



# A place at the table

Highlights from 2014-15

**feed**  
nova scotia

# A place at the table

There's a place at the table for everyone to work together, ensuring that all Nova Scotians have access to nutritious food, and the support they need to thrive.

Here's how we worked with our community this year to make that possible.



# Message from our Executive Director



On my third day as Executive Director, I rode the truck and met those who work at our member agencies and the people they support. I became instantly aware of the impact our collective organizations have, and overwhelmed by the respectful, empathetic way our members instill hope in their clients. Two things struck me early on.

First, is the need to share the impact our donors have on people. They're stories of inspiration that can move you to tears.

Second, is the need to share successes, ideas, frustrations, and visions among our network of 146 member agencies. There is a palpable appetite to help clients gain a more independent foothold. I have been so impressed by member agencies trying new initiatives, and seeking out more sustainable solutions.

I'd like to thank the amazing staff and volunteers at FEED NOVA SCOTIA, who always put others before themselves, who creatively look for ways to stretch the donation dollar, who lead by example, and who give real meaning to my day.

Thanks to the Board of Directors for their trust and confidence that we make a difference in our communities—one that will be felt for a lifetime.

Finally to our donors. You provide the means for us to support those who are hungry. You instinctively know that little can be accomplished in life when hunger preoccupies your state of mind, especially when you're a child. We will never take your dollar for granted and we will work hard to increase the return for your generous donation.

I look forward to a year of increased efficiency and impact, of stories told and inspirations shared, and working closely with our member agencies to give Nova Scotians a future with opportunity and hope.

**Our vision** is a province where  
no one goes hungry.

**Our mission** is to feed those in need,  
and to reduce that need.

# Message from our Board Chair



Knowing you're on the right track is an incredible feeling; and whichever way I look, I'm convinced that's exactly where we are at FEED NOVA SCOTIA.

We've always been humbled by the generosity of Nova Scotians, and keenly sensitive to the importance of using this generosity wisely. This year we challenged ourselves with increased tenacity to do even better—and we did. In examining our operations with a sharp lens, we identified ways to improve efficiency and service delivery. In many respects, we're now doing more with less.

We also took time this year to step back and look at the big picture. Through a strategic

planning process, our Board of Directors and staff walked away with three strategic goals and an action plan around alignment, engagement and membership. I feel a distinct sense of energy and passion to fulfil our mission, and I have every confidence that good things lie ahead.

To all of our donors, volunteers, board members and staff—thank you. I am grateful for the opportunity to sit at the table with you, and truly proud of the impact we have in people's lives and communities each day.

## Board of Directors

Nelson Angel (Secretary)  
Haylo Branding, Marketing & Public Relations

Heather Austin (Vice Chairperson)  
RBC Royal Bank

Kimberley Burns (Member Council Rep)  
Hants North Community Food Bank

Catherine Gaulton  
Nova Scotia Health Authority

Susan Hazelwood (Member Council Rep)  
Dartmouth First Baptist Church Food Bank

Cindy Jeffrey  
ADP Canada

Paul Kidston (Chairperson)  
Sales Training Experts

Thomas Kozloski (Treasurer)  
Saint Mary's University

Chris MacIntyre  
McInnes Cooper

David Miller  
PricewaterhouseCoopers LLP

Rebecca Saturley  
Stewart McKelvey

Chaz Thorne  
Standing 8 Productions & Nile Fiber Atlantic Canada

Robert James Williams  
Supreme Court of Nova Scotia

# Building a hunger-free province

We need food to be happy and healthy. It's fuel. It's comfort. It brings us together.

FEED NOVA SCOTIA distributed 1,919,007 kilograms to 146 food banks, shelters and meal programs this year. When Nova Scotians reached out, they found a hand up to a better tomorrow.



