 5. CAPITAL ASSETS

|                |              | 2010                     |            | 2009       |
|----------------|--------------|--------------------------|------------|------------|
|                | Cost         | Accumulated amortization | Net        | Net        |
| Land           | \$ 120,640   | \$-                      | \$ 120,640 | \$ 120,640 |
| Buildings      | 548,123      | 196,927                  | 351,196    | 365,829    |
| Motor vehicles | 479,659      | 369,543                  | 110,116    | 87,863     |
| Uniforms       | 14,470       | 5,484                    | 8,986      | -          |
| Computers      | 45,325       | 30,263                   | 15,062     | 21,553     |
| Equipment      | 256,988      | 207,749                  | 49,239     | 50,633     |
| Paving         | 30,019       | 16,979                   | 13,040     | 14,174     |
|                | \$ 1,495,224 | \$ 826,945               | \$ 668,279 | \$ 660,692 |

#### 6. SECURITY FOR INDEBTEDNESS

#### (a) Bank indebtedness

FEED NOVA SCOTIA has access to an operating credit line of \$175,000 which has interest calculated at the banks prime lending rate from time to time and is secured by a general security agreement with a specific charge over motorized serial numbered assets with replacement cost, insurance coverage, loss, if any, repayable to the bank. The balance outstanding at year end was nil.

#### (b) Long-term debt

The Halifax Regional Municipality loan is secured by a first charge over the land and building, subject to conditions in note 9, having a net book value of \$471,836.

#### 7. LEGACY PROJECT

In 2003, FEED NOVA SCOTIA partnered with the Halifax Regional Municipality (HRM) and the Victoria Park Legacy Project to restore Victoria Park in Halifax, Nova Scotia. Revenues are derived from the individual purchases of bricks which will be used in the restoration of the park. Minimal expenses have been incurred. Revenue will be deferred until such time that the culmination of the earnings process has taken place. An amount of \$200,000 is to be paid to HRM for related construction costs incurred from revenues generated by the project. A total of \$129,916 has been paid to the HRM leaving an outstanding balance of \$70,084 which is payable as future revenues are generated. Of the revenues received to date there is \$5,064 payable to HRM.

#### METRO FOOD BANK SOCIETY - NOVA SCOTIA (operating as FEED NOVA SCOTIA)

NOTES TO FINANCIAL STATEMENTS for the year ended June 30, 2010

#### 8. DEFERRED CONTRIBUTIONS - CAPITAL CAMPAIGN

Deferred contributions - capital campaign represents the amount of donations received for the purchase of capital assets less capital campaign expenses and the amortization of net capital campaign contributions to date. Details of the deferred contributions - capital campaign balance are as follows:

|   | 2010                                 | 2009                                 |
|---|--------------------------------------|--------------------------------------|
| Capital campaign contributions<br>Less: Capital campaign expenditures<br>Amortization | \$ 653,922<br>(138,897)<br>(281,121) | \$ 653,922<br>(138,897)<br>(249,951) |
|   | \$ 233,904                           | \$ 265,074                           |

#### 9. DEFERRED REVENUE

#### **Property acquisition**

In 1998, the Halifax Regional Municipality approved the sale of 213-217 Bedford Highway to the Society. The property was recorded as a capital asset of the Society at the appraised value of \$290,000. Deferred revenue of \$108,750 was the portion of the purchase price which will be forgiven by the Halifax Regional Municipality. The Society is amortizing the deferred revenue to income on the same basis as the amortization of the property. The Municipality holds a loan over the property for the remaining amount outstanding. Title of the property will be conveyed to the Society when the loan is extinguished.

The Province of Nova Scotia has also granted an amount of \$108,750 that will be payable to the Society over a 15 year period to assist the Society in paying for the property. Interest at the Municipality's cost of borrowing will also be granted to the Society by the Province of Nova Scotia over a 15 year period.

#### Department of Community Services capital grant

In 2005 FEED NOVA SCOTIA received a one time grant of \$275,000 from the Department of Community services which is to be used for the immediate capital equipment needs of the society. During the year \$18,107 of amortization was recorded.