886,885 kg  
non-perishable

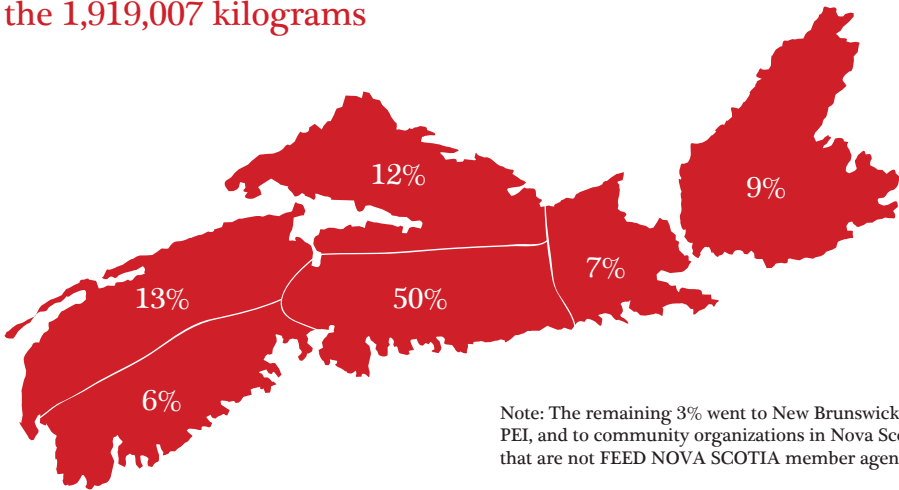


1,003,381 kg  
perishable



28,741 kg  
prepared

## Where we distributed the 1,919,007 kilograms



## Our fair and efficient system

No matter where you call home, everyone deserves equal access to nutritious, well-balanced food. We distribute food to our member agencies based on the number of people they support each month. The need can change, and if a food bank is welcoming new families, we help them meet the growing need.

We have the resources to seek out,

receive, process, and distribute large food donations to families all over Nova Scotia. We also benefit from nationally-organized campaigns through our Food Banks Canada membership. This year, we started regularly picking up frozen and fresh foods at Walmart stores across the province, a significant boost to our efforts to distribute protein-rich items—one of our critical food categories that's difficult to keep in stock.



**“Without FEED NOVA SCOTIA,**

our food bank would need to put huge effort into seeking food donations, raising public awareness and advocating for change. With FEED NOVA SCOTIA, it is not only possible to help more people, but to give voice to those who must use a food bank.”

–Sandra Nicholas, Executive Director, Brunswick Street Mission





# Our member agencies

## create strong communities

### Valley-Yarmouth

Annapolis Area Food Bank Society  
Berwick Food Bank  
Bridgetown & Area Food Bank  
Canning Area Food Bank  
Clare Food Bank  
Digby & Area Food Bank  
Fundy Interchurch Food Bank  
Hantsport & Area Community Food Bank  
Harvest House Community Outreach  
NSCC Annapolis Valley Campus (Middleton)  
Twelve Baskets Food Bank  
Upper Room Food Bank Association  
Weymouth Area Food Bank  
Windsor & District Food Bank  
Wolfville Area Food Bank  
Yarmouth Food Bank Society

### South Shore

Bridgewater Elementary School Breakfast Program  
Bridgewater Interchurch Food Bank  
Food For Thought Breakfast Program  
Lighthouse Food Bank Society  
Lunenburg Interchurch Food Bank  
Mahone Bay Area Food Bank Association  
New Germany Area Food Bank  
Queens County Food Bank  
Shelburne Loyalist Food Bank  
South Shore Family Resource Association

### Colchester-East Hants-Cumberland

Amherst Food Assistance Network Association  
Colchester Community Support Society  
Hants North Community Food Bank  
Indian Brook Food Bank  
Neighbours Helping Neighbours  
Oxford & Area Food Bank Association  
Parrsboro & Area Food Bank Society  
Pugwash & Area Food Bank  
Salvation Army Family Services (Truro)  
Salvation Army Springhill Community Church  
Shumilacke Food Bank Society

## Halifax Regional Municipality

A.J. Smeltzer Junior High School  
Adsum Centre for Women and Children  
Adsum Court  
Adsum House  
Alcare Place  
Alice Housing  
Ark Outreach  
Bayers Westwood Family Centre  
Bayers Westwood Residents' Association Food Bank  
Beacon House Interfaith Society  
BFEC - Bedford Education Centre  
BFEC - Forsyth Education Centre  
Brunswick Street Mission Breakfast Program  
Brunswick Street Mission Food Bank  
Canadian Mental Health Association (Dartmouth  
Among Friends)  
Canadian Mental Health Association (Halifax Caring  
& Sharing)  
Cole Harbour/Woodside United Church Food Bank  
Community YMCA  
Connections Clubhouse  
Connections Dartmouth (New Beginnings  
Clubhouse)  
Corp. of Christ Church  
Cunard Learning Centre  
Dalhousie University Student Union Food Bank  
Dartmouth Family Centre  
Dartmouth First Baptist Food Bank  
David's Place  
Demetreous Lane Food Bank  
East Dartmouth Christian Food Bank Association  
Eastern Shore Volunteer Food Bank  
Elizabeth Fry Society  
Emmanuel Anglican Church Food Bank  
Family SOS Association  
Feeding Others of Dartmouth Margaret House  
Freedom Foundation of Nova Scotia  
Gateway Community Church  
Greystone Community Centre Association  
Halifax Transition House Association - Bryony House  
Halifax West Ecumenical Food Bank  
Helping Hands Food Bank (Church of the Holy  
Spirit)  
Highland Park Junior High School  
Jesus House Halifax  
John Martin Junior High School Breakfast Program

## Food support offered by our members

Our network is diverse. We support our members as they provide various types of food assistance.



**94**  
food banks



**40**  
meal programs



**12**  
shelters



Lake Echo Community Food Bank  
 Lockview High School Food Bank  
 Mainline Needle Exchange  
 Manna For Health  
 Marine Communities Food Bank Society  
 Metro Non-Profit Housing Association  
 Dartmouth  
 Metro Non-Profit Housing Association Halifax  
 Mic Mac Native Friendship Society  
 Mount Saint Vincent University Students'  
 Union Food Bank  
 Mulgrave Park Tenants Association  
 North Dartmouth Outreach Resource Centre  
 Society  
 Out of the Cold Shelter  
 Phoenix Youth Programs - Coburg Road  
 Phoenix Youth Programs - Hunter Street  
 Phoenix Youth Programs - Tower Road  
 Prince Andrew High School Youth Health  
 Centre  
 Prince Arthur Junior High Breakfast Program  
 Rainbow Food Bank  
 Regional Independent Students Association  
 Salvation Army Dartmouth Community Church  
 Salvation Army Family Services (Halifax)  
 Salvation Army Halifax Centre of Hope  
 Shelter Nova Scotia (Barry House)  
 Shelter Nova Scotia (Metro Turning Point)  
 Shelter Nova Scotia (Nehiley House)

Shelter Nova Scotia (Sir Sandford Flemming  
 House)  
 SHYM - Supportive Housing for Young  
 Mothers  
 St. Agnes Junior High School Breakfast  
 Program  
 St. Andrew's Church Supper Program  
 St. Clement's SVDP  
 St. George's Soup Kitchen  
 St. George's YouthNet  
 St. James United Church Food Bank  
 St. Margaret's Bay Food Bank  
 St. Mark's Food Bank  
 St. Matthew's United Church Breakfast  
 Program  
 St. Paul's Family Resources Institute Inc.  
 St. Paul's SVDP  
 SUNSCAD (Student Union of Nova Scotia  
 College of Art & Design)  
 The Laing House Association  
 The Marguerite Centre  
 The Stepping Stone Association  
 Victoria Road Baptist Church Food Bank



“At Phoenix Youth Programs, we help at-risk, marginalized and homeless youth, and their families manage healthy pathways forward – everything from crisis assistance and emergency shelter, to long-term skills development, education and help with independent living. If youth are hungry, they can’t focus on these other areas, so even though food support is one part of what we provide for youth, in many ways it’s the foundation for everything else. Daily deliveries from FEED NOVA SCOTIA help make our work possible.”

–Melanie Sturk, Phoenix Youth

**“food is the  
 foundation  
 for everything else”**

## Antigonish-Pictou-Guysborough

Antigonish Community Food Bank  
Canso & Area Food Bank Association  
Guysborough & Area Food Bank Society  
Pictou County (East) Food Bank  
Pictou West Food Bank  
Salvation Army Westville Corps.  
St. Francis Xavier University Student Food Resource Centre

## Cape Breton

Barra Food Bank Society  
CAW Louisbourg Food Bank Society  
Eskasoni High School Breakfast Program  
Glace Bay Food Bank Society  
Helping Hands South of Smokey  
Inner City Churches - Loaves and Fishes Society  
Isle Madame Food Bank  
North Sydney Community Food Bank  
Port Hawkesbury Food Bank Society  
Port Hood Food Bank  
Salvation Army Sydney Community Church  
St. Louis Community Services Committee  
St. Theresa's Food and Clothing Depot  
SVDP Society St. Leonards  
Sydney Mines Food Bank Society  
The Ally Centre of Cape Breton  
Unama'Ki Training & Education Centre

## Support as unique as our network

Our membership extends beyond community food banks. Many of our members provide safe housing and shelter, opportunities for at-risk or homeless youth, rehabilitation for those struggling with addiction, or support for individuals living with HIV/AIDS.