#### 10. LONG-TERM DEBT

|  | _  | 2010   | 2009         |
|--|----|--------|--------------|
| Halifax Regional Municipality loan, bearing interest at 6.75% repayable in blended monthly installments of \$1,594, until August 2014. | \$ | 69,758 | \$<br>82,435 |

The aggregate amount of principal payments required in each of the next five years to meet retirement provisions are as follows:

| Year ending June 30, 2011 | \$<br>14,797 |
|---------------------------|--------------|
| 2012                      | 15,819       |
| 2013                      | 16,910       |
| 2014                      | 18,078       |
| 2015                      | 4,154        |

#### LYLE TILLEY DAVDISON

#### METRO FOOD BANK SOCIETY - NOVA SCOTIA (operating as FEED NOVA SCOTIA) NOTES TO FINANCIAL STATEMENTS for the year ended June 30, 2010

#### **11. IN KIND DONATIONS**

#### (a) Donated food

Donated food revenue is calculated as follows:

| Estimated value of food donated during the year<br>Estimated food inventory-beginning of year<br>Estimated food inventory-end of year | \$13,881,118<br>1,213,048<br>(1,193,453) | 349,871      |
|---|--|--------------|
|   | \$13,900,713                             | \$12,798,337 |

2010

2009

Since the food is donated to members, the inventory has no net realizable value. Therefore, in accordance with generally accepted accounting principles, inventory has not been recorded as an asset in the statements of the Society.

#### (b) Donated goods

In kind donations in the form of goods are recorded in the financial statements when management can reasonably determine the value of the donations. The in kind donations recorded in these financial statements for the year ended June 30, 2010 are \$24,327 (2009 - \$47,375).

#### (c) Donated services

Volunteer hours representing fundraising, special events, administrative and warehouse activity for the year ended June 30, 2010 were 40,900 (2009 - 40,772). The value of these services are not reflected in these financial statements.

#### 12. COMMITMENTS

The aggregate annual payments under long-term equipment leases expiring at various times until 2012 are as follows:

| Year ending June 30, 2011 | \$<br>5,988 |
|---------------------------|-------------|
| 2012                      | 5,988       |

#### 13. CAPITAL DISCLOSURES

The Metro Food Bank Society - Nova Scotia considers its capital to be the balance maintained in its general, capital, bequest and operational reserve funds. The primary objective of the Society is to invest its capital in a manner that will allow it to continue as a going concern and comply with its stated objectives. Capital is invested under the direction of the Board of Directors of the Society with the objective of providing a reasonable rate of return, minimizing risk and ensuring adequate liquid investments are on hand for current cash flow requirements. The Society is subject to externally imposed requirements of its capital in the bequest fund.

Schedule 1

# METRO FOOD BANK SOCIETY - NOVA SCOTIA (operating as FEED NOVA SCOTIA) SCHEDULE OF REVENUE

|  | 2010   | 2009   |
|--|--|--|
| FUNDRAISING EVENTS   | <u>\$ 1,193,785</u>                            | \$ 1,029,352                                 |
| EXPENDITURES RELATED TO FUNDRAISING  |  |  |
| Advertising and special events<br>Postage<br>Printing<br>Salaries and benefits<br>Training and development | 79,850<br>35,890<br>41,715<br>254,800<br>2,183 | 47,212<br>29,181<br>41,453<br>170,892<br>273 |
|  | 414,438  | 289,011                                      |
| NET FUNDRAISING REVENUE  | 779,347  | 740,341                                      |
| DONATIONS  | 1,730,150                                      | 1,468,433                                    |
| GRANTS   | 347,031  | 281,004                                      |
| OTHER  | 46,358   | 63,484                                       |
|  | \$ 2,902,886                                   | \$ 2,553,262                                 |

# METRO FOOD BANK SOCIETY - NOVA SCOTIA (operating as FEED NOVA SCOTIA) SCHEDULE OF EXPENDITURES for the year ended June 30, 2010