Their mandates differ, but providing food—a basic need that has to be filled before

“Our goal is to provide a safe and welcoming environment

where our clients can feel free to ask for support in many facets of their lives, not just food.”

—Lawrence Shebib & Robert Dolomont, Co-chairs, North Sydney Food Bank Society

North Sydney Food Bank is no stranger to going the extra mile. They've partnered with the community on several initiatives to make life better for the people they support. Examples include healthy eating and cooking programs, and food safety education.

Their focus on health and wellness is complemented with healthier food options at the food bank. Volunteers also make clients aware of job opportunities in the community.

anything else—is one way they support their clients, and we're proud to help them do that.

We pick up surplus prepared food from up to 36 restaurants, hospitals, and retail outlets and distribute it to 50 member agencies in Halifax and Dartmouth in the same day.

# Food bank use

in Nova Scotia in 2014

More than **70%** of the households that accessed a food bank did so 6 times or fewer.



**23,655 households**

were supported by food banks and were collectively supported 94,202 times.



**43,885 individuals**

were supported by food banks and were collectively supported 202,705 times.

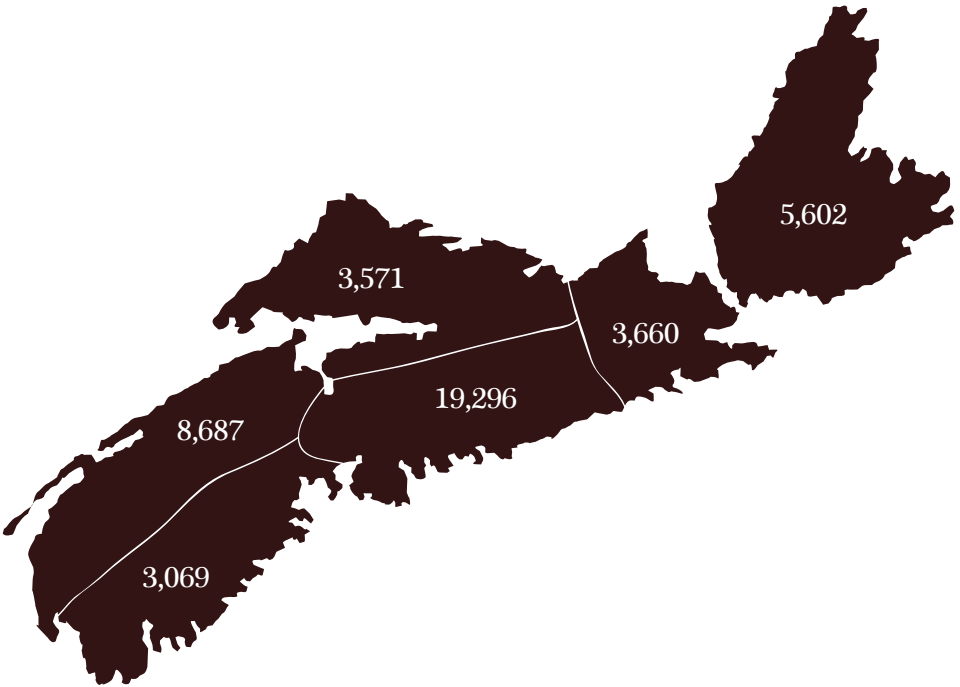


of the individuals assisted,  
**13,846 were children.**

Source: Based on statistics collected by participating member food banks that submitted to FEED NOVA SCOTIA's client registry as of June 2015.

# Where Nova Scotians were supported in 2014

Here's a quick look at the geographical breakdown of the 43,885 individuals who were supported by food banks.



# Tough choices for the right reasons

We made a decision this year to discontinue our Helpline and Learning Kitchen to focus on strengthening our provincial network and supporting our member agencies as they build capacity to do what they do best—directly support people in their community.

Recognizing that Helpline became a listening ear for thousands province-wide, we reached out to 211 and other community agencies to offer resources and training.

With Learning Kitchen, we wanted to see the program live on in other organizations, so

many more individuals across the province could benefit from the training. Thank you to the Staples Foundation for providing funding to realize this objective.

At the time of printing, two of our member agencies, Canning Food Bank and Shelter Nova Scotia, had expressed an interest in adopting modules from the program, and MetroWorks was in negotiations with the Department of Community Services to offer a comprehensive program based on the Learning Kitchen model.



As a single mom, Tracy always put her son first, providing the support he needed to overcome many mental health challenges. It was all-consuming, but he needed her more than anyone else. “I made the choice to sacrifice anything and everything else in life, and I’d do it all over again for him.”

Now that her son is older and more independent, Tracy seized the opportunity to follow her passion for culinary arts and enroll in the Learning Kitchen—a move that benefitted both of them. Today Tracy has the certificate, skills, and confidence to build a career. “I look at where we were and how far we’ve come.”

**“We’re even  
stronger  
than we used to be.”**



## The challenges of winter

The Nova Scotian winter spared no one this year, and the weather put up significant barriers to our food deliveries. Safety kept our trucks off the roads on several occasions, making it impossible to get to our member food banks and meal programs at our scheduled times. The exceptional weather prompted the review of our business continuity plan to ensure our member agencies can continue serving families without disruption.

# Comfort at Christmas

The holidays can be tough for families we support. We work with our member agencies and other organizations in the community to ensure Nova Scotians can enjoy one of the most traditional comforts of the season—Christmas dinner.



**4,749**  
turkeys and chickens  
distributed to food banks  
and meal programs.



**3,635**  
produce hampers distributed  
to food banks and meal  
programs.



As a child, Mike and his mom received a Christmas hamper each year from their local food bank.

## “I ran downstairs at Christmas to get this turkey box

and I had no idea the amount of volunteers, drivers, staff, and everyone at the local food bank and at FEED NOVA SCOTIA that brought that to us. And if I had the opportunity to thank them, I’d love to do that so they could see and understand what it meant, after all these years, what they were able to provide for us.”

It means a lot to Mike to have the opportunity to give back each year, and provide turkeys for other families in need.

# Creating holiday memories

Instead of buying Christmas gifts for their clients and customers, co-workers Stephanie and Shauna suggested their colleagues at Atlantic Auto Protector support our Adopt-a-Family program. Their office was one of 277 sponsors that helped provide those magic Christmas morning moments through a turkey dinner and gifts for the children for 394 families. Like so many who have helped out in this way, they were touched by the experience.

“It’s just unbelievable when the family writes a letter and says that without you, they

wouldn’t have had a warm snowsuit, or mittens, or a hat for their children.”

**“It means so much as a parent because you want to feed and clothe your child and you also want to give them something special.”**

—Stephanie Gaetz, donor and volunteer



## Thank you, Purolator.

Our Adopt-a-Family program wouldn’t be possible without the incredible support of Purolator. For over 10 years they’ve ensured thousands of packages arrive at the doorsteps of our sponsored families in

time for Christmas. This year 40 Purolator volunteers and a fleet of 20 Purolator vehicles delivered 1,249 boxes along 20 different routes in the Halifax area—an amazing demonstration of true holiday spirit.



# Our greatest asset

We're incredibly lucky to share our workplace with hundreds of volunteers who are all heart and generosity. They enrich our organization with enthusiasm, knowledge, diversity, and community spirit. They are advocates for us and for the Nova Scotians we support. And we're proud to say they outnumber our staff 28 to 1.





867 individuals  
& 201 groups generously gave  
43,140 hours



It's important to have friends you can count on—who will always be there to help out in tough times. We're incredibly lucky to have found this kind of support from members of the Royal Canadian Navy, who contributed 1,756 hours of volunteer time this year. And it's not just about the time they've logged to help families in need; it's their willingness to do whatever job needs to be done to keep our operation running smoothly.



A sea of enthusiastic volunteers in green shirts can only mean one thing—a crew from TELUS is onsite for their Days of Giving. Their team joined us on May 31, and across the country TELUS employees collectively sorted over 235,000 pounds of food. We were thrilled to be one organization benefitting from this outstanding effort.

"At TELUS, we give where we live to improve the lives of youth and their communities. With FEED NOVA SCOTIA's provincial reach, and their efforts to foster systemic change and support families and youth struggling with hunger, our partnership is a natural fit."

—Ken Power, Director, Atlantic Canada, TELUS

# Champions for the cause

We are fortunate to have outstanding partners who join us at the table year after year to help support our neighbours in need. Their contributions in the last 12 months were no exception.



Atlantic Superstore's support of FEED NOVA SCOTIA is felt right from the corporate level to the employees at every store across the province.