|   |    | 2010   | 2009   |
|---|----|--|--|
| DMINISTRATIVE   |    |  |  |
| Staff recruitment   | \$ | 2,925  | \$<br>5,089  |
| Amortization of office equipment  |    | 17,548   | 18,354   |
| Bad debts   |    | 1,094  | -  |
| Directors' liability insurance  |    | 5,961  | 1,945  |
| Equipment leases  |    | 6,324  | 7,692  |
| Information technology  |    | 4,334  | 7,722  |
| Interest and bank charges   |    | 18,549   | 20,630   |
| Memberships   |    | 3,228  | 2,337  |
| National and local meetings   |    | 9,855  | 11,059   |
| Office and stationery   |    | 23,706   | 21,653   |
| Postage   |    | 17,930   | 15,136   |
| Printing  |    | 9,397  | 10,523   |
| Professional fees   |    | 7,927  | 12,054   |
| Salary and benefits   |    | 492,696  | 414,824  |
| Telephone   |    | 13,224   | 16,933   |
| Training and development  |    | 7,880  | 4,940  |
| Volunteer program   |    | 15,973   | 10,712   |
|   | \$ | 658,551  | \$<br>581,603  |
| Amortization, net of amortization of deferred capital<br>campaign contributions<br>Building repairs and maintenance<br>Building services  | \$ | (15,408)<br>10,841<br>15,861   | \$<br>(14,700<br>19,831<br>18,131  |
| Heat  |    | 17,096   | ,  |
| Tieat   |    | 17,090   | 22 126   |
| Insurance   |    | 6 515  | ,  |
| Insurance<br>Mortgage interest  |    | 6,515  | 6,341  |
| Mortgage interest   |    | 4,863  | 6,341<br>5,432   |
| Mortgage interest<br>Power  |    | 4,863<br>24,142  | 6,341<br>5,432<br>21,696   |
| Mortgage interest   | _  | 4,863  | 6,341<br>5,432<br>21,696<br>1,143  |
| Mortgage interest<br>Power<br>Safety  | \$ | 4,863<br>24,142<br>715   | \$<br>6,341<br>5,432<br>21,696<br>1,143<br>6,329   |
| Mortgage interest<br>Power<br>Safety<br>Snow removal  | \$ | 4,863<br>24,142<br>715<br>9,526  | \$<br>6,341<br>5,432<br>21,696<br>1,143<br>6,329   |
| Mortgage interest<br>Power<br>Safety<br>Snow removal<br>SOURCE DEVELOPMENT AND COMMUNICATIONS   |    | 4,863<br>24,142<br>715<br>9,526<br>74,151  | \$<br>6,341<br>5,432<br>21,696<br>1,143<br>6,329<br>86,338   |
| Mortgage interest<br>Power<br>Safety<br>Snow removal  | \$ | 4,863<br>24,142<br>715<br>9,526  | 6,341<br>5,432<br>21,696<br>1,143<br>6,329<br>86,338   |
| Mortgage interest<br>Power<br>Safety<br>Snow removal<br>ESOURCE DEVELOPMENT AND COMMUNICATIONS<br>Advertising and promotion   |    | 4,863<br>24,142<br>715<br>9,526<br>74,151<br>6,665                                     | 6,341<br>5,432<br>21,696<br>1,143<br>6,329<br>86,338<br>12,998<br>4,594  |
| Mortgage interest<br>Power<br>Safety<br>Snow removal<br>ESOURCE DEVELOPMENT AND COMMUNICATIONS<br>Advertising and promotion<br>Donor recognition  |    | 4,863<br>24,142<br>715<br>9,526<br>74,151<br>6,665<br>1,818                            | 6,341<br>5,432<br>21,696<br>1,143<br>6,329<br>86,338<br>12,998<br>4,594<br>6,783                               |
| Mortgage interest<br>Power<br>Safety<br>Snow removal<br>ESOURCE DEVELOPMENT AND COMMUNICATIONS<br>Advertising and promotion<br>Donor recognition<br>Events  |    | 4,863<br>24,142<br>715<br>9,526<br>74,151<br>6,665<br>1,818<br>8,267                   | 22,135<br>6,341<br>5,432<br>21,696<br>1,143<br>6,329<br>86,338<br>12,998<br>4,594<br>6,783<br>9,306<br>160,602 |
| Mortgage interest<br>Power<br>Safety<br>Snow removal<br>ESOURCE DEVELOPMENT AND COMMUNICATIONS<br>Advertising and promotion<br>Donor recognition<br>Events<br>Publications                          |    | 4,863<br>24,142<br>715<br>9,526<br>74,151<br>6,665<br>1,818<br>8,267<br>504            | 6,341<br>5,432<br>21,696<br>1,143<br>6,329<br>86,338<br>12,998<br>4,594<br>6,783<br>9,306<br>160,602           |
| Mortgage interest<br>Power<br>Safety<br>Snow removal<br>ESOURCE DEVELOPMENT AND COMMUNICATIONS<br>Advertising and promotion<br>Donor recognition<br>Events<br>Publications<br>Salaries and benefits |    | 4,863<br>24,142<br>715<br>9,526<br>74,151<br>6,665<br>1,818<br>8,267<br>504<br>247,267 | 6,341<br>5,432<br>21,696<br>1,143<br>6,329<br>86,338<br>12,998<br>4,594<br>6,783<br>9,306                      |



Photo: John loads the truck in preparation for a busy day with our Food Recovery Program

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