"Ensuring families have nutritious food and kids have every opportunity to live their full potential is a priority for Loblaw—it's part of who we are, and our employees demonstrate these values everyday. We're proud to partner with FEED NOVA SCOTIA throughout the year to help build strong communities across the province."

—Mark Boudreau, Director, Corporate Affairs - Atlantic Loblaw Companies Limited



Having a friend like CBC in our corner helps us support thousands of Nova Scotians each year.

"Over the past 31 years, through outreach events like FEED NOVA SCOTIA Day, Light up a Life and projects such as Sharing the View, CBC has helped raise \$2.5 million and over 120,000 kilograms of food to fight hunger in Nova Scotia. CBC employees bring a strong culture of community involvement to the work we do and recognize that giving back makes a positive difference in our communities and the lives of Nova Scotians."

—Denise Wilson, Senior Managing Director, CBC Atlantic



Providing better food for all is Sobeys' mission, and it's evident in the support they provide us each year.

"At Sobeys, our passion for food extends beyond our stores and into the communities in which we operate. Every year we help feed the hungry by raising hundreds of thousands of dollars and donating millions of pounds of food across Canada. Right here at home, we partner with FEED NOVA SCOTIA to help feed the hungry in our communities. Sobeys is proudly headquartered in Nova Scotia and we know that providing proper nourishment to our children and their families means that together with FEED NOVA SCOTIA, we are building a strong foundation for the future of our province.

—Peter Doucette, General Manager, Sobeys Atlantic

# Our outstanding donors

On behalf of the individuals and families we support, we are proud to recognize the extraordinary contributions of the following donors.

## One Million Kilogram Club

Cumulative giving totals 1 million kilograms or greater, since January 2000

Atlantic Superstore  
Sobeys Inc

## Financial and in-kind donors

Cumulative giving totals \$100,000 or greater (excluding event sponsorship)

Alice Li Alter Ego Trust  
AML Communications  
Anonymous individual donor  
Anonymous donation through Stewart McKelvey  
Canadian Tire Foundation for Families  
Edmonds Landscape & Construction Ltd  
ExxonMobil Resources Limited  
Grocery Foundation of Atlantic Canada  
Nova Scotia Power  
Nova Scotia Government Employees Union  
RBC Foundation  
Scotiabank  
Sobeys Inc  
TD Canada Trust  
Windsor Foundation

## Food Donors

Cumulative giving totals 100,000 kilograms or greater, since January 2000

Ben's Thrift Store  
Campbell Company of Canada Limited

Costco Wholesalers  
den Haan Enterprises Ltd  
Eyking Brothers Farms Limited  
Farmers Co-Operative Dairy Ltd  
GFS - Gordon Food Service  
High Liner Foods Incorporated  
J.W. Mason & Sons Limited  
Kraft Canada / Mondelez Canada  
Lawtons Drug Stores Limited  
Lewis Brothers Inc  
Lighthouse Sales and Distributors Ltd  
Nova Agri Inc  
Sable Warehousing & Distribution Ltd  
Saputo Foods  
Sawler Gardens  
Seaway Distributors Ltd  
Stone Hearth Bakery  
Sysco Food Services  
Target  
TRA Maritimes  
Vermeulen Farms Ltd  
Walmart Canada  
Wilmar Acres Ltd / Dominion Produce Ltd

## Estate Gifts

We are also pleased to recognize the following bequests received this year:

Estate of Aloysius Balawyder  
Estate of Archibald Rasley  
Estate of Arthur William Murray  
Estate of Doris Brandenberger  
Estate of Margaret Johnson  
Estate of Mary M. Young

## Seizing the opportunity to make a difference

Ella came to our office with her parents in October with a turkey and all the fixings. She used the money she'd collected busking with her violin to provide a Thanksgiving dinner for a family in need. Moments like this motivate us, and we're lucky to experience this outpouring of community support all year from six year olds to CEOs.



**422 events**  
organized on our behalf raised  
**\$517,109 & 114,911 kg**



Roberta knows the invaluable support food banks provide—it kept her family going during a tough time.

Today, Roberta and her children volunteer and fundraise. We were happy to see them come through our doors last year with food and funds raised from her son Sabin's 'Day After Halloween Party.'

"The biggest thing is having an opportunity to give back."

**"To us, that's our  
strength;  
that's what feeds us now."**

# Big collaborations for the cause

**\$106,721**  
**45,037 kg**  
**78 sponsors**  
**300 participants**

Each year, volunteers from all walks of life gather around the table to form our signature event committees. They contribute their diverse expertise and experience to engage sponsors, donors, and participants with Canstruction® Nova Scotia, Divas on the Green, The Great Canadian Food Fight, and Swinging for Supper. They help generate much-needed revenue, but they also help us provide a meaningful opportunity for the community to get involved.



ADP has a long track record of supporting the greater Halifax community, and FEED NOVA SCOTIA. For 4 years, they've been the title sponsor of our annual golf tournament, and have been a steadfast supporter since 2002.

"Partnering with FEED NOVA SCOTIA is a great way for us to give back to those in need. When we give back, we aim to strengthen our communities, the environment, and consequently, our own employees and operations. Collaborating with FEED NOVA SCOTIA allows us to work together to get one step closer to eliminating hunger."

—Cindy Jeffrey, Vice President of Client Service, ADP Canada



# Where our financial donations came from



50% from individuals



9% from government



21% from corporations



12% from organizations



5% from foundations



3% from miscellaneous

Note: The category "Government" includes both government grants that supported our Learning Kitchen and Helpline programs, as well as funds raised by employees within government departments, police, military, and fire departments.



# Where our food donations came from



43% food drives and corporate and individual donors



5% National Food Sharing System



11% produce from commercial farmers and wholesale grocers



3% from grocery store bins



17% reclaimed food from wholesalers and grocers



9% prepared food donated by hospitals, hotels, etc.



10% bakery retail



1% food purchased by FEED NOVA SCOTIA

## A few Quick calculations

Canada Revenue Agency prefers to see charities spend less than 35 cents to raise every \$1.



We spent 20 cents to raise every \$1.

If you factor in the value of food we raised, it drops to 3 cents.

For every \$1 we received, 21 cents went toward administration expenses.



If you factor in the value of food we raised, it drops to 4 cents.

## New meals metric

FEED NOVA SCOTIA has adopted a new standardized formula developed by Food Banks Canada to calculate the impact of monetary donations. We're proud to say for every \$2 we spend we deliver 1.3 kilograms of donated food, which equates to 3 meals.





# We're proud to uphold Food Banks Canada's Ethical Food Banking Code

- Provide food and other assistance to those needing help regardless of race, national or ethnic origin, citizenship, colour, religion, sex, sexual orientation, income source, age or mental or physical ability.
- Treat all those who access services with the utmost dignity and respect.
- Implement best practices in the proper and safe storage and handling of food.
- Respect the privacy of those served, and maintain the confidentiality of personal information.
- Not require payment of any kind for donated food or consumer products, at any time from those assisted by their respective programs.
- Acquire and share food in a spirit of cooperation with other food banks and food programs.
- Strive to make the public aware of the existence of hunger, and of the factors that contribute to it.
- Recognize that food banks are not a viable long-term response to hunger, and devote part of their activities to reducing the need for food assistance.
- Represent accurately, honestly and completely their respective mission and activities to the larger community.



Having been raised in my teen years in subsidized housing, I know only too well how challenging it is to live from pay cheque to pay cheque. I saw how difficult it was to make ends meet for people on low incomes, never mind no income. Food is the basic of all our needs, without which we have no energy or will to accomplish anything.

FEED NOVA SCOTIA does an amazing job with limited resources, and I have enjoyed our involvement over the last 11 years.

**“If we all can give a little  
we can give a lot.”**

—John Day, President, Atlantic Digital



When we take  
**our place**  
**at the table,**  
it's about so much more  
than food.

Dinner time at Supportive Housing for Young Mothers (SHYM), one of our member agencies in Dartmouth.



# Statement of Financial Position (for the year ended March 31, 2015)

## ASSETS

|                                 | 2015<br>(12 months) | 2014<br>(9 months) |
|---------------------------------|---------------------|--------------------|
| <b>General Fund</b>             |                     |                    |
| Cash and short-term investments | \$137,199           | \$142,461          |
| Accounts receivable             | \$68,003            | \$28,940           |
| Prepaid expenses                | <u>\$49,783</u>     | <u>\$44,537</u>    |
|                                 | \$254,985           | \$215,938          |
| <b>Capital Fund</b>             |                     |                    |
| Capital assets                  | \$527,867           | \$597,225          |
| <b>Bequest Fund</b>             |                     |                    |
| Cash and short-term investments | \$308,895           | \$240,600          |
| Due from general fund           | <u>\$241,935</u>    | <u>-</u>           |
|                                 | \$550,830           | \$240,600          |
| <b>Operational Reserve Fund</b> |                     |                    |
| Short-term investments          | -                   | \$23,312           |
| Due from general fund           | <u>\$64,920</u>     | <u>\$64,920</u>    |
|                                 | <u>\$64,920</u>     | <u>\$88,232</u>    |
|                                 | \$1,398,602         | \$1,141,995        |

## LIABILITIES

|   |                  |                |
|---|------------------|----------------|
| <b>General Fund</b>                       |                  |                |
| Accounts payable and accrued liabilities  | \$95,820         | \$128,395      |
| Legacy project                            | -                | \$3,473        |
| Deferred revenue                          | \$82,760         | \$98,782       |
| Due to operational reserve fund           | \$64,920         | \$64,920       |
| Due to bequest fund                       | <u>\$241,935</u> | <u>-</u>       |
|   | \$485,435        | \$295,570      |
| <b>Capital Fund</b>                       |                  |                |
| Deferred contributions - capital campaign | \$85,828         | \$117,002      |
| Deferred revenue                          | \$60,276         | \$77,512       |
| Long-term debt                            | <u>-</u>         | <u>\$7,767</u> |
|   | \$146,104        | \$202,281      |

## FUND BALANCES

|                          |                  |                  |
|--------------------------|------------------|------------------|
| General Fund             | (\$230,452)      | (\$79,633)       |
| Capital Fund             | \$381,765        | \$394,945        |
| Bequest Fund             | \$550,830        | \$240,600        |
| Operational Reserve Fund | <u>\$64,920</u>  | <u>\$88,232</u>  |
|                          | <u>\$767,063</u> | <u>\$644,144</u> |
|                          | \$1,398,602      | \$1,141,995      |

## Statement of Revenue and Expenditures (for the year ended March 31, 2015)

|  | 2015<br>(12 months) | 2014<br>(9 months) |
|--|---------------------|--------------------|
| Donated Food                                       | \$10,815,063        | \$8,134,577        |
| Distribution of Food to Members                    | <u>\$10,815,063</u> | <u>\$8,134,577</u> |
| Revenue  | <u>\$3,003,471</u>  | <u>\$2,236,299</u> |
| <b>Expenditures</b>                                |                     |                    |
| Food Procurement and Logistics                     |                     |                    |
| Amortization of motor vehicles                     | \$29,837            | \$30,314           |
| External warehouse and trucking                    | \$117,556           | \$94,918           |
| Food purchases                                     | \$66,737            | \$115,441          |
| Garbage collection                                 | \$91,338            | \$67,635           |
| Salary and benefits                                | \$852,087           | \$692,047          |
| Supplies   | \$26,249            | \$13,476           |
| Telephone  | \$2,787             | \$2,352            |
| Training and development                           | -                   | \$870              |
| Motor vehicle                                      | \$363,472           | \$234,442          |
|  | <u>\$1,550,063</u>  | <u>\$1,251,495</u> |
| Community Connections                              |                     |                    |
| Client support and outreach                        | \$5,044             | \$6,041            |
| Learning Kitchen                                   | \$171,430           | \$146,163          |
| Membership meeting expenses                        | \$114               | \$2,796            |
| Office and printing                                | \$1,725             | \$5,173            |
| Research and program development                   | \$35,689            | \$29,807           |
| Salary and benefits                                | \$377,225           | \$300,169          |
| Staff training and development                     | \$260               | \$1,420            |
| Telephone  | \$2,141             | \$1,384            |
|  | <u>\$593,628</u>    | <u>\$492,953</u>   |
| Administrative                                     | \$616,417           | \$484,233          |
| Occupancy  | \$79,406            | \$83,776           |
| Communications and Donor Relations                 | \$199,230           | \$193,069          |
| Redirected Donations                               | <u>\$152,038</u>    | <u>\$36,111</u>    |
|  | <u>\$3,190,782</u>  | <u>\$2,541,637</u> |
| Excess of expenditures over revenue for the period | <u>(\$187,311)</u>  | <u>(\$305,338)</u> |



213 Bedford Highway  
Halifax, NS B3M 2J9  
902.457.1900  
feednovascotia.ca

Provincial association of



Report printing  
compliments of

